

Menu Compliance - Nutrient Detail Report



District: Banning Unified School District

School: Cabazon Elementary

Menu: 2017-18 Elementary Breakfast

Date Range: August 08, 2017 - August 31, 2017

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Tue - 08/08/2017																	
2017-18 Elementary Breakfast																	
		Total	1200														
Fruit and Yogurt Parfait	2146157	1.00 parfait	600	392.594	13.784	7.411	1.884	0.000*	15.000	184.998	69.167	3.711*	37.736	2.088*	60.616*	6.804*	33.339*
Blueberry Muffin	2086450	3.20 ounce	600	270.000	6.000	7.000	1.500	0.000	35.000	280.000	45.000	2.000	21.000	1.800	20.000	0.000	0.000
Fresh Banana, 150 count (1/2 cup)	1681123	1/2 cup	600	112.138	1.373	0.416	0.141	0.000	0.000	1.260	28.778	3.276	15.410	0.328	6.300	80.639	10.962
Orange Juice	2083512	4.00 Ounce	600	55.000	1.000	0.000	0.000	0.000	0.000	14.000	14.000	0.000	14.000	0.000	10.000	100.000	30.000
1% White Milk	1730129	8.00 ounce	600	120.000	10.000	2.500	1.500	0.000	10.000	150.000	14.000	0.000	14.000	0.000	350.000	500.000	2.400
Nonfat Chocolate Milk	1730128	8.00 Ounce	600	120.000	8.000	0.000	0.000	0.000	5.000	150.000	22.000	0.000	20.000	0.000	300.000	500.000	1.800
Weighted Daily Average				534.866	20.079	8.664	2.513	0.000*	32.500	390.129	96.473	4.494*	61.073	2.108*	373.458*	593.722*	39.251*
% of Calories					15.02%	14.58%	4.23%	0.00%*			72.15%						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Wed - 08/09/2017																	

2017-18 Elementary Breakfast																	
		Total	1200														
Chef's Special Ham, Egg and Cheese Sandwich	2146143	1.00 sandwich	600	299.99	20.499	11.500	4.000	0.016*	157.499	849.999	31.000	3.000*	3.500*	1.440*	20.000*	0.000*	0.000*
Honey Bun	2061582	1.00 each	600	230.000	6.000	7.000	2.000	0.000	0.000	340.000	39.000	3.000	10.000	2.700	80.000	200.000	0.000
Wild Berry Juice	2083513	4.00 Ounce	600	60.000	0.000	0.000	0.000	0.000	0.000	15.000	15.000	0.000	15.000	0.000	0.000	0.000	30.000
Sliced Peaches, Canned (1/2 cup)	1681118	1/2 cup	600	52.996	0.504	0.139	0.000	0.000	0.000	5.998	13.394	1.298	N/A*	0.378	5.998	339.998	3.805
1% White Milk	1730129	8.00 ounce	600	120.000	10.000	2.500	1.500	0.000	10.000	150.000	14.000	0.000	14.000	0.000	350.000	500.000	2.400
Nonfat Chocolate Milk	1730128	8.00 Ounce	600	120.000	8.000	0.000	0.000	0.000	5.000	150.000	22.000	0.000	20.000	0.000	300.000	500.000	1.800
Weighted Daily Average				441.498	22.502	10.570	3.750	0.008*	86.250	755.499	67.197	3.649*	31.250*	2.259*	377.999*	769.999*	19.003*
% of Calories					20.39%	21.55%	7.64%	0.02%*			60.88%						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Thu - 08/10/2017																	
2017-18 Elementary Breakfast																	
		Total	1200														
Egg and Cheese Taquito	2146153	1.00 taquito	600	144.000	8.600	6.000	3.500	N/A*	72.000	138.000	14.400	2.600	N/A*	0.299	129.000	225.000	N/A*
Banana Benefit Bar	2146629	1.00 Bar	600	280.000	5.000	8.000	3.000	0.000	15.000	220.000	48.000	3.000	23.000	1.800	20.000	0.000	0.000
Fresh Strawberries (1/2 cup)	1681131	1/2 cup	600	27.913	0.584	0.262	0.013	0.000	0.000	0.872	6.699	1.745	4.266	0.358	13.957	10.468	51.291
Apple Juice	2083509	4.00 Ounce	600	55.000	0.000	0.000	0.000	0.000	0.000	15.000	15.000	0.000	15.000	0.000	0.000	0.000	30.000

