

Menu Compliance - Nutrient Detail Report



District: Banning Unified School District

School: Banning High School

Menu: 2017-2018 Banning High School Lunch

Date Range: September 01, 2017 - September 30, 2017

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Fri - 09/01/2017																	
2017-2018 Banning High School Lunch																	
		Total	650														
Domino's Pizza, RFRS Pepperoni, 10 cut 2015	2138035	1.00 slice	150	300.000	19.000	8.000	3.500	0.000	20.000	490.000	27.000	1.000	3.000	2.700	500.000	750.000	6.000
Spicy Chicken w/Chips	2138389	1.00 each	75	421.429	20.333	17.952	3.500	0.000	55.000	723.333	44.286	5.429	3.429	3.017	58.095	500.000	0.000
Cheese Burger w/Chips	2138393	1.00 each	100	419.000	19.700	16.300	5.200	0.000	38.000	529.000	48.100	5.700	6.000	2.860	120.000	200.000	0.000
Ham & Cheese Salad	2069785	1.00 each	25	245.828	23.211	13.668	7.156	0.000	92.000	1077.308	6.559	0.571	1.881	1.397	221.429	1478.857	2.914
Green Burrito w/Chips	2138399	1.00 each	50	433.700	18.280	15.130	3.550	0.340	18.870	533.930	57.490	10.920	3.270	3.960	80.000	400.000	4.800
Hot Ham and Cheese Sandwich	2149895	1.00 sandwich	50	414.999	18.499	14.500	5.000	0.016	42.499	894.999	51.000	6.000	6.500	2.160*	20.000*	0.000*	0.000*
Fajita Bowl	2150183	1.00 Bowl	100	443.000	23.200	20.400	7.000*	0.000*	76.400*	1154.000	44.600	2.000	2.350	0.792*	244.000*	20284.000*	9.600*
BBQ Rib Sandwich	2138941	1.00 each	100	452.520	20.370	17.070	4.710	0.000	42.820	712.510	53.580	5.920	12.640	1.830	67.620	5.690	9.180
Side Salad	2149287	1.00 each	225	6.571	0.286	0.000	0.000	0.000	0.000	4.000	1.143	0.571	0.571	0.257	11.429	1142.857	2.914
Jicama Sticks (1/2 cup)	1681011	1/2 cup	200	29.471	0.641	0.000	0.000	0.000	0.000	3.203	7.047	3.844	1.281	0.461	6.407	32.033	15.376
Celery Sticks (1/2 cup)	1681032	1/2 cup	225	1.371	0.059	0.015	0.004	0.000	0.000	6.857	0.255	0.137	0.115	0.017	3.429	38.486	0.266

Fresh Strawberries (1/2 cup)	1681131	1/2 cup	325	27.913	0.584	0.262	0.013	0.000	0.000	0.872	6.699	1.745	4.266	0.358	13.957	10.468	51.291
Fresh Nectarine, size 88-96	1681132	1.00 each	325	45.359	1.093	0.330	0.026	0.000	0.000	0.000	10.876	1.753	8.134	0.289	6.185	342.256	5.567
1% White Milk	1730129	8.00 ounce	225	120.000	10.000	2.500	1.500	0.000	10.000	150.000	14.000	0.000	14.000	0.000	350.000	500.000	2.400
low fat chocolate milk	2148825	8.00 oz	200	160.000	8.000	3.000	1.500	N/A*	N/A*	180.000	28.000	N/A*	28.000	N/A*	250.000	N/A*	N/A*
Strawberry Milk	2083505	1.00 each	225	130.000	8.000	0.000	0.000	0.000	5.000	115.000	27.000	0.000	26.000	0.000	30.000	500.000	1.200
Ranch Dressing	2062262	1.00 each	650	200.000	0.000	22.000	3.500	0.000	10.000	320.000	2.000	0.000	1.000	0.000	0.000	0.000	0.000
Weighted Daily Average				779.053	30.034	39.084	9.248*	0.027*	58.601*	1188.726	78.690	7.453*	35.434	2.899*	430.347*	4411.976*	40.262*
% of Calories					15.42%	45.15%	10.68%*	0.03%*			40.40%						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Tue - 09/05/2017																	
2017-2018 Banning High School Lunch																	
		Total	650														
Domino's Pizza, RFRS Pepperoni, 10 cut 2015	2138035	1.00 slice	100	300.000	19.000	8.000	3.500	0.000	20.000	490.000	27.000	1.000	3.000	2.700	500.000	750.000	6.000
Turkey & Cheese Sandwich	2138949	1.00 each	50	332.998	18.139	13.429	4.288	0.000	43.499	930.994	35.228	5.000	3.000*	2.188	137.998	135.998	0.000
Cheese Burger w/Chips	2138393	1.00 each	100	419.000	19.700	16.300	5.200	0.000	38.000	529.000	48.100	5.700	6.000	2.860	120.000	200.000	0.000
Taco Salad	2138047	1.00 scoop	50	492.882	19.287	31.542	9.810	0.000	65.437	640.874	35.397	3.591	1.261*	2.159	238.586	1430.607	2.914
Uncrustable Grape w/Chips	2138403	1.00 each	50	770.000	21.000	39.000	8.000	0.000	0.000	750.000	82.000	9.000	30.000	2.160	0.000	0.000	0.000
Chicken Tenders	2150565	3.00 piece	100	471.241	19.014	19.041	2.000	0.000	55.000	1071.586	56.193	2.000	4.000	2.885	40.000	100.000	6.033

