

# Menu Compliance - Nutrient Detail Report



District: Banning Unified School District

School: Banning High School

Menu: 2017-2018 Banning High School Breakfast

Date Range: September 01, 2017 - September 30, 2017

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Fri - 09/01/2017																	
2017-2018 Banning High School Breakfast																	
		Total	400														
Sausage, Egg and Cheese Sandwich, Chef's Special	2146131	1.00 sandwich	100	310.873	17.574	14.556	5.019	0.000*	147.749	492.995	29.012	3.000*	1.500*	1.744*	29.517*	0.000*	0.000*
Breakfast Sausage Pizza	2061942	1.00 each	100	210.000	9.000	7.000	2.000	0.000	15.000	480.000	26.000	2.000	9.000	1.800	100.000	200.000	0.000
Honey Bun	2061582	1.00 each	100	230.000	6.000	7.000	2.000	0.000	0.000	340.000	39.000	3.000	10.000	2.700	80.000	200.000	0.000
Cinni Mini Cinnamon Rolls	2061451	2.29 ounce	50	310.000	7.000	10.000	3.000	0.000	0.000	390.000	51.000	3.000	19.000	2.000	53.000	0.000	0.000
Cheeseburger Mini	2061168	1.00 each	50	159.000	10.100	6.400	3.000	0.000	26.000	385.000	15.000	1.300	2.600	1.300	97.000	205.000	0.000
Poptart Frosted Fudge	2138533	1.00 each	25	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Cinnamon Crumb Loaf	2146787	1.00 loaf	25	290.000	5.000	8.000	1.500	0.000	30.000	270.000	48.000	3.000	21.000	1.440	20.000	0.000	0.000
Wild Berry Juice	2083513	4.00 Ounce	200	60.000	0.000	0.000	0.000	0.000	0.000	15.000	15.000	0.000	15.000	0.000	0.000	0.000	30.000
Fresh Pear (150 count)	1681133	1.00 each	200	63.060	0.398	0.155	0.024	0.000	0.000	1.106	16.849	3.430	10.787	0.199	9.957	27.658	4.757
1% White Milk	1730129	8.00 ounce	200	120.000	10.000	2.500	1.500	0.000	10.000	150.000	14.000	0.000	14.000	0.000	350.000	500.000	2.400

Nonfat Chocolate Milk	1730 128	8.00 Ounc e	200	120.0 00	8.000	0.000	0.000	0.000	5.000	150.0 00	22.00 0	0.000	20.00 0	0.000	300.0 00	500.0 00	1.800
Weighted Daily Average				445.9 98	19.79 3	11.01 7	3.861	0.000 *	53.31 2	600.0 52	68.67 8	4.440 *	39.03 1*	2.163 *	402.3 58*	639.4 54*	19.47 9*
% of Calories					17.75 %	22.23 %	7.79 %	0.00 %*			61.59 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Tue - 09/05/2017																	
2017-2018 Banning High School Breakfast																	
		Total	400														
Breakfast Sausage Pizza	2061 942	1.00 each	100	210.0 00	9.000	7.000	2.000	0.000	15.00 0	480.0 00	26.00 0	2.000	9.000	1.800	100.0 00	200.0 00	0.000
Cinnamon Glazed French Toast	2061 512	1.00 each	50	210.0 00	8.000	8.000	2.000	0.000	125.0 00	320.0 00	28.00 0	3.000	8.000	1.800	40.00 0	200.0 00	0.000
Morning Sausage Roll	2061 084	1.00 each	50	180.0 00	6.000	10.00 0	3.000	0.000	20.00 0	380.0 00	17.00 0	1.000	4.000	2.700	40.00 0	400.0 00	1.200
Honey Bun	2061 582	1.00 each	50	230.0 00	6.000	7.000	2.000	0.000	0.000	340.0 00	39.00 0	3.000	10.00 0	2.700	80.00 0	200.0 00	0.000
Fruit and Yogurt Parfait	2146 157	1.00 parfai t	25	392.5 94	13.78 4	7.411	1.884	0.000 *	15.00 0	184.9 98	69.16 7	3.711 *	37.73 6	2.088 *	60.61 6*	6.804 *	33.33 9*
Breakfast Burrito Egg Cheese Green CHile	2145 211	1.00 servin g	75	371.1 79	20.40 4	18.92 9	8.143	0.000	284.2 86	834.7 64	32.95 0	3.118	2.118	3.050	379.8 86	684.5 57	1.061
Poptart Cinnamon	2138 565	1.00 each	25	370.0 00	5.000	5.000	2.000	0.000	0.000	380.0 00	75.00 0	6.000	31.00 0	3.600	200.0 00	1000. 000	0.000
Cinnamon Crumb Loaf	2146 787	1.00 loaf	25	290.0 00	5.000	8.000	1.500	0.000	30.00 0	270.0 00	48.00 0	3.000	21.00 0	1.440	20.00 0	0.000	0.000
Banana	4261 63	1.00 each	200	89.89 0	1.101	0.333	0.113	0.000	0.000	1.010	23.06 8	2.626	12.35 2	0.263	5.050	64.64 0	8.787
Orange Juice	2083 512	4.00 Ounc e	200	55.00 0	1.000	0.000	0.000	0.000	0.000	14.00 0	14.00 0	0.000	14.00 0	0.000	10.00 0	100.0 00	30.00 0

1% White Milk	1730 129	8.00 ounce	200	120.0 00	10.00 0	2.500	1.500	0.000	10.00 0	150.0 00	14.00 0	0.000	14.00 0	0.000	350.0 00	500.0 00	2.400
Nonfat Chocolate Milk	1730 128	8.00 Ounce	200	120.0 00	8.000	0.000	0.000	0.000	5.000	150.0 00	22.00 0	0.000	20.00 0	0.000	300.0 00	500.0 00	1.800
Weighted Daily Average				457.8 28	20.11 3	11.11 6	4.045	0.000 *	85.49 1	616.2 11	71.72 3	4.067 *	41.18 2	2.499 *	466.2 92*	923.6 00*	23.92 6*
% of Calories					17.57 %	21.85 %	7.95 %	0.00 %*			62.66 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Wed - 09/06/2017																	
2017-2018 Banning High School Breakfast																	
		Total	400														
Poptart Frosted Strawberry	2138 537	1.00 each	25	360.0 00	4.000	4.500	2.000	0.000	0.000	360.0 00	75.00 0	6.000	30.00 0	3.600	200.0 00	1000. 000	0.000
Honey Bun	2061 582	1.00 each	50	230.0 00	6.000	7.000	2.000	0.000	0.000	340.0 00	39.00 0	3.000	10.00 0	2.700	80.00 0	200.0 00	0.000
Egg, Cheese & Sausage Fritata w/ Toast	2147 015	1.00 each	50	180.0 00	12.00 0	8.000	3.000	0.000	200.0 00	450.0 00	18.00 0	2.000	1.000	1.800	120.0 00	400.0 00	0.000
Yogurt w/ Graham Crackers	2145 321	1.00 serving	50	200.0 00	6.000	3.000	0.000	0.000	5.000	195.0 00	38.00 0	2.000	19.00 0	0.720	270.0 00	600.0 00	0.000
Bagel Sliced	2148 827	3.00 ounce	50	72.33 3	2.600	0.273	0.030	0.000	0.000	76.66 7	14.86 7	1.453	1.333	0.823	6.000	0.000	0.000
Breakfast Burrito	2058 861	2.50 ounce	75	151.4 70	7.870	6.300	2.650	0.010	46.91 0	198.4 00	16.72 0	2.510	0.000	1.280	88.69 0	233.5 80	3.070
Cinnamon Crumb Loaf	2146 787	1.00 loaf	25	290.0 00	5.000	8.000	1.500	0.000	30.00 0	270.0 00	48.00 0	3.000	21.00 0	1.440	20.00 0	0.000	0.000
Oatmeal Bites	2149 811	32.00 g	25	150.0 00	2.000	6.000	1.500	0.000	0.000	125.0 00	24.00 0	2.000	9.000	N/A*	N/A*	N/A*	N/A*
Chef's Special Ham, Egg and Cheese Sandwich	2146 143	1.00 sandwich	50	299.9 99	20.49 9	11.50 0	4.000	0.016 *	157.4 99	849.9 99	31.00 0	3.000 *	3.500 *	1.440 *	20.00 0*	0.000 *	0.000 *