1% White Milk	1730 129	8.00 ounce	600	120.0 00	10.00 0	2.500	1.500	0.000	10.00 0	150.0 00	14.00 0	0.000	14.00 0	0.000	350.0 00	500.0 00	2.400
Nonfat Chocolate Milk	1730 128	8.00 Ounce	600	120.0 00	8.000	0.000	0.000	0.000	5.000	150.0 00	22.00 0	0.000	20.00 0	0.000	300.0 00	500.0 00	1.800
Weighted Daily Average				373.4 57	16.09 2	8.381	4.007	0.000 *	51.00 0	336.9 36	60.05 0	3.673	38.13 3*	1.229	406.4 79	617.7 34	42.74 6*
% of Calories					17.24 %	20.20 %	9.66 %	0.00 %*			64.32 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Fri - 08/11/2017																	
2017-18 Elementary Breakfast																	
		Total	1200														
Z Loaf	2146 259	3.30 oz	600	280.0 00	5.000	7.000	1.500	0.000	35.00 0	280.0 00	48.00 0	2.000	24.00 0	4.500	20.00 0	750.0 00	1.200
Oatmeal Bowl	21461 17	6.00 oz	600	300.0 00	12.00 0	4.000	1.500	N/A*	5.000	90.00 0	57.00 0	4.000	32.00 0	1.800	250.0 00	N/A*	N/A*
Fresh Oranges (1/2 cup)	16811 27	1/2 cup	600	125.4 05	2.508	0.320	0.040	0.000	0.000	0.000	31.35 1	6.404	24.94 8	0.267	106.7 28	600.3 42	141.9 48
Wild Berry Juice	2083 513	4.00 Ounce	600	60.00 0	0.000	0.000	0.000	0.000	0.000	15.00 0	15.00 0	0.000	15.00 0	0.000	0.000	0.000	30.00 0
1% White Milk	1730 129	8.00 ounce	600	120.0 00	10.00 0	2.500	1.500	0.000	10.00 0	150.0 00	14.00 0	0.000	14.00 0	0.000	350.0 00	500.0 00	2.400
Nonfat Chocolate Milk	1730 128	8.00 Ounce	600	120.0 00	8.000	0.000	0.000	0.000	5.000	150.0 00	22.00 0	0.000	20.00 0	0.000	300.0 00	500.0 00	1.800
Weighted Daily Average				502.7 03	18.75 4	6.910	2.270	0.000 *	27.50 0	342.5 00	93.67 6	6.202	64.97 4	3.284	513.3 64	1175. 171*	88.67 4*
% of Calories					14.92 %	12.37 %	4.06 %	0.00 %*			74.54 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Mon - 08/14/2017																	

2017-18 Elementary Breakfast																	
		Total	1200														
Maple Waffle	2062 108	2.40 ounce	600	240.0 00	5.000	7.000	1.500	0.000	30.00 0	310.0 00	42.00 0	4.000	19.00 0	0.000	0.000	0.000	0.000
Bagel with cream cheese	2146 149	1.00 bagel	600	316.0 00	9.800	10.82 0	6.090	0.000 *	31.00 0*	314.0 00	45.60 0	4.360	4.000	0.360 *	20.00 0*	400.0 00*	0.000 *
Cantaloupe Chunks, 18 count (1/2 cup)	16811 47	1/2 cup	600	9.714	0.240	0.054	0.015	0.000	0.000	4.571	2.331	0.257	2.246	0.060	2.571	966.2 86	10.48 6
Orange Juice	2083 512	4.00 Ounce	600	55.00 0	1.000	0.000	0.000	0.000	0.000	14.00 0	14.00 0	0.000	14.00 0	0.000	10.00 0	100.0 00	30.00 0
1% White Milk	1730 129	8.00 ounce	600	120.0 00	10.00 0	2.500	1.500	0.000	10.00 0	150.0 00	14.00 0	0.000	14.00 0	0.000	350.0 00	500.0 00	2.400
Nonfat Chocolate Milk	1730 128	8.00 Ounce	600	120.0 00	8.000	0.000	0.000	0.000	5.000	150.0 00	22.00 0	0.000	20.00 0	0.000	300.0 00	500.0 00	1.800
Weighted Daily Average				430.3 57	17.02 0	10.18 7	4.553	0.000 *	38.00 0*	471.2 86	69.96 6	4.309	36.62 3	0.210 *	341.2 86*	1233. 143*	22.34 3*
% of Calories					15.82 %	21.30 %	9.52 %	0.00 %*			65.03 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Tue - 08/15/2017																	
2017-18 Elementary Breakfast																	
		Total	1200														
Sausage Egg Cheese Biscuit	2145 207	1.00 serving	600	425.0 00	18.00 0	27.00 0	16.50 0	0.000	155.0 00	1265. 000	30.00 0	2.000	3.000	1.800	360.0 00	500.0 00	0.000
Cornbread Loaf	2146 263	1.40 oz	600	120.0 00	2.000	4.000	0.000	0.000	10.00 0	125.0 00	20.00 0	1.000	7.000	0.720	N/A*	N/A*	N/A*
Fresh Apples, 100 count (1/2 cup)	16811 21	1/2 cup	600	30.23 9	0.151	0.099	0.016	0.000	0.000	0.582	8.031	1.396	6.042	0.070	3.489	31.40 3	2.675
Wild Berry Juice	2083 513	4.00 Ounce	600	60.00 0	0.000	0.000	0.000	0.000	0.000	15.00 0	15.00 0	0.000	15.00 0	0.000	0.000	0.000	30.00 0