Domino's Pizza, RFRS Pepperoni, 10 cut 2015	2138035	1.00 slice	100	300.000	19.000	8.000	3.500	0.000	20.000	490.000	27.000	1.000	3.000	2.700	500.000	750.000	6.000
Spicy Chicken w/Chips	2138389	1.00 each	50	421.429	20.333	17.952	3.500	0.000	55.000	723.333	44.286	5.429	3.429	3.017	58.095	500.000	0.000
Cheese Burger w/Chips	2138393	1.00 each	50	419.000	19.700	16.300	5.200	0.000	38.000	529.000	48.100	5.700	6.000	2.860	120.000	200.000	0.000
Ham & Cheese Sandwich	2138947	1.00 each	50	332.998	18.139	13.429	4.288	0.000	43.499	930.994	35.228	5.000	3.000*	2.188	137.998	135.998	0.000
Nachos with Taco Meat	2069780	1.00 each	150	646.084	26.517	29.447	4.965	0.038	33.670	1391.066	71.499	11.826	3.825*	5.387	298.866	138.430	1.904
Green Burrito w/Chips	2138399	1.00 each	50	433.700	18.280	15.130	3.550	0.340	18.870	533.930	57.490	10.920	3.270	3.960	80.000	400.000	4.800
Uncrustables Stawberry w/Chips	2138405	1.00 each	50	770.000	21.000	39.000	8.000	0.000	0.000	750.000	82.000	9.000	30.000	2.160	60.000	0.000	0.000
Turkey & Cheese Salad w/CROUTONS	2139941	1.00 each	50	335.571	27.006	17.360	7.156	0.000	92.000	1335.000	19.123	2.571	3.881	2.117	221.429	1478.857	2.914
Orange Popcorn Chicken	2059363	1.00 each	100	330.000	16.000	3.560	0.760	0.000	45.000	361.000	58.000	0.800	11.000*	3.370	33.400	0.000	1.200
Side Salad	2149287	1.00 each	225	6.571	0.286	0.000	0.000	0.000	0.000	4.000	1.143	0.571	0.571	0.257	11.429	1142.857	2.914
Baby Carrots (1/2 cup)	1681002	1/2 cup	205	6.201	0.113	0.023	0.004	0.000	0.000	13.820	1.460	0.514	0.843	0.158	5.670	2443.373	0.461
Celery Sticks (1/2 cup)	1681032	1/2 cup	220	1.371	0.059	0.015	0.004	0.000	0.000	6.857	0.255	0.137	0.115	0.017	3.429	38.486	0.266
Honeydew Chunks (1/2 cup)	1681146	1/2 cup	325	68.039	1.021	0.265	0.072	0.000	0.000	34.019	17.180	1.512	15.347	0.321	11.340	94.498	34.019
Cantaloupe Chunks, 18 count (1/2 cup)	1681147	1/2 cup	325	9.714	0.240	0.054	0.015	0.000	0.000	4.571	2.331	0.257	2.246	0.060	2.571	966.286	10.486
1% White Milk	1730129	8.00 ounce	225	120.000	10.000	2.500	1.500	0.000	10.000	150.000	14.000	0.000	14.000	0.000	350.000	500.000	2.400
low fat chocolate milk	2148825	8.00 oz	225	160.000	8.000	3.000	1.500	N/A*	N/A*	180.000	28.000	N/A*	28.000	N/A*	250.000	N/A*	N/A*
Strawberry Milk	2083505	1.00 each	200	130.000	8.000	0.000	0.000	0.000	5.000	115.000	27.000	0.000	26.000	0.000	30.000	500.000	1.200
Ranch Dressing	2062262	1.00 each	650	200.000	0.000	22.000	3.500	0.000	10.000	320.000	2.000	0.000	1.000	0.000	0.000	0.000	0.000
Weighted Daily Average				835.182	30.555	41.817	8.824	0.035*	51.798*	1318.317	87.138	7.267*	39.688*	3.766*	433.931	2392.713*	26.837*

% of Calories		14.63%	45.06%	9.51%	0.04%*			41.73%									
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Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Thu - 09/07/2017																	
2017-2018 Banning High School Lunch																	
		Total	650														
Domino's Pizza, RFRS Pepperoni, 10 cut 2015	2138035	1.00 slice	100	300.000	19.000	8.000	3.500	0.000	20.000	490.000	27.000	1.000	3.000	2.700	500.000	750.000	6.000
Cheese Burger w/Chips	2138393	1.00 each	100	419.000	19.700	16.300	5.200	0.000	38.000	529.000	48.100	5.700	6.000	2.860	120.000	200.000	0.000
Jumbo Turkey Corn Dog	2138239	4.00 ounce	100	357.000	10.700	13.700	3.500	0.000	42.000	934.000	46.300	4.600	10.800	2.260	67.000	0.000	0.000
Grilled BRC Burrito	2146095	1.00 Burrito	100	540.000	18.000	20.000	1.000*	0.000*	10.000	620.000	71.000	11.000	6.000	5.760	150.000	100.000	0.000*
Hot Roast Beef Sandwich	2149891	1.00 sandwich	100	496.280	28.162	18.454	6.782	0.000*	44.320	1145.280	51.599	6.000*	5.157*	2.306*	311.680*	246.400*	0.000*
Meatball SUB	2146113	1.00 Sandwich	150	448.425	26.000*	22.025	8.000*	0.000*	80.000*	862.000	37.050	4.000*	4.025*	1.800*	100.000*	0.000*	0.000*
Side Salad	2149287	1.00 each	225	6.571	0.286	0.000	0.000	0.000	0.000	4.000	1.143	0.571	0.571	0.257	11.429	1142.857	2.914
Cut Broccoli, Cooked from Fresh (1/2 cup)	1680995	1/2 cup	200	31.129	2.117	0.365	0.070	0.000	0.000	36.465	6.386	2.935	1.236	0.596	35.576	1376.785	57.722
Cherry Tomatoes (1/2 cup)	1680999	1/2 cup	225	13.608	0.665	0.151	0.021	0.000	0.000	3.780	2.941	0.907	1.988	0.204	7.560	629.737	10.357
Fresh Strawberries (1/2 cup)	1681131	1/2 cup	325	27.913	0.584	0.262	0.013	0.000	0.000	0.872	6.699	1.745	4.266	0.358	13.957	10.468	51.291
Kiwi	2145325	1.00 serving	325	111.600	2.288	1.042	0.277	N/A*	N/A*	5.580	26.468	3.720	20.423	0.539	37.200	133.920	196.044
1% White Milk	1730129	8.00 ounce	225	120.000	10.000	2.500	1.500	0.000	10.000	150.000	14.000	0.000	14.000	0.000	350.000	500.000	2.400
low fat chocolate milk	2148825	8.00 oz	200	160.000	8.000	3.000	1.500	N/A*	N/A*	180.000	28.000	N/A*	28.000	N/A*	250.000	N/A*	N/A*