Wild Berry Juice	2083 513	4.00 Ounce	200	60.00 0	0.000	0.000	0.000	0.000	0.000	15.00 0	15.00 0	0.000	15.00 0	0.000	0.000	0.000	30.00 0
Diced Peaches, Canned (1/2 cup)	16811 08	1/2 cup	200	52.99 6	0.504	0.134	0.000	0.000	0.000	5.998	13.39 4	1.298	N/A*	0.378	5.998	339.9 98	3.805
1% White Milk	1730 129	8.00 ounce	200	120.0 00	10.00 0	2.500	1.500	0.000	10.00 0	150.0 00	14.00 0	0.000	14.00 0	0.000	350.0 00	500.0 00	2.400
Nonfat Chocolate Milk	1730 128	8.00 Ounce	200	120.0 00	8.000	0.000	0.000	0.000	5.000	150.0 00	22.00 0	0.000	20.00 0	0.000	300.0 00	500.0 00	1.800
Weighted Daily Average				377.6 90	17.30 3	7.376	2.688	0.004 *	63.48 3	483.8 45	62.12 8	3.239 *	32.60 4*	1.679 *	420.3 78*	926.2 95*	19.57 8*
% of Calories					18.32 %	17.58 %	6.41 %	0.01 %*			65.80 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Thu - 09/07/2017																	
2017-2018 Banning High School Breakfast																	
		Total	400														
Chrozio Burrito	2145 085	1.00 servin g	50	200.0 00	9.000	9.000	3.500	0.000	40.00 0	370.0 00	22.00 0	3.000	0.000	2.700	150.0 00	500.0 00	1.200
Pancake on a Stick	2061 643	3.00 ounce	50	176.0 00	8.700	5.900	1.600	0.000	27.00 0	463.0 00	21.80 0	1.600	7.700	1.100	17.00 0	6.000	0.000
French Toast Benefit Bar	2147 017	2.50 oz	50	290.0 00	5.000	9.000	2.500	0.000	25.00 0	200.0 00	47.00 0	3.000	21.00 0	1.800	40.00 0	0.000	0.000
Sweet Potato Oatmeal Muffin	2146 163	1.00 muffin	25	280.6 31	6.014	8.018	0.501	0.000	25.05 6	230.5 19	48.10 8	3.007	21.04 7	1.443	20.04 5	1252. 819	2.405
Dutch Waffle	2147 039	83.00 grams	100	300.0 00	4.000	13.00 0	3.000	0.000	20.00 0	350.0 00	43.00 0	3.000	12.00 0	1.800	40.00 0	0.000	0.000
Egg and Cheese Taquito	2148 829	2.00 taquito	100	288.0 00	17.20 0	12.00 0	7.000	N/A*	144.0 00	276.0 00	28.80 0	5.200	N/A*	0.598	258.0 00	450.0 00	N/A*
Twin Bars	2149 805	2.65 oz	25	249.0 00	2.600	7.300	0.800	0.000	14.00 0	225.0 00	43.00 0	2.700	15.00 0	1.100	4.500	N/A*	N/A*
Orange Juice	2083 512	4.00 Ounce	200	55.00 0	1.000	0.000	0.000	0.000	0.000	14.00 0	14.00 0	0.000	14.00 0	0.000	10.00 0	100.0 00	30.00 0

Frozen Sliced Strawberries, Sweetened (1/2 cup)	1681142	1/2 cup	200	123.520	0.687	0.168	0.013	0.000	0.000	4.056	33.462	2.436	N/A*	0.765	14.178	31.389	53.459
1% White Milk	1730129	8.00 ounce	200	120.000	10.000	2.500	1.500	0.000	10.000	150.000	14.000	0.000	14.000	0.000	350.000	500.000	2.400
Nonfat Chocolate Milk	1730128	8.00 Ounce	200	120.000	8.000	0.000	0.000	0.000	5.000	150.000	22.000	0.000	20.000	0.000	300.000	500.000	1.800
Weighted Daily Average				472.612	18.519	11.529	4.288	0.000*	62.441	473.123	76.725	4.575	32.840*	1.841	438.998	819.746*	44.130*
% of Calories					15.67%	21.95%	8.17%	0.00%*			64.94%						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Fri - 09/08/2017																	
2017-2018 Banning High School Breakfast																	
		Total	400														
Sausage, Egg and Cheese Sandwich, Chef's Special	2146131	1.00 sandwich	100	310.873	17.574	14.556	5.019	0.000*	147.749	492.995	29.012	3.000*	1.500*	1.744*	29.517*	0.000*	0.000*
Breakfast Sausage Pizza	2061942	1.00 each	100	210.000	9.000	7.000	2.000	0.000	15.000	480.000	26.000	2.000	9.000	1.800	100.000	200.000	0.000
Honey Bun	2061582	1.00 each	100	230.000	6.000	7.000	2.000	0.000	0.000	340.000	39.000	3.000	10.000	2.700	80.000	200.000	0.000
Cinni Mini Cinnamon Rolls	2061451	2.29 ounce	25	310.000	7.000	10.000	3.000	0.000	0.000	390.000	51.000	3.000	19.000	2.000	53.000	0.000	0.000
Cheeseburger Mini	2061168	1.00 each	25	159.000	10.100	6.400	3.000	0.000	26.000	385.000	15.000	1.300	2.600	1.300	97.000	205.000	0.000
Poptart Frosted Fudge	2138533	1.00 each	25	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Cinnamon Crumb Loaf	2146787	1.00 loaf	25	290.000	5.000	8.000	1.500	0.000	30.000	270.000	48.000	3.000	21.000	1.440	20.000	0.000	0.000
Wild Berry Juice	2083513	4.00 Ounce	200	60.000	0.000	0.000	0.000	0.000	0.000	15.000	15.000	0.000	15.000	0.000	0.000	0.000	30.000
Fresh Oranges (1/2 cup)	1681127	1/2 cup	200	125.405	2.508	0.320	0.040	0.000	0.000	0.000	31.351	6.404	24.948	0.267	106.728	600.342	141.948