1% White Milk	1730 129	8.00 ounce	600	120.0 00	10.00 0	2.500	1.500	0.000	10.00 0	150.0 00	14.00 0	0.000	14.00 0	0.000	350.0 00	500.0 00	2.400
Nonfat Chocolate Milk	1730 128	8.00 Ounce	600	120.0 00	8.000	0.000	0.000	0.000	5.000	150.0 00	22.00 0	0.000	20.00 0	0.000	300.0 00	500.0 00	1.800
Weighted Daily Average				437.6 20	19.07 6	16.80 0	9.008	0.000	90.00 0	852.7 91	54.51 6	2.198	32.52 1	1.295	506.7 45*	765.7 02*	18.43 8*
% of Calories					17.44 %	34.55 %	18.53 %	0.00 %			49.83 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Wed - 08/16/2017																	
2017-18 Elementary Breakfast																	
		Total	1200														
Cinnamon Raisin Bagel	2145 027	1.00 servin g	600	176.0 00	6.200	0.850	0.200	0.000	0.000	173.0 00	36.00 0	2.250	4.000	0.680	9.800	0.000	0.000
Pan Dulce Bread	2061 613	1.00 each	600	220.0 00	5.000	7.000	2.500	0.000	10.00 0	200.0 00	34.00 0	2.000	7.000	1.800	0.000	0.000	0.000
Orange Juice	2083 512	4.00 Ounc e	600	55.00 0	1.000	0.000	0.000	0.000	0.000	14.00 0	14.00 0	0.000	14.00 0	0.000	10.00 0	100.0 00	30.00 0
Mango	2146 725	100.0 0 gram s	600	80.00 0	0.000	0.000	0.000	0.000	0.000	0.000	19.00 0	2.000	14.00 0	0.000	0.000	500.0 00	12.00 0
1% White Milk	1730 129	8.00 ounc e	600	120.0 00	10.00 0	2.500	1.500	0.000	10.00 0	150.0 00	14.00 0	0.000	14.00 0	0.000	350.0 00	500.0 00	2.400
Nonfat Chocolate Milk	1730 128	8.00 Ounc e	600	120.0 00	8.000	0.000	0.000	0.000	5.000	150.0 00	22.00 0	0.000	20.00 0	0.000	300.0 00	500.0 00	1.800
Weighted Daily Average				385.5 00	15.10 0	5.175	2.100	0.000	12.50 0	343.5 00	69.50 0	3.125	36.50 0	1.240	334.9 00	800.0 00	23.10 0
% of Calories					15.67 %	12.08 %	4.90 %	0.00 %			72.11 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Thu - 08/17/2017																	
2017-18 Elementary Breakfast																	
		Total	1200														
Breakfast Burrito Egg & Cheese	2145341	1.00 serving	600	153.840	7.930	6.840	3.160	0.000	58.610	207.570	15.920	2.390	0.500	1.260	109.460	312.690	2.520
Sweet Potato Oatmeal Muffin	2146163	1.00 muffin	600	280.631	6.014	8.018	0.501	0.000	25.056	230.519	48.108	3.007	21.047	1.443	20.045	1252.819	2.405
Fresh Oranges (1/2 cup)	1681127	1/2 cup	600	125.405	2.508	0.320	0.040	0.000	0.000	0.000	31.351	6.404	24.948	0.267	106.728	600.342	141.948
Apple Juice	2083509	4.00 Ounce	600	55.000	0.000	0.000	0.000	0.000	0.000	15.000	15.000	0.000	15.000	0.000	0.000	0.000	30.000
1% White Milk	1730129	8.00 ounce	600	120.000	10.000	2.500	1.500	0.000	10.000	150.000	14.000	0.000	14.000	0.000	350.000	500.000	2.400
Nonfat Chocolate Milk	1730128	8.00 Ounce	600	120.000	8.000	0.000	0.000	0.000	5.000	150.000	22.000	0.000	20.000	0.000	300.000	500.000	1.800
Weighted Daily Average				427.438	17.226	8.839	2.601	0.000	49.333	376.545	73.190	5.901	47.748	1.485	443.117	1582.926	90.537
% of Calories					16.12%	18.61%	5.48%	0.00%			68.49%						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Fri - 08/18/2017																	
2017-18 Elementary Breakfast																	
		Total	1200														
Pancake w/ Sausage Link	2145191	1.00 serving	600	220.000	10.000	7.000	2.000	0.000	32.000	660.000	31.000	4.000	5.000	1.800	60.000	100.000	0.000
Apple Turnover	2062015	1.00 each	600	130.000	2.000	4.500	1.000	0.000	0.000	170.000	24.000	3.000	9.000	4.000	0.000	0.000	2.000