Strawberry Milk	2083 505	1.00 each	225	130.0 00	8.000	0.000	0.000	0.000	5.000	115.0 00	27.00 0	0.000	26.00 0	0.000	30.00 0	500.0 00	1.200
Ranch Dressing	2062 262	1.00 each	650	200.0 00	0.000	22.00 0	3.500	0.000	10.00 0	320.0 00	2.000	0.000	1.000	0.000	0.000	0.000	0.000
Weighted Daily Average				850.5 38	31.81 1*	41.45 0	9.575 *	0.000 *	57.39 5*	1255. 221	90.85 8	9.424 *	42.76 4*	3.651 *	451.3 57*	1655. 010*	148.1 91*
% of Calories					14.96 %*	43.86 %	10.13 %*	0.00 %*			42.73 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Fri - 09/08/2017																	
2017-2018 Banning High School Lunch																	
		Total	650														
Domino's Pizza, RFRS Pepperoni, 10 cut 2015	2138 035	1.00 slice	100	300.0 00	19.00 0	8.000	3.500	0.000	20.00 0	490.0 00	27.00 0	1.000	3.000	2.700	500.0 00	750.0 00	6.000
Spicy Chicken w/Chips	2138 389	1.00 each	75	421.4 29	20.33 3	17.95 2	3.500	0.000	55.00 0	723.3 33	44.28 6	5.429	3.429	3.017	58.09 5	500.0 00	0.000
Cheese Burger w/Chips	2138 393	1.00 each	100	419.0 00	19.70 0	16.30 0	5.200	0.000	38.00 0	529.0 00	48.10 0	5.700	6.000	2.860	120.0 00	200.0 00	0.000
Ham & Cheese Salad	2069 785	1.00 each	25	245.8 28	23.21 1	13.66 8	7.156	0.000	92.00 0	1077. 308	6.559	0.571	1.881	1.397	221.4 29	1478. 857	2.914
Hot Ham and Cheese Sandwich	2149 895	1.00 sandwich	100	414.9 99	18.49 9	14.50 0	5.000	0.016	42.49 9	894.9 99	51.00 0	6.000	6.500	2.160 *	20.00 0*	0.000 *	0.000 *
Fajita Bowl	2150 183	1.00 Bowl	100	443.0 00	23.20 0	20.40 0	7.000 *	0.000 *	76.40 0*	1154. 000	44.60 0	2.000	2.350	0.792 *	244.0 00*	20284 .000*	9.600 *
BBQ Rib Sandwich	2138 941	1.00 each	50	452.5 20	20.37 0	17.07 0	4.710	0.000	42.82 0	712.5 10	53.58 0	5.920	12.64 0	1.830	67.62 0	5.690	9.180
Green Burrito w/Chips	2138 399	1.00 each	50	433.7 00	18.28 0	15.13 0	3.550	0.340	18.87 0	533.9 30	57.49 0	10.92 0	3.270	3.960	80.00 0	400.0 00	4.800
BBQ Chicken Drumstick	2151 671	1.00 drumstick	50	280.0 00	17.00 0	7.500	2.000	0.000	70.00 0	545.0 00	37.00 0	1.000	11.00 0	2.160 *	20.00 0*	0.000 *	0.000 *
Side Salad	2149 287	1.00 each	200	6.571	0.286	0.000	0.000	0.000	0.000	4.000	1.143	0.571	0.571	0.257	11.42 9	1142. 857	2.914

Corn on the Cob	2138 019	2.00 cobbet tes	225	180.5 60	4.840	1.300	0.000	0.000	0.000	2.140	37.40 0	4.280	5.300	0.720	4.480	76.26 0	9.560
Vegetarian Beans, Cooked from Canned (1/2 cup)	1681 028	1/2 cup	225	0.508	0.026	0.002	0.000	0.000	0.000	1.854	0.114	0.022	0.043	0.006	0.184	0.584	0.000
Fresh Oranges (1/2 cup)	16811 27	1/2 cup	325	125.4 05	2.508	0.320	0.040	0.000	0.000	0.000	31.35 1	6.404	24.94 8	0.267	106.7 28	600.3 42	141.9 48
Banana	4261 63	1.00 each	325	89.89 0	1.101	0.333	0.113	0.000	0.000	1.010	23.06 8	2.626	12.35 2	0.263	5.050	64.64 0	8.787
1% White Milk	1730 129	8.00 ounce	225	120.0 00	10.00 0	2.500	1.500	0.000	10.00 0	150.0 00	14.00 0	0.000	14.00 0	0.000	350.0 00	500.0 00	2.400
low fat chocolate milk	2148 825	8.00 oz	200	160.0 00	8.000	3.000	1.500	N/A*	N/A*	180.0 00	28.00 0	N/A*	28.00 0	N/A*	250.0 00	N/A*	N/A*
Strawberry Milk	2083 505	1.00 each	225	130.0 00	8.000	0.000	0.000	0.000	5.000	115.0 00	27.00 0	0.000	26.00 0	0.000	30.00 0	500.0 00	1.200
Ranch Dressing	2062 262	1.00 each	210	200.0 00	0.000	22.00 0	3.500	0.000	10.00 0	320.0 00	2.000	0.000	1.000	0.000	0.000	0.000	0.000
Weighted Daily Average				763.1 37	32.15 8	24.43 2	6.841 *	0.029 *	55.65 3*	988.3 18	107.0 14	10.46 2*	48.74 4	2.918 *	433.5 95*	4469. 441*	84.40 7*
% of Calories					16.86 %	28.81 %	8.07 %*	0.03 %*			56.09 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Mon - 09/11/2017																	
2017-2018 Banning High School Lunch																	
		Total	650														
Grilled BRC Burrito	2146 095	1.00 Burrito	100	540.0 00	18.00 0	20.00 0	1.000 *	0.000 *	10.00 0	620.0 00	71.00 0	11.00 0	6.000	5.760	150.0 00	100.0 00	0.000 *
Domino's Pizza	2138 031	1.00 slice	100	259.7 16	18.97 9	7.991	3.496	0.000	19.97 8	459.4 97	26.97 0	0.999	2.997	1.798	499.4 53	749.1 80	4.795
Salad	2146 471	1.00 each	50	246.8 28	14.49 1	19.30 8	12.00 0	0.000	60.00 0	386.3 08	4.579	0.571	0.871	0.617	419.4 29	1710. 857	2.914
Cheese Sandwich	2138 943	1.00 each	50	325.9 99	12.27 9	15.85 9	6.579	0.000	27.00 0	701.9 94	34.45 1	5.000	3.000 *	1.491	215.9 96	271.9 96	0.000