1% White Milk	1730 129	8.00 ounce	200	120.0 00	10.00 0	2.500	1.500	0.000	10.00 0	150.0 00	14.00 0	0.000	14.00 0	0.000	350.0 00	500.0 00	2.400
Nonfat Chocolate Milk	1730 128	8.00 Ounce	200	120.0 00	8.000	0.000	0.000	0.000	5.000	150.0 00	22.00 0	0.000	20.00 0	0.000	300.0 00	500.0 00	1.800
Weighted Daily Average				447.8 58	19.77 9	10.07 4	3.494	0.000*	51.68 7	551.0 61	71.80 4	5.658*	44.76 2*	1.991*	441.3 68*	912.9 84*	88.07 4*
% of Calories					17.67 %	20.24 %	7.02 %	0.00 %*			64.13 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Mon - 09/11/2017																	
2017-2018 Banning High School Breakfast																	
		Total	400														
Omelet w/ Toast	2145 193	1.00 servin g	100	150.0 00	10.00 0	8.500	3.000	0.000	195.0 00	290.0 00	9.000	1.000	0.500	1.260	110.0 00	400.0 00	0.000
Breakfast Quesadilla	2096 030	2.15 ounce	50	180.0 00	9.000	10.00 0	6.000	0.000	25.00 0	270.0 00	14.00 0	1.000	1.000	1.080	20.00 0	300.0 00	1.200
Egg and Cheese Bagel	2146 147	1.00 sandw hich	100	316.9 99	13.29 9	8.820	3.590	0.000*	127.4 99*	479.9 99	46.60 0	4.360*	4.500*	N/A*	N/A*	N/A*	N/A*
Yogurt w/ Graham Crackers	2145 321	1.00 servin g	50	200.0 00	6.000	3.000	0.000	0.000	5.000	195.0 00	38.00 0	2.000	19.00 0	0.720	270.0 00	600.0 00	0.000
Cinnamon Crumb Loaf	2146 787	1.00 loaf	25	290.0 00	5.000	8.000	1.500	0.000	30.00 0	270.0 00	48.00 0	3.000	21.00 0	1.440	20.00 0	0.000	0.000
Bagel Sliced	2148 827	3.00 ounce	25	72.33 3	2.600	0.273	0.030	0.000	0.000	76.66 7	14.86 7	1.453	1.333	0.823	6.000	0.000	0.000
Poptart Cinnamon	2138 565	1.00 each	25	370.0 00	5.000	5.000	2.000	0.000	0.000	380.0 00	75.00 0	6.000	31.00 0	3.600	200.0 00	1000. 000	0.000
Coffee Cake	2149 807	2.90 oz	25	260.0 00	5.000	9.000	1.000	0.000	35.00 0	250.0 00	39.00 0	2.000	19.00 0	1.440	60.00 0	0.000	0.000
Steel Cut Oatmeal	2153 645	1.00 bowl	25	185.7 00	4.690	1.890	0.410	0.000	0.000	13.26 0	39.28 0	8.160	19.98 0	2.160	50.00 0	0.000	0.000
Orange Juice	2083 512	4.00 Ounce	200	55.00 0	1.000	0.000	0.000	0.000	0.000	14.00 0	14.00 0	0.000	14.00 0	0.000	10.00 0	100.0 00	30.00 0

Cantaloupe Chunks, 18 count (1/2 cup)	1681147	1/2 cup	200	9.714	0.240	0.054	0.015	0.000	0.000	4.571	2.331	0.257	2.246	0.060	2.571	966.286	10.486
1% White Milk	1730129	8.00 ounce	200	120.000	10.000	2.500	1.500	0.000	10.000	150.000	14.000	0.000	14.000	0.000	350.000	500.000	2.400
Nonfat Chocolate Milk	1730128	8.00 Ounce	200	120.000	8.000	0.000	0.000	0.000	5.000	150.000	22.000	0.000	20.000	0.000	300.000	500.000	1.800
Weighted Daily Average				390.234	18.713	8.742	3.464	0.000*	95.937*	471.781	60.075	3.132*	34.643*	1.161*	416.036*	1308.143*	22.493*
% of Calories					19.18%	20.16%	7.99%	0.00%*			61.58%						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Tue - 09/12/2017																	
2017-2018 Banning High School Breakfast																	
		Total	400														
Breakfast Sausage Pizza	2061942	1.00 each	100	210.000	9.000	7.000	2.000	0.000	15.000	480.000	26.000	2.000	9.000	1.800	100.000	200.000	0.000
Cinnamon Glazed French Toast	2061512	1.00 each	50	210.000	8.000	8.000	2.000	0.000	125.000	320.000	28.000	3.000	8.000	1.800	40.000	200.000	0.000
Morning Sausage Roll	2061084	1.00 each	50	180.000	6.000	10.000	3.000	0.000	20.000	380.000	17.000	1.000	4.000	2.700	40.000	400.000	1.200
Honey Bun	2061582	1.00 each	50	230.000	6.000	7.000	2.000	0.000	0.000	340.000	39.000	3.000	10.000	2.700	80.000	200.000	0.000
Fruit and Yogurt Parfait	2146157	1.00 parfait	25	392.594	13.784	7.411	1.884	0.000*	15.000	184.998	69.167	3.711*	37.736	2.088*	60.616*	6.804*	33.339*
Breakfast Burrito Egg Cheese Green CHile	2145211	1.00 serving	75	371.179	20.404	18.929	8.143	0.000	284.286	834.764	32.950	3.118	2.118	3.050	379.886	684.557	1.061
Poptart Cinnamon	2138565	1.00 each	25	370.000	5.000	5.000	2.000	0.000	0.000	380.000	75.000	6.000	31.000	3.600	200.000	1000.000	0.000
Cinnamon Crumb Loaf	2146787	1.00 loaf	25	290.000	5.000	8.000	1.500	0.000	30.000	270.000	48.000	3.000	21.000	1.440	20.000	0.000	0.000
Orange Juice	2083512	4.00 Ounce	200	55.000	1.000	0.000	0.000	0.000	0.000	14.000	14.000	0.000	14.000	0.000	10.000	100.000	30.000

Fresh Apples, 125-138 count (1/2 cup)	16811 20	1/2 cup	200	31.87 4	0.159	0.104	0.017	0.000	0.000	0.613	8.465	1.471	6.369	0.074	3.678	33.10 0	2.820
1% White Milk	1730 129	8.00 ounce	200	120.0 00	10.00 0	2.500	1.500	0.000	10.00 0	150.0 00	14.00 0	0.000	14.00 0	0.000	350.0 00	500.0 00	2.400
Nonfat Chocolate Milk	1730 128	8.00 Ounce	200	120.0 00	8.000	0.000	0.000	0.000	5.000	150.0 00	22.00 0	0.000	20.00 0	0.000	300.0 00	500.0 00	1.800
low fat chocolate milk	2148 825	8.00 oz	200	160.0 00	8.000	3.000	1.500	N/A*	N/A*	180.0 00	28.00 0	N/A*	28.00 0	N/A*	250.0 00	N/A*	N/A*
Weighted Daily Average				508.8 20	23.64 2	12.50 2	4.747	0.000 *	85.49 1*	706.0 12	78.42 1	3.490 *	52.19 0	2.404 *	590.6 06*	907.8 30*	20.94 3*
% of Calories					18.59 %	22.11 %	8.40 %	0.00 %*			61.65 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Wed - 09/13/2017																	
2017-2018 Banning High School Breakfast																	
		Total	400														
Poptart Frosted Strawberry	2138 537	1.00 each	25	360.0 00	4.000	4.500	2.000	0.000	0.000	360.0 00	75.00 0	6.000	30.00 0	3.600	200.0 00	1000. 000	0.000
Honey Bun	2061 582	1.00 each	50	230.0 00	6.000	7.000	2.000	0.000	0.000	340.0 00	39.00 0	3.000	10.00 0	2.700	80.00 0	200.0 00	0.000
Egg, Cheese & Sausage Fritata w/ Toast	2147 015	1.00 each	50	180.0 00	12.00 0	8.000	3.000	0.000	200.0 00	450.0 00	18.00 0	2.000	1.000	1.800	120.0 00	400.0 00	0.000
Yogurt w/ Graham Crackers	2145 321	1.00 servin g	50	200.0 00	6.000	3.000	0.000	0.000	5.000	195.0 00	38.00 0	2.000	19.00 0	0.720	270.0 00	600.0 00	0.000
Bagel Sliced	2148 827	3.00 ounc e	50	72.33 3	2.600	0.273	0.030	0.000	0.000	76.66 7	14.86 7	1.453	1.333	0.823	6.000	0.000	0.000
Breakfast Burrito	2058 861	2.50 ounc e	75	151.4 70	7.870	6.300	2.650	0.010	46.91 0	198.4 00	16.72 0	2.510	0.000	1.280	88.69 0	233.5 80	3.070
Cinnamon Crumb Loaf	2146 787	1.00 loaf	25	290.0 00	5.000	8.000	1.500	0.000	30.00 0	270.0 00	48.00 0	3.000	21.00 0	1.440	20.00 0	0.000	0.000
Oatmeal Bites	2149 811	32.00 g	25	150.0 00	2.000	6.000	1.500	0.000	0.000	125.0 00	24.00 0	2.000	9.000	N/A*	N/A*	N/A*	N/A*