Honeydew Chunks (1/2 cup)	1681146	1/2 cup	600	68.039	1.021	0.265	0.072	0.000	0.000	34.019	17.180	1.512	15.347	0.321	11.340	94.498	34.019
Wild Berry Juice	2083513	4.00 Ounce	600	60.000	0.000	0.000	0.000	0.000	0.000	15.000	15.000	0.000	15.000	0.000	0.000	0.000	30.000
1% White Milk	1730129	8.00 ounce	600	120.000	10.000	2.500	1.500	0.000	10.000	150.000	14.000	0.000	14.000	0.000	350.000	500.000	2.400
Nonfat Chocolate Milk	1730128	8.00 Ounce	600	120.000	8.000	0.000	0.000	0.000	5.000	150.000	22.000	0.000	20.000	0.000	300.000	500.000	1.800
Weighted Daily Average				359.020	15.511	7.133	2.286	0.000	23.500	589.510	61.590	4.256	39.174	3.061	360.670	597.249	35.110
% of Calories					17.28%	17.88%	5.73%	0.00%			68.62%						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Mon - 08/21/2017																	
2017-18 Elementary Breakfast																	
		Total	1200														
Cinnamon Crumb Loaf	2146787	1.00 loaf	600	290.000	5.000	8.000	1.500	0.000	30.000	270.000	48.000	3.000	21.000	1.440	20.000	0.000	0.000
Egg and Cheese Bagel	2146147	1.00 sand which	600	316.999	13.299	8.820	3.590	0.000*	127.499*	479.999	46.600	4.360*	4.500*	N/A*	N/A*	N/A*	N/A*
Mango	2146725	100.00 grams	600	80.000	0.000	0.000	0.000	0.000	0.000	0.000	19.000	2.000	14.000	0.000	0.000	500.000	12.000
Orange Juice	2083512	4.00 Ounce	600	55.000	1.000	0.000	0.000	0.000	0.000	14.000	14.000	0.000	14.000	0.000	10.000	100.000	30.000
1% White Milk	1730129	8.00 ounce	600	120.000	10.000	2.500	1.500	0.000	10.000	150.000	14.000	0.000	14.000	0.000	350.000	500.000	2.400
Nonfat Chocolate Milk	1730128	8.00 Ounce	600	120.000	8.000	0.000	0.000	0.000	5.000	150.000	22.000	0.000	20.000	0.000	300.000	500.000	1.800
Weighted Daily Average				491.000	18.650	9.660	3.295	0.000*	86.250*	532.000	81.800	4.680*	43.750*	0.720*	340.000*	800.000*	23.100*