Uncrustable Grape w/Chips	2138 403	1.00 each	50	770.0 00	21.00 0	39.00 0	8.000	0.000	0.000	750.0 00	82.00 0	9.000	30.00 0	2.160	0.000	0.000	0.000
Fruit and Yogurt Parfait	2150 575	1.00 parfait	50	695.7 95	23.06 4	12.96 4	2.821	0.000	22.50 0	309.4 28	123.4 80	6.288	62.94 9	3.944	112.1 61*	6.804	33.33 9*
Quesadilla w/Chips	2138 407	1.00 each	50	470.0 00	20.00 0	24.00 0	12.00 0	0.000	45.00 0	650.0 00	43.00 0	5.000	4.000	2.160	500.0 00	500.0 00	3.600
Chili Topped Potato Sticks	2149 331	1.00 Bowl	100	595.9 96	17.00 0	24.03 6	7.500	0.000	55.00 0*	985.3 58	78.15 4	6.986	16.14 6	3.780	283.7 89	3771. 716	8.425
Vegetable Chow Mein	2150 577	5.50 oz	100	450.0 00	17.00 0*	4.500	1.000	0.000	18.00 0*	766.0 00*	73.00 0	12.00 0	6.000	1.440	60.00 0*	600.0 00*	7.200
Side Salad	2149 287	1.00 each	225	6.571	0.286	0.000	0.000	0.000	0.000	4.000	1.143	0.571	0.571	0.257	11.42 9	1142. 857	2.914
Zucchini Sticks (1/2 cup)	1681 036	1/2 cup	225	13.07 0	0.930	0.246	0.065	0.000	0.000	6.150	2.391	0.769	1.922	0.284	12.30 1	153.7 60	13.76 2
Cucumber Slices, with peel (1/2 cup)	1681 029	1/2 cup	220	10.97 4	0.476	0.080	0.027	0.000	0.000	1.463	2.656	0.366	1.222	0.205	11.70 6	76.81 8	2.048
Fresh Apples, 100 count (1/2 cup)	16811 21	1/2 cup	325	30.23 9	0.151	0.099	0.016	0.000	0.000	0.582	8.031	1.396	6.042	0.070	3.489	31.40 3	2.675
Banana	4261 63	1.00 each	325	89.89 0	1.101	0.333	0.113	0.000	0.000	1.010	23.06 8	2.626	12.35 2	0.263	5.050	64.64 0	8.787
1% White Milk	1730 129	8.00 ounce	225	120.0 00	10.00 0	2.500	1.500	0.000	10.00 0	150.0 00	14.00 0	0.000	14.00 0	0.000	350.0 00	500.0 00	2.400
Strawberry Milk	2083 505	1.00 each	225	130.0 00	8.000	0.000	0.000	0.000	5.000	115.0 00	27.00 0	0.000	26.00 0	0.000	30.00 0	500.0 00	1.200
low fat chocolate milk	2148 825	8.00 oz	200	160.0 00	8.000	3.000	1.500	N/A*	N/A*	180.0 00	28.00 0	N/A*	28.00 0	N/A*	250.0 00	N/A*	N/A*
Ranch Dressing	2062 262	1.00 each	650	200.0 00	0.000	22.00 0	3.500	0.000	10.00 0	320.0 00	2.000	0.000	1.000	0.000	0.000	0.000	0.000
Weighted Daily Average				883.2 73	27.80 7*	41.36 2*	9.761	0.000	42.92 0*	1122. 646*	102.9 22	9.355	46.48 2*	3.187	473.6 82*	1863. 731*	19.65 0*
% of Calories					12.59 %*	42.14 %*	9.95 %*	0.00 %*			46.61 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Tue - 09/12/2017																	

2017-2018 Banning High School Lunch

		Total	650														
Domino's Pizza, RFRS Pepperoni, 10 cut 2015	2138035	1.00 slice	100	300.000	19.000	8.000	3.500	0.000	20.000	490.000	27.000	1.000	3.000	2.700	500.000	750.000	6.000
Turkey & Cheese Sandwich	2138949	1.00 each	50	332.998	18.139	13.429	4.288	0.000	43.499	930.994	35.228	5.000	3.000*	2.188	137.998	135.998	0.000
Cheese Burger w/Chips	2138393	1.00 each	100	419.000	19.700	16.300	5.200	0.000	38.000	529.000	48.100	5.700	6.000	2.860	120.000	200.000	0.000
Taco Salad	2138047	1.00 scoop	50	492.882	19.287	31.542	9.810	0.000	65.437	640.874	35.397	3.591	1.261*	2.159	238.586	1430.607	2.914
Uncrustable Grape w/Chips	2138403	1.00 each	50	770.000	21.000	39.000	8.000	0.000	0.000	750.000	82.000	9.000	30.000	2.160	0.000	0.000	0.000
Chicken Tenders	2150565	3.00 piece	100	471.241	19.014	19.041	2.000	0.000	55.000	1071.586	56.193	2.000	4.000	2.885	40.000	100.000	6.033
Grilled BRC Burrito	2146095	1.00 Burrito	50	540.000	18.000	20.000	1.000*	0.000*	10.000	620.000	71.000	11.000	6.000	5.760	150.000	100.000	0.000*
Chicken Taquitos	2138009	2.00 TAQUITOS	100	560.000	23.000	20.000	4.000	0.000	40.000	1020.000	75.000	10.000	4.000	3.240	100.000	100.000	0.000
Chilidog w/Chips	2138409	1.00 each	50	482.510	18.010	23.290	6.940	0.000	49.840	1037.310	49.150	5.890	5.690	2.960	280.850	376.420	0.140
Side Salad	2149287	1.00 each	220	6.571	0.286	0.000	0.000	0.000	0.000	4.000	1.143	0.571	0.571	0.257	11.429	1142.857	2.914
Celery Sticks (1/2 cup)	1681032	1/2 cup	225	1.371	0.059	0.015	0.004	0.000	0.000	6.857	0.255	0.137	0.115	0.017	3.429	38.486	0.266
Baby Carrots (1/2 cup)	2151675	1/2 cup	225	12.403	0.227	0.046	0.008	0.000	0.000	27.641	2.920	1.028	1.687	0.315	11.340	4886.745	0.921
Mango	2146725	100.00 grams	325	80.000	0.000	0.000	0.000	0.000	0.000	0.000	19.000	2.000	14.000	0.000	0.000	500.000	12.000
Honeydew Chunks (1/2 cup)	1681146	1/2 cup	325	68.039	1.021	0.265	0.072	0.000	0.000	34.019	17.180	1.512	15.347	0.321	11.340	94.498	34.019
1% White Milk	1730129	8.00 ounce	225	120.000	10.000	2.500	1.500	0.000	10.000	150.000	14.000	0.000	14.000	0.000	350.000	500.000	2.400
low fat chocolate milk	2148825	8.00 oz	200	160.000	8.000	3.000	1.500	N/A*	N/A*	180.000	28.000	N/A*	28.000	N/A*	250.000	N/A*	N/A*