Chef's Special Ham, Egg and Cheese Sandwhich	2146143	1.00 sand which	50	299.999	20.499	11.500	4.000	0.016*	157.499	849.999	31.000	3.000*	3.500*	1.440*	20.000*	0.000*	0.000*
Wild Berry Juice	2083513	4.00 Ounce	200	60.000	0.000	0.000	0.000	0.000	0.000	15.000	15.000	0.000	15.000	0.000	0.000	0.000	30.000
Mango	2146725	100.00 grams	200	80.000	0.000	0.000	0.000	0.000	0.000	0.000	19.000	2.000	14.000	0.000	0.000	500.000	12.000
1% White Milk	1730129	8.00 ounce	200	120.000	10.000	2.500	1.500	0.000	10.000	150.000	14.000	0.000	14.000	0.000	350.000	500.000	2.400
Nonfat Chocolate Milk	1730128	8.00 Ounce	200	120.000	8.000	0.000	0.000	0.000	5.000	150.000	22.000	0.000	20.000	0.000	300.000	500.000	1.800
low fat chocolate milk	2148825	8.00 oz	200	160.000	8.000	3.000	1.500	N/A*	N/A*	180.000	28.000	N/A*	28.000	N/A*	250.000	N/A*	N/A*
Weighted Daily Average				471.192	21.051	8.809	3.438	0.004*	63.483*	570.846	78.931	3.590*	53.604*	1.490*	542.379*	1006.296*	23.676*
% of Calories					17.87%	16.83%	6.57%	0.01%*			67.01%						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Thu - 09/14/2017																	
2017-2018 Banning High School Breakfast																	
		Total	400														
Chrozio Burrito	2145085	1.00 serving	50	200.000	9.000	9.000	3.500	0.000	40.000	370.000	22.000	3.000	0.000	2.700	150.000	500.000	1.200
Pancake on a Stick	2061643	3.00 ounce	50	176.000	8.700	5.900	1.600	0.000	27.000	463.000	21.800	1.600	7.700	1.100	17.000	6.000	0.000
French Toast Benefit Bar	2147017	2.50 oz	50	290.000	5.000	9.000	2.500	0.000	25.000	200.000	47.000	3.000	21.000	1.800	40.000	0.000	0.000
Sweet Potato Oatmeal Muffin	2146163	1.00 muffin	25	280.631	6.014	8.018	0.501	0.000	25.056	230.519	48.108	3.007	21.047	1.443	20.045	1252.819	2.405
Dutch Waffle	2147039	83.00 grams	100	300.000	4.000	13.000	3.000	0.000	20.000	350.000	43.000	3.000	12.000	1.800	40.000	0.000	0.000

Egg and Cheese Taquito	2148 829	2.00 taquito	100	288.0 00	17.20 0	12.00 0	7.000	N/A*	144.0 00	276.0 00	28.80 0	5.200	N/A*	0.598	258.0 00	450.0 00	N/A*
Twin Bars	2149 805	2.65 oz	25	249.0 00	2.600	7.300	0.800	0.000	14.00 0	225.0 00	43.00 0	2.700	15.00 0	1.100	4.500	N/A*	N/A*
Fresh Oranges (1/2 cup)	16811 27	1/2 cup	200	125.4 05	2.508	0.320	0.040	0.000	0.000	0.000	31.35 1	6.404	24.94 8	0.267	106.7 28	600.3 42	141.9 48
Apple Juice	2083 509	4.00 Ounce	200	55.00 0	0.000	0.000	0.000	0.000	0.000	15.00 0	15.00 0	0.000	15.00 0	0.000	0.000	0.000	30.00 0
1% White Milk	1730 129	8.00 ounce	200	120.0 00	10.00 0	2.500	1.500	0.000	10.00 0	150.0 00	14.00 0	0.000	14.00 0	0.000	350.0 00	500.0 00	2.400
Nonfat Chocolate Milk	1730 128	8.00 Ounce	200	120.0 00	8.000	0.000	0.000	0.000	5.000	150.0 00	22.00 0	0.000	20.00 0	0.000	300.0 00	500.0 00	1.800
low fat chocolate milk	2148 825	8.00 oz	200	160.0 00	8.000	3.000	1.500	N/A*	N/A*	180.0 00	28.00 0	N/A*	28.00 0	N/A*	250.0 00	N/A*	N/A*
Weighted Daily Average				553.5 54	22.93 0	13.10 5	5.051	0.000 *	62.44 1*	561.5 95	90.17 0	6.559 *	59.81 4*	1.592 *	605.2 73	1054. 222*	88.37 4*
% of Calories					16.57 %	21.31 %	8.21 %	0.00 %*			65.16 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Fri - 09/15/2017																	
2017-2018 Banning High School Breakfast																	
		Total	400														
Sausage, Egg and Cheese Sandwich, Chef's Special	2146 131	1.00 sandwich	100	310.8 73	17.57 4	14.55 6	5.019	0.000 *	147.7 49	492.9 95	29.01 2	3.000 *	1.500 *	1.744 *	29.51 7*	0.000 *	0.000 *
Breakfast Sausage Pizza	2061 942	1.00 each	100	210.0 00	9.000	7.000	2.000	0.000	15.00 0	480.0 00	26.00 0	2.000	9.000	1.800	100.0 00	200.0 00	0.000
Honey Bun	2061 582	1.00 each	100	230.0 00	6.000	7.000	2.000	0.000	0.000	340.0 00	39.00 0	3.000	10.00 0	2.700	80.00 0	200.0 00	0.000
Cinni Mini Cinnamon Rolls	2061 451	2.29 ounce	25	310.0 00	7.000	10.00 0	3.000	0.000	0.000	390.0 00	51.00 0	3.000	19.00 0	2.000	53.00 0	0.000	0.000
Cheeseburger Mini	20611 68	1.00 each	25	159.0 00	10.10 0	6.400	3.000	0.000	26.00 0	385.0 00	15.00 0	1.300	2.600	1.300	97.00 0	205.0 00	0.000

Poptart Frosted Fudge	2138 533	1.00 each	25	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Cinnamon Crumb Loaf	2146 787	1.00 loaf	25	290.0 00	5.000	8.000	1.500	0.000	30.00 0	270.0 00	48.00 0	3.000	21.00 0	1.440	20.00 0	0.000	0.000
Wild Berry Juice	2083 513	4.00 Ounce	200	60.00 0	0.000	0.000	0.000	0.000	0.000	15.00 0	15.00 0	0.000	15.00 0	0.000	0.000	0.000	30.00 0
Honeydew Chunks (1/2 cup)	16811 46	1/2 cup	200	68.03 9	1.021	0.265	0.072	0.000	0.000	34.01 9	17.18 0	1.512	15.34 7	0.321	11.34 0	94.49 8	34.01 9
1% White Milk	1730 129	8.00 ounce	200	120.0 00	10.00 0	2.500	1.500	0.000	10.00 0	150.0 00	14.00 0	0.000	14.00 0	0.000	350.0 00	500.0 00	2.400
Nonfat Chocolate Milk	1730 128	8.00 Ounce	200	120.0 00	8.000	0.000	0.000	0.000	5.000	150.0 00	22.00 0	0.000	20.00 0	0.000	300.0 00	500.0 00	1.800
low fat chocolate milk	2148 825	8.00 oz	200	160.0 00	8.000	3.000	1.500	N/A*	N/A*	180.0 00	28.00 0	N/A*	28.00 0	N/A*	250.0 00	N/A*	N/A*
Weighted Daily Average				499.1 75	23.03 5	11.54 7	4.260	0.000 *	51.68 7*	658.0 71	78.71 8	3.212 *	53.96 1*	2.018 *	518.6 74*	660.0 62*	34.11 0*
% of Calories					18.46 %	20.82 %	7.68 %	0.00 %*			63.08 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Mon - 09/18/2017																	
2017-2018 Banning High School Breakfast																	
		Total	400														
Omelet w/ Toast	2145 193	1.00 servin g	100	150.0 00	10.00 0	8.500	3.000	0.000	195.0 00	290.0 00	9.000	1.000	0.500	1.260	110.0 00	400.0 00	0.000
Breakfast Quesadilla	2096 030	2.15 ounc e	50	180.0 00	9.000	10.00 0	6.000	0.000	25.00 0	270.0 00	14.00 0	1.000	1.000	1.080	20.00 0	300.0 00	1.200
Egg and Cheese Bagel	2146 147	1.00 sand which	100	316.9 99	13.29 9	8.820	3.590	0.000 *	127.4 99*	479.9 99	46.60 0	4.360 *	4.500 *	N/A*	N/A*	N/A*	N/A*
Yogurt w/ Graham Crackers	2145 321	1.00 servin g	50	200.0 00	6.000	3.000	0.000	0.000	5.000	195.0 00	38.00 0	2.000	19.00 0	0.720	270.0 00	600.0 00	0.000