Chef's Special Ham, Egg and Cheese Sandwich	2146143	1.00 sandwich	600	299.999	20.499	11.500	4.000	0.016*	157.499	849.999	31.000	3.000*	3.500*	1.440*	20.000*	0.000*	0.000*
Cherry Frudel	2061566	1.00 each	600	210.000	5.000	6.000	1.500	0.000	0.000	290.000	37.000	2.000	11.000	1.080	0.000	0.000	0.000
Watermelon Chunks (1/2 cup)	1681148	1/2 cup	600	7.600	0.155	0.038	0.004	0.000	0.000	0.253	1.913	0.101	1.571	0.061	1.773	144.147	2.052
Wild Berry Juice	2083513	4.00 Ounce	600	60.000	0.000	0.000	0.000	0.000	0.000	15.000	15.000	0.000	15.000	0.000	0.000	0.000	30.000
1% White Milk	1730129	8.00 ounce	600	120.000	10.000	2.500	1.500	0.000	10.000	150.000	14.000	0.000	14.000	0.000	350.000	500.000	2.400
Nonfat Chocolate Milk	1730128	8.00 Ounce	600	120.000	8.000	0.000	0.000	0.000	5.000	150.000	22.000	0.000	20.000	0.000	300.000	500.000	1.800
Weighted Daily Average				408.800	21.827	10.019	3.502	0.008*	86.250	727.626	60.457	2.551*	32.536*	1.291*	335.887*	572.074*	18.126*
% of Calories					21.36%	22.06%	7.71%	0.02%*			59.16%						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Thu - 08/24/2017																	
2017-18 Elementary Breakfast																	
		Total	1200														
Sausage Wrap	2146973	1.00 wrap	600	154.880	8.260	6.880	2.990	0.010	53.760	209.520	15.780	2.400	0.490	1.290	99.210	254.600	1.780
Dutch Waffle	2147039	83.00 grams	600	300.000	4.000	13.000	3.000	0.000	20.000	350.000	43.000	3.000	12.000	1.800	40.000	0.000	0.000
Kiwi	2145325	1.00 serving	600	111.600	2.288	1.042	0.277	N/A*	N/A*	5.580	26.468	3.720	20.423	0.539	37.200	133.920	196.044
Orange Juice	2083512	4.00 Ounce	600	55.000	1.000	0.000	0.000	0.000	0.000	14.000	14.000	0.000	14.000	0.000	10.000	100.000	30.000
1% White Milk	1730129	8.00 ounce	600	120.000	10.000	2.500	1.500	0.000	10.000	150.000	14.000	0.000	14.000	0.000	350.000	500.000	2.400

Nonfat Chocolate Milk	1730 128	8.00 Ounce	600	120.0 00	8.000	0.000	0.000	0.000	5.000	150.0 00	22.00 0	0.000	20.00 0	0.000	300.0 00	500.0 00	1.800
Weighted Daily Average				430.7 40	16.77 4	11.71 1	3.884	0.005 *	44.38 0*	439.5 50	67.62 4	4.560	40.45 7	1.815	418.2 05	744.2 60	116.0 12
% of Calories					15.58 %	24.47 %	8.11%	0.01 %*			62.80 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Fri - 08/25/2017																	
2017-18 Elementary Breakfast																	
		Total	1200														
Omelet w/ Toast	2145 193	1.00 servin g	600	150.0 00	10.00 0	8.500	3.000	0.000	195.0 00	290.0 00	9.000	1.000	0.500	1.260	110.0 00	400.0 00	0.000
Blueberry Waffle	2062 085	1.00 each	600	220.0 00	5.000	6.000	1.000	0.000	25.00 0	240.0 00	39.00 0	3.000	0.000	0.000	0.000	0.000	0.000
Diced Peaches, Canned (1/2 cup)	16811 08	1/2 cup	600	52.99 6	0.504	0.134	0.000	0.000	0.000	5.998	13.39 4	1.298	N/A*	0.378	5.998	339.9 98	3.805
Wild Berry Juice	2083 513	4.00 Ounce	600	60.00 0	0.000	0.000	0.000	0.000	0.000	15.00 0	15.00 0	0.000	15.00 0	0.000	0.000	0.000	30.00 0
1% White Milk	1730 129	8.00 ounce	600	120.0 00	10.00 0	2.500	1.500	0.000	10.00 0	150.0 00	14.00 0	0.000	14.00 0	0.000	350.0 00	500.0 00	2.400
Nonfat Chocolate Milk	1730 128	8.00 Ounce	600	120.0 00	8.000	0.000	0.000	0.000	5.000	150.0 00	22.00 0	0.000	20.00 0	0.000	300.0 00	500.0 00	1.800
Weighted Daily Average				361.4 98	16.75 2	8.567	2.750	0.000	117.5 00	425.4 99	56.19 7	2.649	24.75 0*	0.819	382.9 99	869.9 99	19.00 3
% of Calories					18.54 %	21.33 %	6.85 %	0.00 %			62.18 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Mon - 08/28/2017																	