Strawberry Milk	2083 505	1.00 each	225	130.0 00	8.000	0.000	0.000	0.000	5.000	115.0 00	27.00 0	0.000	26.00 0	0.000	30.00 0	500.0 00	1.200
Ranch Dressing	2062 262	1.00 each	650	200.0 00	0.000	22.00 0	3.500	0.000	10.00 0	320.0 00	2.000	0.000	1.000	0.000	0.000	0.000	0.000
Weighted Daily Average				887.4 63	29.08 0	43.47 6	9.093 *	0.000 *	51.71 4*	1282. 063	97.10 4	7.882 *	45.10 2*	3.331 *	402.1 46	3069. 182*	27.73 9*
% of Calories					13.11 %	44.09 %	9.22 %*	0.00 %*			43.77 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Wed - 09/13/2017																	
2017-2018 Banning High School Lunch																	
		Total	650														
Domino's Pizza, RFRS Pepperoni, 10 cut 2015	2138 035	1.00 slice	100	300.0 00	19.00 0	8.000	3.500	0.000	20.00 0	490.0 00	27.00 0	1.000	3.000	2.700	500.0 00	750.0 00	6.000
Spicy Chicken w/Chips	2138 389	1.00 each	50	421.4 29	20.33 3	17.95 2	3.500	0.000	55.00 0	723.3 33	44.28 6	5.429	3.429	3.017	58.09 5	500.0 00	0.000
Cheese Burger w/Chips	2138 393	1.00 each	50	419.0 00	19.70 0	16.30 0	5.200	0.000	38.00 0	529.0 00	48.10 0	5.700	6.000	2.860	120.0 00	200.0 00	0.000
Ham & Cheese Sandwich	2138 947	1.00 each	50	332.9 98	18.13 9	13.42 9	4.288	0.000	43.49 9	930.9 94	35.22 8	5.000	3.000 *	2.188	137.9 98	135.9 98	0.000
BBQ Teryaki Chicken	2150 567	2.60 Ounce	100	390.0 00	22.00 0	8.500	1.000	0.000	70.00 0	1204. 000	58.00 0	4.000	13.00 0	3.600	40.00 0	5000. 000	9.600
Green Burrito w/Chips	2138 399	1.00 each	50	433.7 00	18.28 0	15.13 0	3.550	0.340	18.87 0	533.9 30	57.49 0	10.92 0	3.270	3.960	80.00 0	400.0 00	4.800
Uncrustables Stawberry w/Chips	2138 405	1.00 each	50	770.0 00	21.00 0	39.00 0	8.000	0.000	0.000	750.0 00	82.00 0	9.000	30.00 0	2.160	60.00 0	0.000	0.000
Turkey & Cheese Salad w/Croutons	2139 941	1.00 each	50	335.5 71	27.00 6	17.36 0	7.156	0.000	92.00 0	1335. 000	19.12 3	2.571	3.881	2.117	221.4 29	1478. 857	2.914
BRC Cups	2149 345	1.00 bowl	50	495.0 00	17.50 0	24.00 0	7.500 *	0.000 *	30.00 0*	955.0 00	54.00 0	7.500	1.650	0.180 *	204.0 00*	284.0 00*	0.000 *
Chicken Tenders	2150 565	3.00 piece	100	471.2 41	19.01 4	19.04 1	2.000	0.000	55.00 0	1071. 586	56.19 3	2.000	4.000	2.885	40.00 0	100.0 00	6.033

Side Salad	2149 287	1.00 each	225	6.571	0.286	0.000	0.000	0.000	0.000	4.000	1.143	0.571	0.571	0.257	11.42 9	1142. 857	2.914
Potato Wedges, Baked from Frozen (1/2 cup)	1681 016	1/2 cup	225	68.78 5	2.306	0.000	0.000	0.000	0.000	8.095	16.14 5	1.515	N/A*	0.807	14.16 1	0.000	9.910
Broccoli Florets (1/2 cup)	1680 992	1/2 cup	200	1.074	0.089	0.012	0.001	0.000	0.000	1.043	0.210	0.082	0.054	0.023	1.485	19.68 5	2.818
Cantaloupe Chunks, 18 count (1/2 cup)	16811 47	1/2 cup	325	9.714	0.240	0.054	0.015	0.000	0.000	4.571	2.331	0.257	2.246	0.060	2.571	966.2 86	10.48 6
Diced Peaches, Canned (1/2 cup)	16811 08	1/2 cup	325	52.99 6	0.504	0.134	0.000	0.000	0.000	5.998	13.39 4	1.298	N/A*	0.378	5.998	339.9 98	3.805
1% White Milk	1730 129	8.00 ounce	225	120.0 00	10.00 0	2.500	1.500	0.000	10.00 0	150.0 00	14.00 0	0.000	14.00 0	0.000	350.0 00	500.0 00	2.400
low fat chocolate milk	2148 825	8.00 oz	225	160.0 00	8.000	3.000	1.500	N/A*	N/A*	180.0 00	28.00 0	N/A*	28.00 0	N/A*	250.0 00	N/A*	N/A*
Strawberry Milk	2083 505	1.00 each	200	130.0 00	8.000	0.000	0.000	0.000	5.000	115.0 00	27.00 0	0.000	26.00 0	0.000	30.00 0	500.0 00	1.200
Ranch Dressing	2062 262	1.00 each	650	200.0 00	0.000	22.00 0	3.500	0.000	10.00 0	320.0 00	2.000	0.000	1.000	0.000	0.000	0.000	0.000
Weighted Daily Average				820.0 92	30.14 2	40.48 3	8.561 *	0.026 *	58.64 4*	1347. 748	86.65 1	6.149 *	31.89 3*	3.275 *	387.5 63*	2512. 408*	17.57 3*
% of Calories					14.70 %	44.43 %	9.40 %*	0.03 %*			42.26 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Thu - 09/14/2017																	
2017-2018 Banning High School Lunch																	
		Total	650														
Domino's Pizza, RFRS Pepperoni, 10 cut 2015	2138 035	1.00 slice	100	300.0 00	19.00 0	8.000	3.500	0.000	20.00 0	490.0 00	27.00 0	1.000	3.000	2.700	500.0 00	750.0 00	6.000
Cheese Burger w/Chips	2138 393	1.00 each	100	419.0 00	19.70 0	16.30 0	5.200	0.000	38.00 0	529.0 00	48.10 0	5.700	6.000	2.860	120.0 00	200.0 00	0.000
Jumbo Turkey Corn Dog	2138 239	4.00 ounce	100	357.0 00	10.70 0	13.70 0	3.500	0.000	42.00 0	934.0 00	46.30 0	4.600	10.80 0	2.260	67.00 0	0.000	0.000