Cinnamon Crumb Loaf	2146 787	1.00 loaf	25	290.0 00	5.000	8.000	1.500	0.000	30.00 0	270.0 00	48.00 0	3.000	21.00 0	1.440	20.00 0	0.000	0.000
Bagel Sliced	2148 827	3.00 ounc e	25	72.33 3	2.600	0.273	0.030	0.000	0.000	76.66 7	14.86 7	1.453	1.333	0.823	6.000	0.000	0.000
Poptart Cinnamon	2138 565	1.00 each	25	370.0 00	5.000	5.000	2.000	0.000	0.000	380.0 00	75.00 0	6.000	31.00 0	3.600	200.0 00	1000. 000	0.000
Coffee Cake	2149 807	2.90 oz	25	260.0 00	5.000	9.000	1.000	0.000	35.00 0	250.0 00	39.00 0	2.000	19.00 0	1.440	60.00 0	0.000	0.000
Steel Cut Oatmeal	2153 645	1.00 bowl	25	185.7 00	4.690	1.890	0.410	0.000	0.000	13.26 0	39.28 0	8.160	19.98 0	2.160	50.00 0	0.000	0.000
Orange Juice	2083 512	4.00 Ounc e	200	55.00 0	1.000	0.000	0.000	0.000	0.000	14.00 0	14.00 0	0.000	14.00 0	0.000	10.00 0	100.0 00	30.00 0
Mango	2146 725	100.0 0 gram s	200	80.00 0	0.000	0.000	0.000	0.000	0.000	0.000	19.00 0	2.000	14.00 0	0.000	0.000	500.0 00	12.00 0
1% White Milk	1730 129	8.00 ounc e	200	120.0 00	10.00 0	2.500	1.500	0.000	10.00 0	150.0 00	14.00 0	0.000	14.00 0	0.000	350.0 00	500.0 00	2.400
Nonfat Chocolate Milk	1730 128	8.00 Ounc e	200	120.0 00	8.000	0.000	0.000	0.000	5.000	150.0 00	22.00 0	0.000	20.00 0	0.000	300.0 00	500.0 00	1.800
Weighted Daily Average				425.3 77	18.59 3	8.715	3.456	0.000 *	95.93 7*	469.4 95	68.40 9	4.003 *	40.52 0*	1.131 *	414.7 50*	1075. 000*	23.25 0*
% of Calories					17.48 %	18.44 %	7.31 %	0.00 %*			64.33 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Tue - 09/19/2017																	
2017-2018 Banning High School Breakfast																	
		Total	400														
Breakfast Sausage Pizza	2061 942	1.00 each	100	210.0 00	9.000	7.000	2.000	0.000	15.00 0	480.0 00	26.00 0	2.000	9.000	1.800	100.0 00	200.0 00	0.000
Cinnamon Glazed French Toast	2061 512	1.00 each	50	210.0 00	8.000	8.000	2.000	0.000	125.0 00	320.0 00	28.00 0	3.000	8.000	1.800	40.00 0	200.0 00	0.000

Morning Sausage Roll	2061084	1.00 each	50	180.000	6.000	10.000	3.000	0.000	20.000	380.000	17.000	1.000	4.000	2.700	40.000	400.000	1.200
Honey Bun	2061582	1.00 each	50	230.000	6.000	7.000	2.000	0.000	0.000	340.000	39.000	3.000	10.000	2.700	80.000	200.000	0.000
Fruit and Yogurt Parfait	2146157	1.00 parfait	25	392.594	13.784	7.411	1.884	0.000*	15.000	184.998	69.167	3.711*	37.736	2.088*	60.616*	6.804*	33.339*
Breakfast Burrito Egg Cheese Green CHile	2145211	1.00 serving	75	371.179	20.404	18.929	8.143	0.000	284.286	834.764	32.950	3.118	2.118	3.050	379.886	684.557	1.061
Poptart Cinnamon	2138565	1.00 each	25	370.000	5.000	5.000	2.000	0.000	0.000	380.000	75.000	6.000	31.000	3.600	200.000	1000.000	0.000
Cinnamon Crumb Loaf	2146787	1.00 loaf	25	290.000	5.000	8.000	1.500	0.000	30.000	270.000	48.000	3.000	21.000	1.440	20.000	0.000	0.000
Orange Juice	2083512	4.00 Ounce	200	55.000	1.000	0.000	0.000	0.000	0.000	14.000	14.000	0.000	14.000	0.000	10.000	100.000	30.000
Fresh Banana, 100-120 count (1/2 cup)	1681122	1/2 cup	200	115.342	1.413	0.428	0.145	0.000	0.000	1.296	29.600	3.370	15.850	0.337	6.480	82.943	11.275
1% White Milk	1730129	8.00 ounce	200	120.000	10.000	2.500	1.500	0.000	10.000	150.000	14.000	0.000	14.000	0.000	350.000	500.000	2.400
Nonfat Chocolate Milk	1730128	8.00 Ounce	200	120.000	8.000	0.000	0.000	0.000	5.000	150.000	22.000	0.000	20.000	0.000	300.000	500.000	1.800
low fat chocolate milk	2148825	8.00 oz	200	160.000	8.000	3.000	1.500	N/A*	N/A*	180.000	28.000	N/A*	28.000	N/A*	250.000	N/A*	N/A*
Weighted Daily Average				550.554	24.269	12.664	4.811	0.000*	85.491*	706.354	88.989	4.439*	56.931	2.536*	592.007*	932.751*	25.170*
% of Calories					17.63%	20.70%	7.86%	0.00%*			64.65%						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Wed - 09/20/2017																	
2017-2018 Banning High School Breakfast																	
		Total	400														
Poptart Frosted Strawberry	2138537	1.00 each	25	360.000	4.000	4.500	2.000	0.000	0.000	360.000	75.000	6.000	30.000	3.600	200.000	1000.000	0.000

Honey Bun	2061582	1.00 each	50	230.000	6.000	7.000	2.000	0.000	0.000	340.000	39.000	3.000	10.000	2.700	80.000	200.000	0.000
Egg, Cheese & Sausage Fritata w/ Toast	2147015	1.00 each	50	180.000	12.000	8.000	3.000	0.000	200.000	450.000	18.000	2.000	1.000	1.800	120.000	400.000	0.000
Yogurt w/ Graham Crackers	2145321	1.00 serving	50	200.000	6.000	3.000	0.000	0.000	5.000	195.000	38.000	2.000	19.000	0.720	270.000	600.000	0.000
Bagel Sliced	2148827	3.00 ounce	50	72.333	2.600	0.273	0.030	0.000	0.000	76.667	14.867	1.453	1.333	0.823	6.000	0.000	0.000
Breakfast Burrito	2058861	2.50 ounce	75	151.470	7.870	6.300	2.650	0.010	46.910	198.400	16.720	2.510	0.000	1.280	88.690	233.580	3.070
Cinnamon Crumb Loaf	2146787	1.00 loaf	25	290.000	5.000	8.000	1.500	0.000	30.000	270.000	48.000	3.000	21.000	1.440	20.000	0.000	0.000
Oatmeal Bites	2149811	32.00 g	25	150.000	2.000	6.000	1.500	0.000	0.000	125.000	24.000	2.000	9.000	N/A*	N/A*	N/A*	N/A*
Chef's Special Ham, Egg and Cheese Sandwich	2146143	1.00 sandwich	50	299.999	20.499	11.500	4.000	0.016*	157.499	849.999	31.000	3.000*	3.500*	1.440*	20.000*	0.000*	0.000*
Wild Berry Juice	2083513	4.00 Ounce	200	60.000	0.000	0.000	0.000	0.000	0.000	15.000	15.000	0.000	15.000	0.000	0.000	0.000	30.000
Watermelon Chunks (1/2 cup)	1681148	1/2 cup	200	7.600	0.155	0.038	0.004	0.000	0.000	0.253	1.913	0.101	1.571	0.061	1.773	144.147	2.052
1% White Milk	1730129	8.00 ounce	200	120.000	10.000	2.500	1.500	0.000	10.000	150.000	14.000	0.000	14.000	0.000	350.000	500.000	2.400
Nonfat Chocolate Milk	1730128	8.00 Ounce	200	120.000	8.000	0.000	0.000	0.000	5.000	150.000	22.000	0.000	20.000	0.000	300.000	500.000	1.800
low fat chocolate milk	2148825	8.00 oz	200	160.000	8.000	3.000	1.500	N/A*	N/A*	180.000	28.000	N/A*	28.000	N/A*	250.000	N/A*	N/A*
Weighted Daily Average				434.992	21.128	8.828	3.440	0.004*	63.483*	570.972	70.387	2.640*	47.390*	1.521*	543.266*	828.370*	18.702*
% of Calories					19.43%	18.27%	7.12%	0.01%*			64.73%						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Thu - 09/21/2017																	
2017-2018 Banning High School Breakfast																	