2017-18 Elementary Breakfast																	
		Total	1200														
Bagel Sliced	2138 497	1.00 ounce	600	72.33 3	2.600	0.273	0.030	0.000	0.000	76.66 7	14.86 7	1.453	1.333	0.823	6.000	0.000	0.000
Cinni Mini Cinnamon Rolls	2061 451	2.29 ounce	600	310.0 00	7.000	10.00 0	3.000	0.000	0.000	390.0 00	51.00 0	3.000	19.00 0	2.000	53.00 0	0.000	0.000
Strawberry Cups	2060 942	1.00 each	600	80.00 0	1.000	0.000	0.000	0.000	0.000	0.000	19.00 0	2.000	16.00 0	0.360	20.00 0	0.000	66.00 0
Wild Berry Juice	2083 513	4.00 Ounce	600	60.00 0	0.000	0.000	0.000	0.000	0.000	15.00 0	15.00 0	0.000	15.00 0	0.000	0.000	0.000	30.00 0
1% White Milk	1730 129	8.00 ounce	600	120.0 00	10.00 0	2.500	1.500	0.000	10.00 0	150.0 00	14.00 0	0.000	14.00 0	0.000	350.0 00	500.0 00	2.400
Nonfat Chocolate Milk	1730 128	8.00 Ounce	600	120.0 00	8.000	0.000	0.000	0.000	5.000	150.0 00	22.00 0	0.000	20.00 0	0.000	300.0 00	500.0 00	1.800
Weighted Daily Average				381.1 67	14.30 0	6.387	2.265	0.000	7.500	390.8 34	67.93 4	3.227	42.66 7	1.592	364.5 00	500.0 00	50.10 0
% of Calories					15.01 %	15.08 %	5.35 %	0.00 %			71.29 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Tue - 08/29/2017																	
2017-18 Elementary Breakfast																	
		Total	1200														
Oatmeal Bowl	21461 17	6.00 oz	600	300.0 00	12.00 0	4.000	1.500	N/A*	5.000	90.00 0	57.00 0	4.000	32.00 0	1.800	250.0 00	N/A*	N/A*
Z Loaf	2146 259	3.30 oz	600	280.0 00	5.000	7.000	1.500	0.000	35.00 0	280.0 00	48.00 0	2.000	24.00 0	4.500	20.00 0	750.0 00	1.200
Fresh Apples, 100 count (1/2 cup)	16811 21	1/2 cup	600	30.23 9	0.151	0.099	0.016	0.000	0.000	0.582	8.031	1.396	6.042	0.070	3.489	31.40 3	2.675