Domino's Pizza, RFRS Pepperoni, 10 cut 2015	2138035	1.00 slice	100	300.000	19.000	8.000	3.500	0.000	20.000	490.000	27.000	1.000	3.000	2.700	500.000	750.000	6.000
Spicy Chicken w/Chips	2138389	1.00 each	75	421.429	20.333	17.952	3.500	0.000	55.000	723.333	44.286	5.429	3.429	3.017	58.095	500.000	0.000
Cheese Burger w/Chips	2138393	1.00 each	100	419.000	19.700	16.300	5.200	0.000	38.000	529.000	48.100	5.700	6.000	2.860	120.000	200.000	0.000
Ham & Cheese Salad	2069785	1.00 each	25	245.828	23.211	13.668	7.156	0.000	92.000	1077.308	6.559	0.571	1.881	1.397	221.429	1478.857	2.914
Hot Ham and Cheese Sandwich	2149895	1.00 sandwich	100	414.999	18.499	14.500	5.000	0.016	42.499	894.999	51.000	6.000	6.500	2.160*	20.000*	0.000*	0.000*
Fajita Bowl	2150183	1.00 Bowl	100	443.000	23.200	20.400	7.000*	0.000*	76.400*	1154.000	44.600	2.000	2.350	0.792*	244.000*	20284.000*	9.600*
BBQ Rib Sandwich	2138941	1.00 each	100	452.520	20.370	17.070	4.710	0.000	42.820	712.510	53.580	5.920	12.640	1.830	67.620	5.690	9.180
Green Burrito w/Chips	2138399	1.00 each	50	433.700	18.280	15.130	3.550	0.340	18.870	533.930	57.490	10.920	3.270	3.960	80.000	400.000	4.800
BBQ Chicken Drumstick	2151671	1.00 drumstick	50	280.000	17.000	7.500	2.000	0.000	70.000	545.000	37.000	1.000	11.000	2.160*	20.000*	0.000*	0.000*
Side Salad	2149287	1.00 each	200	6.571	0.286	0.000	0.000	0.000	0.000	4.000	1.143	0.571	0.571	0.257	11.429	1142.857	2.914
Corn on the Cob	2138019	2.00 cobbettes	225	180.560	4.840	1.300	0.000	0.000	0.000	2.140	37.400	4.280	5.300	0.720	4.480	76.260	9.560
Vegetarian Beans, Cooked from Canned (1/2 cup)	1681028	1/2 cup	225	0.508	0.026	0.002	0.000	0.000	0.000	1.854	0.114	0.022	0.043	0.006	0.184	0.584	0.000
Watermelon Chunks (1/2 cup)	1681148	1/2 cup	325	7.600	0.155	0.038	0.004	0.000	0.000	0.253	1.913	0.101	1.571	0.061	1.773	144.147	2.052
Fresh Apples, 100 count (1/2 cup)	1681121	1/2 cup	325	30.239	0.151	0.099	0.016	0.000	0.000	0.582	8.031	1.396	6.042	0.070	3.489	31.403	2.675
1% White Milk	1730129	8.00 ounce	225	120.000	10.000	2.500	1.500	0.000	10.000	150.000	14.000	0.000	14.000	0.000	350.000	500.000	2.400
low fat chocolate milk	2148825	8.00 oz	200	160.000	8.000	3.000	1.500	N/A*	N/A*	180.000	28.000	N/A*	28.000	N/A*	250.000	N/A*	N/A*
Strawberry Milk	2083505	1.00 each	225	130.000	8.000	0.000	0.000	0.000	5.000	115.000	27.000	0.000	26.000	0.000	30.000	500.000	1.200
Ranch Dressing	2062262	1.00 each	210	200.000	0.000	22.000	3.500	0.000	10.000	320.000	2.000	0.000	1.000	0.000	0.000	0.000	0.000

Weighted Daily Average	709.2 18	32.07 3	25.48 7	7.137 *	0.029 *	58.94 7*	1043. 039	88.89 8	7.151 *	34.87 3	2.860 *	385.5 39*	4225. 162*	12.10 9*
% of Calories		18.09 %	32.34 %	9.06 %*	0.04 %*			50.14 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Mon - 09/18/2017																	
2017-2018 Banning High School Lunch																	
		Total	650														
Grilled BRC Burrito	2146 095	1.00 Burrito	100	540.0 00	18.00 0	20.00 0	1.000 *	0.000 *	10.00 0	620.0 00	71.00 0	11.00 0	6.000	5.760	150.0 00	100.0 00	0.000 *
Domino's Pizza	2138 031	1.00 slice	100	259.7 16	18.97 9	7.991	3.496	0.000	19.97 8	459.4 97	26.97 0	0.999	2.997	1.798	499.4 53	749.1 80	4.795
Salad	2146 471	1.00 each	50	246.8 28	14.49 1	19.30 8	12.00 0	0.000	60.00 0	386.3 08	4.579	0.571	0.871	0.617	419.4 29	1710. 857	2.914
Cheese Sandwich	2138 943	1.00 each	50	325.9 99	12.27 9	15.85 9	6.579	0.000	27.00 0	701.9 94	34.45 1	5.000	3.000 *	1.491	215.9 96	271.9 96	0.000
Uncrustable Grape w/Chips	2138 403	1.00 each	50	770.0 00	21.00 0	39.00 0	8.000	0.000	0.000	750.0 00	82.00 0	9.000	30.00 0	2.160	0.000	0.000	0.000
Fruit and Yogurt Parfait	2150 575	1.00 parfait	50	695.7 95	23.06 4	12.96 4	2.821	0.000 *	22.50 0	309.4 28	123.4 80	6.288 *	62.94 9	3.944 *	112.1 61*	6.804 *	33.33 9*
Quesadilla w/Chips	2138 407	1.00 each	50	470.0 00	20.00 0	24.00 0	12.00 0	0.000	45.00 0	650.0 00	43.00 0	5.000	4.000	2.160	500.0 00	500.0 00	3.600
Veggie Burger	2150 201	1.00 sandwich	100	275.4 29	15.83 3	11.15 2	2.500	0.000	63.00 0	375.3 33	30.58 6	3.829	3.029	2.657	148.0 95	1500. 000	0.000
Tamale Cheese & Green Chile	2150 193	1.00 serving	100	530.0 00	19.00 0	31.00 0	8.500	0.000	35.00 0	921.0 00	48.00 0	7.000	3.000	0.720 *	300.0 00*	750.0 00*	9.000 *
Side Salad	2149 287	1.00 each	325	6.571	0.286	0.000	0.000	0.000	0.000	4.000	1.143	0.571	0.571	0.257	11.42 9	1142. 857	2.914
Baby Carrots (1/2 cup)	2151 675	1/2 cup	325	12.40 3	0.227	0.046	0.008	0.000	0.000	27.64 1	2.920	1.028	1.687	0.315	11.34 0	4886. 745	0.921
Mango	2146 725	100.00 grams	325	80.00 0	0.000	0.000	0.000	0.000	0.000	0.000	19.00 0	2.000	14.00 0	0.000	0.000	500.0 00	12.00 0