		Total	400														
Chrozio Burrito	2145085	1.00 serving	50	200.000	9.000	9.000	3.500	0.000	40.000	370.000	22.000	3.000	0.000	2.700	150.000	500.000	1.200
Pancake on a Stick	2061643	3.00 ounce	50	176.000	8.700	5.900	1.600	0.000	27.000	463.000	21.800	1.600	7.700	1.100	17.000	6.000	0.000
French Toast Benefit Bar	2147017	2.50 oz	50	290.000	5.000	9.000	2.500	0.000	25.000	200.000	47.000	3.000	21.000	1.800	40.000	0.000	0.000
Sweet Potato Oatmeal Muffin	2146163	1.00 muffin	25	280.631	6.014	8.018	0.501	0.000	25.056	230.519	48.108	3.007	21.047	1.443	20.045	1252.819	2.405
Dutch Waffle	2147039	83.00 grams	100	300.000	4.000	13.000	3.000	0.000	20.000	350.000	43.000	3.000	12.000	1.800	40.000	0.000	0.000
Egg and Cheese Taquito	2148829	2.00 taquito	100	288.000	17.200	12.000	7.000	N/A*	144.000	276.000	28.800	5.200	N/A*	0.598	258.000	450.000	N/A*
Twin Bars	2149805	2.65 oz	25	249.000	2.600	7.300	0.800	0.000	14.000	225.000	43.000	2.700	15.000	1.100	4.500	N/A*	N/A*
Fresh Oranges (1/2 cup)	1681127	1/2 cup	200	125.405	2.508	0.320	0.040	0.000	0.000	0.000	31.351	6.404	24.948	0.267	106.728	600.342	141.948
Kiwi	2145325	1.00 serving	200	111.600	2.288	1.042	0.277	N/A*	N/A*	5.580	26.468	3.720	20.423	0.539	37.200	133.920	196.044
1% White Milk	1730129	8.00 ounce	200	120.000	10.000	2.500	1.500	0.000	10.000	150.000	14.000	0.000	14.000	0.000	350.000	500.000	2.400
Nonfat Chocolate Milk	1730128	8.00 Ounce	200	120.000	8.000	0.000	0.000	0.000	5.000	150.000	22.000	0.000	20.000	0.000	300.000	500.000	1.800
low fat chocolate milk	2148825	8.00 oz	200	160.000	8.000	3.000	1.500	N/A*	N/A*	180.000	28.000	N/A*	28.000	N/A*	250.000	N/A*	N/A*
Weighted Daily Average				581.854	24.074	13.626	5.190	0.000*	62.441*	556.885	95.904	8.419*	62.526*	1.861*	623.873	1121.182*	171.396*
% of Calories					16.55%	21.08%	8.03%	0.00%*			65.93%						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Fri - 09/22/2017																	
2017-2018 Banning High School Breakfast																	

		Total	400														
Sausage, Egg and Cheese Sandwich, Chef's Special	2146131	1.00 sandwich	100	310.873	17.574	14.556	5.019	0.000	147.749	492.995	29.012	3.000	1.500	1.744	29.517	0.000	0.000
Breakfast Sausage Pizza	2061942	1.00 each	100	210.000	9.000	7.000	2.000	0.000	15.000	480.000	26.000	2.000	9.000	1.800	100.000	200.000	0.000
Honey Bun	2061582	1.00 each	100	230.000	6.000	7.000	2.000	0.000	0.000	340.000	39.000	3.000	10.000	2.700	80.000	200.000	0.000
Cinni Mini Cinnamon Rolls	2061451	2.29 ounce	25	310.000	7.000	10.000	3.000	0.000	0.000	390.000	51.000	3.000	19.000	2.000	53.000	0.000	0.000
Cheeseburger Mini	2061168	1.00 each	25	159.000	10.100	6.400	3.000	0.000	26.000	385.000	15.000	1.300	2.600	1.300	97.000	205.000	0.000
Poptart Frosted Fudge	2138533	1.00 each	25	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Cinnamon Crumb Loaf	2146787	1.00 loaf	25	290.000	5.000	8.000	1.500	0.000	30.000	270.000	48.000	3.000	21.000	1.440	20.000	0.000	0.000
Wild Berry Juice	2083513	4.00 Ounce	200	60.000	0.000	0.000	0.000	0.000	0.000	15.000	15.000	0.000	15.000	0.000	0.000	0.000	30.000
Diced Peaches, Canned (1/2 cup)	1681108	1/2 cup	200	52.996	0.504	0.134	0.000	0.000	0.000	5.998	13.394	1.298	N/A*	0.378	5.998	339.998	3.805
1% White Milk	1730129	8.00 ounce	200	120.000	10.000	2.500	1.500	0.000	10.000	150.000	14.000	0.000	14.000	0.000	350.000	500.000	2.400
Nonfat Chocolate Milk	1730128	8.00 Ounce	200	120.000	8.000	0.000	0.000	0.000	5.000	150.000	22.000	0.000	20.000	0.000	300.000	500.000	1.800
low fat chocolate milk	2148825	8.00 oz	200	160.000	8.000	3.000	1.500	N/A*	N/A*	180.000	28.000	N/A*	28.000	N/A*	250.000	N/A*	N/A*
Weighted Daily Average				491.654	22.777	11.481	4.224	0.000*	51.687	644.060	76.825	3.105*	46.288	2.046*	516.003	782.812	19.003
% of Calories					18.53%	21.02%	7.73%	0.00%*			62.50%						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Mon - 09/25/2017																	
2017-2018 Banning High School Breakfast																	