Orange Juice	2083 512	4.00 Ounce	600	55.00 0	1.000	0.000	0.000	0.000	0.000	14.00 0	14.00 0	0.000	14.00 0	0.000	10.00 0	100.0 00	30.00 0
1% White Milk	1730 129	8.00 ounce	600	120.0 00	10.00 0	2.500	1.500	0.000	10.00 0	150.0 00	14.00 0	0.000	14.00 0	0.000	350.0 00	500.0 00	2.400
Nonfat Chocolate Milk	1730 128	8.00 Ounce	600	120.0 00	8.000	0.000	0.000	0.000	5.000	150.0 00	22.00 0	0.000	20.00 0	0.000	300.0 00	500.0 00	1.800
Weighted Daily Average				452.6 20	18.07 6	6.800	2.258	0.000 *	27.50 0	342.2 91	81.51 6	3.698	55.02 1	3.185	466.7 45	940.7 02*	19.03 8*
% of Calories					15.97 %	13.52 %	4.49 %	0.00 %*			72.04 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Wed - 08/30/2017																	
2017-18 Elementary Breakfast																	
		Total	1200														
Fruit and Yogurt Parfait	2146 157	1.00 parfait	600	392.5 94	13.78 4	7.411	1.884	0.000 *	15.00 0	184.9 98	69.16 7	3.711 *	37.73 6	2.088 *	60.61 6*	6.804 *	33.33 9*
Bagelful with Cinnamon/Brown Sugar Cream Cheese	2060 998	1.00 each	600	180.0 00	5.000	4.500	2.500	0.000	15.00 0	190.0 00	30.00 0	2.000	8.000	1.800	100.0 00	100.0 00	1.200
Peach Cups	2060 906	1.00 each	600	80.00 0	1.000	0.000	0.000	0.000	0.000	0.000	19.00 0	1.000	16.00 0	0.360	0.000	300.0 00	162.0 00
Apple Juice	2083 509	4.00 Ounce	600	55.00 0	0.000	0.000	0.000	0.000	0.000	15.00 0	15.00 0	0.000	15.00 0	0.000	0.000	0.000	30.00 0
1% White Milk	1730 129	8.00 ounce	600	120.0 00	10.00 0	2.500	1.500	0.000	10.00 0	150.0 00	14.00 0	0.000	14.00 0	0.000	350.0 00	500.0 00	2.400
Nonfat Chocolate Milk	1730 128	8.00 Ounce	600	120.0 00	8.000	0.000	0.000	0.000	5.000	150.0 00	22.00 0	0.000	20.00 0	0.000	300.0 00	500.0 00	1.800
Weighted Daily Average				473.7 97	18.89 2	7.206	2.942	0.000 *	22.50 0	344.9 99	84.58 4	3.356 *	55.36 8	2.124 *	405.3 08*	703.4 02*	115.3 70*
% of Calories					15.95 %	13.69 %	5.59 %	0.00 %*			71.41 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Thu - 08/31/2017																	
2017-18 Elementary Breakfast																	
		Total	1200														
Chorizo Breakfast Burrito	2146159	1.00 burrito	600	134.010	7.350	4.900	1.160	0.010	63.680	178.550	16.180	2.780	0.480	1.590	39.910	355.870	0.450
French Toast Benefit Bar	2147017	2.50 oz	600	290.000	5.000	9.000	2.500	0.000	25.000	200.000	47.000	3.000	21.000	1.800	40.000	0.000	0.000
Fresh Oranges (1/2 cup)	1681127	1/2 cup	600	125.405	2.508	0.320	0.040	0.000	0.000	0.000	31.351	6.404	24.948	0.267	106.728	600.342	141.948
Wild Berry Juice	2083513	4.00 Ounce	600	60.000	0.000	0.000	0.000	0.000	0.000	15.000	15.000	0.000	15.000	0.000	0.000	0.000	30.000
1% White Milk	1730129	8.00 ounce	600	120.000	10.000	2.500	1.500	0.000	10.000	150.000	14.000	0.000	14.000	0.000	350.000	500.000	2.400
Nonfat Chocolate Milk	1730128	8.00 Ounce	600	120.000	8.000	0.000	0.000	0.000	5.000	150.000	22.000	0.000	20.000	0.000	300.000	500.000	1.800
Weighted Daily Average				424.708	16.429	8.360	2.600	0.005	51.840	346.775	72.766	6.092	47.714	1.829	418.319	978.106	88.299
% of Calories					15.47%	17.72%	5.51%	0.01%			68.53%						

Nutrient	Menu AVG	% of Cals	Target	Pass/Fail	Shortfall/Overage	Notes/Errors
Calories (kcal)	436.258		350/500	Pass		
Protein (g)	17.869	16.38%				
Total Fat (g)	8.988	18.54%				
Saturated Fat (g)	3.297	6.80%	<10	Pass		
Trans Fat (g)	0.001*					

Cholesterol (mg)	49.245*					
Sodium (mg)	462.053		<540	Pass		
Carbohydrates (g)	73.025	66.96%				
Fiber (g)	4.062*					
Sugars (g)	44.082*					
Iron (mg)	1.744*					
Calcium (mg)	399.419*					
Vitamin A (IU)	823.259*					
Vitamin C (mg)	48.197*					

* = Indicates missing Nutrient Information.

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