Sliced Peaches, Canned (1/2 cup)	1681118	1/2 cup	325	52.996	0.504	0.139	0.000	0.000	0.000	5.998	13.394	1.298	N/A*	0.378	5.998	339.998	3.805
1% White Milk	1730129	8.00 ounce	225	120.000	10.000	2.500	1.500	0.000	10.000	150.000	14.000	0.000	14.000	0.000	350.000	500.000	2.400
Strawberry Milk	2083505	1.00 each	225	130.000	8.000	0.000	0.000	0.000	5.000	115.000	27.000	0.000	26.000	0.000	30.000	500.000	1.200
low fat chocolate milk	2148825	8.00 oz	200	160.000	8.000	3.000	1.500	N/A*	N/A*	180.000	28.000	N/A*	28.000	N/A*	250.000	N/A*	N/A*
Ranch Dressing	2062262	1.00 each	650	200.000	0.000	22.000	3.500	0.000	10.000	320.000	2.000	0.000	1.000	0.000	0.000	0.000	0.000
Weighted Daily Average				851.671	27.236	43.221	10.053*	0.000*	46.766*	1066.657	92.315	7.950*	41.658*	2.955*	487.667*	4449.263*	16.254*
% of Calories					12.79%	45.67%	10.62%*	0.00%*			43.36%						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Tue - 09/19/2017																	
2017-2018 Banning High School Lunch																	
		Total	650														
Domino's Pizza, RFRS Pepperoni, 10 cut 2015	2138035	1.00 slice	100	300.000	19.000	8.000	3.500	0.000	20.000	490.000	27.000	1.000	3.000	2.700	500.000	750.000	6.000
Turkey & Cheese Sandwich	2138949	1.00 each	50	332.998	18.139	13.429	4.288	0.000	43.499	930.994	35.228	5.000	3.000*	2.188	137.998	135.998	0.000
Cheese Burger w/Chips	2138393	1.00 each	100	419.000	19.700	16.300	5.200	0.000	38.000	529.000	48.100	5.700	6.000	2.860	120.000	200.000	0.000
Taco Salad	2138047	1.00 scoop	50	492.882	19.287	31.542	9.810	0.000	65.437	640.874	35.397	3.591	1.261*	2.159	238.586	1430.607	2.914
Uncrustable Grape w/Chips	2138403	1.00 each	50	770.000	21.000	39.000	8.000	0.000	0.000	750.000	82.000	9.000	30.000	2.160	0.000	0.000	0.000
Chicken Tenders	2150565	3.00 piece	100	471.241	19.014	19.041	2.000	0.000	55.000	1071.586	56.193	2.000	4.000	2.885	40.000	100.000	6.033
Grilled BRC Burrito	2146095	1.00 Burrito	50	540.000	18.000	20.000	1.000*	0.000*	10.000	620.000	71.000	11.000	6.000	5.760	150.000	100.000	0.000*

Chicken Taquitos	2138 009	2.00 TAQUI TOS	100	560.0 00	23.00 0	20.00 0	4.000	0.000	40.00 0	1020. 000	75.00 0	10.00 0	4.000	3.240	100.0 00	100.0 00	0.000
Chilidog w/Chips	2138 409	1.00 each	50	482.5 10	18.01 0	23.29 0	6.940	0.000	49.84 0	1037. 310	49.15 0	5.890	5.690	2.960	280.8 50	376.4 20	0.140
Side Salad	2149 287	1.00 each	225	6.571	0.286	0.000	0.000	0.000	0.000	4.000	1.143	0.571	0.571	0.257	11.42 9	1142. 857	2.914
Cauliflower Florets (1/2 cup)	1681 030	1/2 cup	200	1.366	0.105	0.015	0.007	0.000	0.000	1.639	0.272	0.109	0.104	0.023	1.202	0.000	2.634
Broccoli Florets (1/2 cup)	1680 992	1/2 cup	225	1.074	0.089	0.012	0.001	0.000	0.000	1.043	0.210	0.082	0.054	0.023	1.485	19.68 5	2.818
Fresh Apples, 100 count (1/2 cup)	16811 21	1/2 cup	325	30.23 9	0.151	0.099	0.016	0.000	0.000	0.582	8.031	1.396	6.042	0.070	3.489	31.40 3	2.675
Fresh Oranges (1/2 cup)	16811 27	1/2 cup	325	125.4 05	2.508	0.320	0.040	0.000	0.000	0.000	31.35 1	6.404	24.94 8	0.267	106.7 28	600.3 42	141.9 48
1% White Milk	1730 129	8.00 ounce	225	120.0 00	10.00 0	2.500	1.500	0.000	10.00 0	150.0 00	14.00 0	0.000	14.00 0	0.000	350.0 00	500.0 00	2.400
low fat chocolate milk	2148 825	8.00 oz	200	160.0 00	8.000	3.000	1.500	N/A*	N/A*	180.0 00	28.00 0	N/A*	28.00 0	N/A*	250.0 00	N/A*	N/A*
Strawberry Milk	2083 505	1.00 each	225	130.0 00	8.000	0.000	0.000	0.000	5.000	115.0 00	27.00 0	0.000	26.00 0	0.000	30.00 0	500.0 00	1.200
Ranch Dressing	2062 262	1.00 each	650	200.0 00	0.000	22.00 0	3.500	0.000	10.00 0	320.0 00	2.000	0.000	1.000	0.000	0.000	0.000	0.000
Weighted Daily Average				887.3 40	29.86 6	43.54 1	9.083 *	0.000 *	51.71 4*	1254. 299	97.77 1	9.689 *	45.35 5*	3.242 *	447.4 44	1398. 524*	78.43 8*
% of Calories					13.46 %	44.16 %	9.21 %*	0.00 %*			44.07 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Wed - 09/20/2017																	
2017-2018 Banning High School Lunch																	
		Total	650														
Domino's Pizza, RFRS Pepperoni, 10 cut 2015	2138 035	1.00 slice	100	300.0 00	19.00 0	8.000	3.500	0.000	20.00 0	490.0 00	27.00 0	1.000	3.000	2.700	500.0 00	750.0 00	6.000