		Total	400														
Omelet w/ Toast	2145 193	1.00 servin g	100	150.0 00	10.00 0	8.500	3.000	0.000	195.0 00	290.0 00	9.000	1.000	0.500	1.260	110.0 00	400.0 00	0.000
Breakfast Quesadilla	2096 030	2.15 ounce	50	180.0 00	9.000	10.00 0	6.000	0.000	25.00 0	270.0 00	14.00 0	1.000	1.000	1.080	20.00 0	300.0 00	1.200
Cinnamon Crumb Loaf	2146 787	1.00 loaf	25	290.0 00	5.000	8.000	1.500	0.000	30.00 0	270.0 00	48.00 0	3.000	21.00 0	1.440	20.00 0	0.000	0.000
Egg and Cheese Bagel	2146 147	1.00 sandw hich	100	316.9 99	13.29 9	8.820	3.590	0.000	127.4 99*	479.9 99	46.60 0	4.360	4.500	N/A*	N/A*	N/A*	N/A*
Yogurt w/ Graham Crackers	2145 321	1.00 servin g	50	200.0 00	6.000	3.000	0.000	0.000	5.000	195.0 00	38.00 0	2.000	19.00 0	0.720	270.0 00	600.0 00	0.000
Bagel Sliced	2148 827	3.00 ounce	25	72.33 3	2.600	0.273	0.030	0.000	0.000	76.66 7	14.86 7	1.453	1.333	0.823	6.000	0.000	0.000
Poptart Cinnamon	2138 565	1.00 each	25	370.0 00	5.000	5.000	2.000	0.000	0.000	380.0 00	75.00 0	6.000	31.00 0	3.600	200.0 00	1000. 000	0.000
Coffee Cake	2149 807	2.90 oz	25	260.0 00	5.000	9.000	1.000	0.000	35.00 0	250.0 00	39.00 0	2.000	19.00 0	1.440	60.00 0	0.000	0.000
Steel Cut Oatmeal	2153 645	1.00 bowl	25	185.7 00	4.690	1.890	0.410	0.000	0.000	13.26 0	39.28 0	8.160	19.98 0	2.160	50.00 0	0.000	0.000
Fresh Strawberries (1/2 cup)	16811 31	1/2 cup	200	27.91 3	0.584	0.262	0.013	0.000	0.000	0.872	6.699	1.745	4.266	0.358	13.95 7	10.46 8	51.29 1
Wild Berry Juice	2083 513	4.00 Ounce	200	60.00 0	0.000	0.000	0.000	0.000	0.000	15.00 0	15.00 0	0.000	15.00 0	0.000	0.000	0.000	30.00 0
1% White Milk	1730 129	8.00 ounce	200	120.0 00	10.00 0	2.500	1.500	0.000	10.00 0	150.0 00	14.00 0	0.000	14.00 0	0.000	350.0 00	500.0 00	2.400
Nonfat Chocolate Milk	1730 128	8.00 Ounce	200	120.0 00	8.000	0.000	0.000	0.000	5.000	150.0 00	22.00 0	0.000	20.00 0	0.000	300.0 00	500.0 00	1.800
Weighted Daily Average				401.8 33	18.38 5	8.846	3.463	0.000	95.93 7*	470.4 31	62.75 9	3.876	36.15 3*	1.310	416.7 29*	780.2 34*	42.89 6*
% of Calories					18.30 %	19.81 %	7.76 %	0.00 %*			62.47 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Tue - 09/26/2017																	

2017-2018 Banning High School Breakfast

		Total	400														
Cinnamon Glazed French Toast	2061512	1.00 each	50	210.00	8.000	8.000	2.000	0.000	125.00	320.00	28.000	3.000	8.000	1.800	40.000	200.00	0.000
Morning Sausage Roll	2061084	1.00 each	50	180.00	6.000	10.000	3.000	0.000	20.000	380.00	17.000	1.000	4.000	2.700	40.000	400.00	1.200
Honey Bun	2061582	1.00 each	50	230.00	6.000	7.000	2.000	0.000	0.000	340.00	39.000	3.000	10.000	2.700	80.000	200.00	0.000
Fruit and Yogurt Parfait	2146157	1.00 parfait	25	392.594	13.784	7.411	1.884	0.000*	15.000	184.998	69.167	3.711*	37.736	2.088*	60.616*	6.804*	33.339*
Breakfast Burrito Egg Cheese Green Chile	2145211	1.00 serving	75	371.179	20.404	18.929	8.143	0.000	284.286	834.764	32.950	3.118	2.118	3.050	379.886	684.557	1.061
Poptart Cinnamon	2138565	1.00 each	25	370.000	5.000	5.000	2.000	0.000	0.000	380.000	75.000	6.000	31.000	3.600	200.000	1000.000	0.000
Breakfast Sausage Pizza	2061942	1.00 each	100	210.000	9.000	7.000	2.000	0.000	15.000	480.000	26.000	2.000	9.000	1.800	100.000	200.000	0.000
Cinnamon Crumb Loaf	2146787	1.00 loaf	25	290.000	5.000	8.000	1.500	0.000	30.000	270.000	48.000	3.000	21.000	1.440	20.000	0.000	0.000
Orange Juice	2083512	4.00 Ounce	200	55.000	1.000	0.000	0.000	0.000	0.000	14.000	14.000	0.000	14.000	0.000	10.000	100.000	30.000
Fresh Apples, 125-138 count (1/2 cup)	1681120	1/2 cup	200	31.874	0.159	0.104	0.017	0.000	0.000	0.613	8.465	1.471	6.369	0.074	3.678	33.100	2.820
1% White Milk	1730129	8.00 ounce	200	120.000	10.000	2.500	1.500	0.000	10.000	150.000	14.000	0.000	14.000	0.000	350.000	500.000	2.400
Nonfat Chocolate Milk	1730128	8.00 Ounce	200	120.000	8.000	0.000	0.000	0.000	5.000	150.000	22.000	0.000	20.000	0.000	300.000	500.000	1.800
low fat chocolate milk	2148825	8.00 oz	200	160.000	8.000	3.000	1.500	N/A*	N/A*	180.000	28.000	N/A*	28.000	N/A*	250.000	N/A*	N/A*
Weighted Daily Average				508.820	23.642	12.502	4.747	0.000*	85.491*	706.012	78.421	3.490*	52.190	2.404*	590.606*	907.830*	20.943*
% of Calories					18.59%	22.11%	8.40%	0.00%*			61.65%						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
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Wed - 09/27/2017

2017-2018 Banning High School Breakfast

		Total	400														
Poptart Frosted Strawberry	2138 537	1.00 each	25	360.000	4.000	4.500	2.000	0.000	0.000	360.000	75.000	6.000	30.000	3.600	200.000	1000.000	0.000
Honey Bun	2061 582	1.00 each	50	230.000	6.000	7.000	2.000	0.000	0.000	340.000	39.000	3.000	10.000	2.700	80.000	200.000	0.000
Yogurt w/ Graham Crackers	2145 321	1.00 serving	50	200.000	6.000	3.000	0.000	0.000	5.000	195.000	38.000	2.000	19.000	0.720	270.000	600.000	0.000
Bagel Sliced	2148 827	3.00 ounce	50	72.333	2.600	0.273	0.030	0.000	0.000	76.667	14.867	1.453	1.333	0.823	6.000	0.000	0.000
Breakfast Burrito	2058 861	2.50 ounce	75	151.470	7.870	6.300	2.650	0.010	46.910	198.400	16.720	2.510	0.000	1.280	88.690	233.580	3.070
Cinnamon Crumb Loaf	2146 787	1.00 loaf	25	290.000	5.000	8.000	1.500	0.000	30.000	270.000	48.000	3.000	21.000	1.440	20.000	0.000	0.000
Oatmeal Bites	2149 811	32.00 g	25	150.000	2.000	6.000	1.500	0.000	0.000	125.000	24.000	2.000	9.000	N/A*	N/A*	N/A*	N/A*
Chef's Special Ham, Egg and Cheese Sandwich	2146 143	1.00 sandwich	50	299.999	20.499	11.500	4.000	0.016	157.499	849.999	31.000	3.000	3.500	1.440	20.000	0.000	0.000
Egg, Cheese & Sausage Fritata w/ Toast	2147 015	1.00 each	50	180.000	12.000	8.000	3.000	0.000	200.000	450.000	18.000	2.000	1.000	1.800	120.000	400.000	0.000
Wild Berry Juice	2083 513	4.00 Ounce	200	60.000	0.000	0.000	0.000	0.000	0.000	15.000	15.000	0.000	15.000	0.000	0.000	0.000	30.000
Peach Cups	2060 906	1.00 each	200	80.000	1.000	0.000	0.000	0.000	0.000	0.000	19.000	1.000	16.000	0.360	0.000	300.000	162.000
1% White Milk	1730 129	8.00 ounce	200	120.000	10.000	2.500	1.500	0.000	10.000	150.000	14.000	0.000	14.000	0.000	350.000	500.000	2.400
Nonfat Chocolate Milk	1730 128	8.00 Ounce	200	120.000	8.000	0.000	0.000	0.000	5.000	150.000	22.000	0.000	20.000	0.000	300.000	500.000	1.800
low fat chocolate milk	2148 825	8.00 oz	200	160.000	8.000	3.000	1.500	N/A*	N/A*	180.000	28.000	N/A*	28.000	N/A*	250.000	N/A*	N/A*

Weighted Daily Average	471.1 92	21.55 1	8.809	3.438	0.004 *	63.48 3*	570.8 46	78.93 1	3.090 *	54.60 4*	1.670 *	542.3 79*	906.2 96*	98.67 6*
% of Calories		18.29 %	16.83 %	6.57 %	0.01 %*			67.01 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Thu - 09/28/2017																	
2017-2018 Banning High School Breakfast																	
		Total	400														
Chrozio Burrito	2145 085	1.00 servin g	50	200.0 00	9.000	9.000	3.500	0.000	40.00 0	370.0 00	22.00 0	3.000	0.000	2.700	150.0 00	500.0 00	1.200
French Toast Benefit Bar	2147 017	2.50 oz	50	290.0 00	5.000	9.000	2.500	0.000	25.00 0	200.0 00	47.00 0	3.000	21.00 0	1.800	40.00 0	0.000	0.000
Sweet Potato Oatmeal Muffin	2146 163	1.00 muffin	25	280.6 31	6.014	8.018	0.501	0.000	25.05 6	230.5 19	48.10 8	3.007	21.04 7	1.443	20.04 5	1252. 819	2.405
Dutch Waffle	2147 039	83.00 grams	100	300.0 00	4.000	13.00 0	3.000	0.000	20.00 0	350.0 00	43.00 0	3.000	12.00 0	1.800	40.00 0	0.000	0.000
Egg and Cheese Taquito	2148 829	2.00 taquito	100	288.0 00	17.20 0	12.00 0	7.000	N/A*	144.0 00	276.0 00	28.80 0	5.200	N/A*	0.598	258.0 00	450.0 00	N/A*
Twin Bars	2149 805	2.65 oz	25	249.0 00	2.600	7.300	0.800	0.000	14.00 0	225.0 00	43.00 0	2.700	15.00 0	1.100	4.500	N/A*	N/A*
Pancake on a Stick	2061 643	3.00 ounce	50	176.0 00	8.700	5.900	1.600	0.000	27.00 0	463.0 00	21.80 0	1.600	7.700	1.100	17.00 0	6.000	0.000
Fresh Oranges (1/2 cup)	16811 27	1/2 cup	200	125.4 05	2.508	0.320	0.040	0.000	0.000	0.000	31.35 1	6.404	24.94 8	0.267	106.7 28	600.3 42	141.9 48
Wild Berry Juice	2083 513	4.00 Ounce	200	60.00 0	0.000	0.000	0.000	0.000	0.000	15.00 0	15.00 0	0.000	15.00 0	0.000	0.000	0.000	30.00 0
1% White Milk	1730 129	8.00 ounce	200	120.0 00	10.00 0	2.500	1.500	0.000	10.00 0	150.0 00	14.00 0	0.000	14.00 0	0.000	350.0 00	500.0 00	2.400
Nonfat Chocolate Milk	1730 128	8.00 Ounce	200	120.0 00	8.000	0.000	0.000	0.000	5.000	150.0 00	22.00 0	0.000	20.00 0	0.000	300.0 00	500.0 00	1.800
low fat chocolate milk	2148 825	8.00 oz	200	160.0 00	8.000	3.000	1.500	N/A*	N/A*	180.0 00	28.00 0	N/A*	28.00 0	N/A*	250.0 00	N/A*	N/A*

Weighted Daily Average	556.0 54	22.93 0	13.10 5	5.051	0.000 *	62.44 1*	561.5 95	90.17 0	6.559 *	59.81 4*	1.592 *	605.2 73	1054. 222*	88.37 4*
% of Calories		16.49 %	21.21 %	8.18 %	0.00 %*			64.86 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Fri - 09/29/2017																	
2017-2018 Banning High School Breakfast																	
		Total	400														
Sausage, Egg and Cheese Sandwich, Chef's Special	2146 131	1.00 sand which	100	310.8 73	17.57 4	14.55 6	5.019	0.000 *	147.7 49	492.9 95	29.01 2	3.000 *	1.500 *	1.744 *	29.51 7*	0.000 *	0.000 *
Breakfast Sausage Pizza	2061 942	1.00 each	100	210.0 00	9.000	7.000	2.000	0.000	15.00 0	480.0 00	26.00 0	2.000	9.000	1.800	100.0 00	200.0 00	0.000
Honey Bun	2061 582	1.00 each	100	230.0 00	6.000	7.000	2.000	0.000	0.000	340.0 00	39.00 0	3.000	10.00 0	2.700	80.00 0	200.0 00	0.000
Poptart Frosted Fudge	2138 533	1.00 each	25	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Cinni Mini Cinnamon Rolls	2061 451	2.29 ounce	25	310.0 00	7.000	10.00 0	3.000	0.000	0.000	390.0 00	51.00 0	3.000	19.00 0	2.000	53.00 0	0.000	0.000
Cheeseburger Mini	20611 68	1.00 each	25	159.0 00	10.10 0	6.400	3.000	0.000	26.00 0	385.0 00	15.00 0	1.300	2.600	1.300	97.00 0	205.0 00	0.000
Cinnamon Crumb Loaf	2146 787	1.00 loaf	25	290.0 00	5.000	8.000	1.500	0.000	30.00 0	270.0 00	48.00 0	3.000	21.00 0	1.440	20.00 0	0.000	0.000
Wild Berry Juice	2083 513	4.00 Ounce	200	60.00 0	0.000	0.000	0.000	0.000	0.000	15.00 0	15.00 0	0.000	15.00 0	0.000	0.000	0.000	30.00 0
Fresh Pear (150 count)	16811 33	1.00 each	200	63.06 0	0.398	0.155	0.024	0.000	0.000	1.106	16.84 9	3.430	10.78 7	0.199	9.957	27.65 8	4.757
1% White Milk	1730 129	8.00 ounce	200	120.0 00	10.00 0	2.500	1.500	0.000	10.00 0	150.0 00	14.00 0	0.000	14.00 0	0.000	350.0 00	500.0 00	2.400
low fat chocolate milk	2148 825	8.00 oz	200	160.0 00	8.000	3.000	1.500	N/A*	N/A*	180.0 00	28.00 0	N/A*	28.00 0	N/A*	250.0 00	N/A*	N/A*

Nonfat Chocolate Milk	1730 128	8.00 Ounc e	200	120.0 00	8.000	0.000	0.000	0.000	5.000	150.0 00	22.00 0	0.000	20.00 0	0.000	300.0 00	500.0 00	1.800
Weighted Daily Average				496.6 86	22.72 4	11.49 2	4.236	0.000 *	51.68 7*	641.6 14	78.55 3	4.171 *	51.68 1*	1.957 *	517.9 83*	626.6 42*	19.47 9*
% of Calories					18.30 %	20.82 %	7.67 %	0.00 %*			63.26 %						

Nutrient	Menu AVG	% of Cals	Target	Pass/Fail	Shortfall/Overage	Notes/Errors
Calories (kcal)	477.199		400/550	Pass		
Protein (g)	21.247	17.81%				
Total Fat (g)	10.794	20.36%				
Saturated Fat (g)	4.069	7.68%	<10	Pass		
Trans Fat (g)	0.001*					
Cholesterol (mg)	69.677*					
Sodium (mg)	579.543		<600	Pass		
Carbohydrates (g)	76.336	63.99%				
Fiber (g)	4.288*					
Sugars (g)	47.636*					
Iron (mg)	1.843*					
Calcium (mg)	510.262*					
Vitamin A (IU)	908.698*					
Vitamin C (mg)	45.633*					

\* = Indicates missing Nutrient Information.

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