Spicy Chicken w/Chips	2138 389	1.00 each	50	421.4 29	20.33 3	17.95 2	3.500	0.000	55.00 0	723.3 33	44.28 6	5.429	3.429	3.017	58.09 5	500.0 00	0.000
Cheese Burger w/Chips	2138 393	1.00 each	50	419.0 00	19.70 0	16.30 0	5.200	0.000	38.00 0	529.0 00	48.10 0	5.700	6.000	2.860	120.0 00	200.0 00	0.000
Ham & Cheese Sandwich	2138 947	1.00 each	50	332.9 98	18.13 9	13.42 9	4.288	0.000	43.49 9	930.9 94	35.22 8	5.000	3.000 *	2.188	137.9 98	135.9 98	0.000
BBQ Teryaki Chicken	2150 567	2.60 Ounce	100	390.0 00	22.00 0	8.500	1.000	0.000	70.00 0	1204. 000	58.00 0	4.000	13.00 0	3.600	40.00 0	5000. 000	9.600
Nachos with Taco Meat	2069 780	1.00 each	150	646.0 84	26.51 7	29.44 7	4.965	0.038	33.67 0	1391. 066	71.49 9	11.82 6	3.825 *	5.387	298.8 66	138.4 30	1.904
Green Burrito w/Chips	2138 399	1.00 each	50	433.7 00	18.28 0	15.13 0	3.550	0.340	18.87 0	533.9 30	57.49 0	10.92 0	3.270	3.960	80.00 0	400.0 00	4.800
Uncrustables Stawberry w/Chips	2138 405	1.00 each	50	770.0 00	21.00 0	39.00 0	8.000	0.000	0.000	750.0 00	82.00 0	9.000	30.00 0	2.160	60.00 0	0.000	0.000
Turkey & Cheese Salad w/CROUTONS	2139 941	1.00 each	50	335.5 71	27.00 6	17.36 0	7.156	0.000	92.00 0	1335. 000	19.12 3	2.571	3.881	2.117	221.4 29	1478. 857	2.914
Side Salad	2149 287	1.00 each	225	6.571	0.286	0.000	0.000	0.000	0.000	4.000	1.143	0.571	0.571	0.257	11.42 9	1142. 857	2.914
Cherry Tomatoes (1/2 cup)	1680 999	1/2 cup	225	13.60 8	0.665	0.151	0.021	0.000	0.000	3.780	2.941	0.907	1.988	0.204	7.560	629.7 37	10.35 7
Celery Sticks (1/2 cup)	1681 032	1/2 cup	200	1.371	0.059	0.015	0.004	0.000	0.000	6.857	0.255	0.137	0.115	0.017	3.429	38.48 6	0.266
Banana	4261 63	1.00 each	325	89.89 0	1.101	0.333	0.113	0.000	0.000	1.010	23.06 8	2.626	12.35 2	0.263	5.050	64.64 0	8.787
Watermelon Chunks (1/2 cup)	16811 48	1/2 cup	325	7.600	0.155	0.038	0.004	0.000	0.000	0.253	1.913	0.101	1.571	0.061	1.773	144.1 47	2.052
1% White Milk	1730 129	8.00 ounce	225	120.0 00	10.00 0	2.500	1.500	0.000	10.00 0	150.0 00	14.00 0	0.000	14.00 0	0.000	350.0 00	500.0 00	2.400
low fat chocolate milk	2148 825	8.00 oz	225	160.0 00	8.000	3.000	1.500	N/A*	N/A*	180.0 00	28.00 0	N/A*	28.00 0	N/A*	250.0 00	N/A*	N/A*
Strawberry Milk	2083 505	1.00 each	200	130.0 00	8.000	0.000	0.000	0.000	5.000	115.0 00	27.00 0	0.000	26.00 0	0.000	30.00 0	500.0 00	1.200
Ranch Dressing	2062 262	1.00 each	650	200.0 00	0.000	22.00 0	3.500	0.000	10.00 0	320.0 00	2.000	0.000	1.000	0.000	0.000	0.000	0.000
Weighted Daily Average				856.9 94	31.66 8	42.64 7	8.882	0.035 *	55.64 5*	1426. 085	90.42 3	8.386 *	38.57 9*	3.793 *	432.1 26	2182. 144*	14.72 8*
% of Calories					14.78 %	44.79 %	9.33 %	0.04 %*			42.20 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Thu - 09/21/2017																	
2017-2018 Banning High School Lunch																	
		Total	650														
Domino's Pizza, RFRS Pepperoni, 10 cut 2015	2138035	1.00 slice	100	300.000	19.000	8.000	3.500	0.000	20.000	490.000	27.000	1.000	3.000	2.700	500.000	750.000	6.000
Cheese Burger w/Chips	2138393	1.00 each	100	419.000	19.700	16.300	5.200	0.000	38.000	529.000	48.100	5.700	6.000	2.860	120.000	200.000	0.000
Jumbo Turkey Corn Dog	2138239	4.00 ounce	100	357.000	10.700	13.700	3.500	0.000	42.000	934.000	46.300	4.600	10.800	2.260	67.000	0.000	0.000
Grilled BRC Burrito	2146095	1.00 Burrito	50	540.000	18.000	20.000	1.000*	0.000*	10.000	620.000	71.000	11.000	6.000	5.760	150.000	100.000	0.000*
Hot Roast Beef Sandwich	2149891	1.00 sandwich	50	496.280	28.162	18.454	6.782	0.000*	44.320	1145.280	51.599	6.000*	5.157*	2.306*	311.680*	246.400*	0.000*
BBQ Beef Sandwich	2146551	1.00 sandwich	150	428.000	23.000	19.000	6.000	0.000	45.000	880.000	40.000	3.000	10.000	1.800*	100.000*	0.000*	0.000*
Pastrami Sub	2150195	1.00 sub	100	438.277	33.387	19.578	7.819	0.000*	100.319	1628.761	34.624	3.000	5.182	4.133	311.680	246.400	0.000
Side Salad	2149287	1.00 each	225	6.571	0.286	0.000	0.000	0.000	0.000	4.000	1.143	0.571	0.571	0.257	11.429	1142.857	2.914
Vegetarian Beans, Cooked from Canned (1/2 cup)	1681028	1/2 cup	225	0.508	0.026	0.002	0.000	0.000	0.000	1.854	0.114	0.022	0.043	0.006	0.184	0.584	0.000
Corn on the Cob	2138019	2.00 cobbettes	200	180.560	4.840	1.300	0.000	0.000	0.000	2.140	37.400	4.280	5.300	0.720	4.480	76.260	9.560
Kiwi	2145325	1.00 serving	325	111.600	2.288	1.042	0.277	N/A*	N/A*	5.580	26.468	3.720	20.423	0.539	37.200	133.920	196.044
Fresh Strawberries (1/2 cup)	1681131	1/2 cup	325	27.913	0.584	0.262	0.013	0.000	0.000	0.872	6.699	1.745	4.266	0.358	13.957	10.468	51.291
1% White Milk	1730129	8.00 ounce	225	120.000	10.000	2.500	1.500	0.000	10.000	150.000	14.000	0.000	14.000	0.000	350.000	500.000	2.400
low fat chocolate milk	2148825	8.00 oz	200	160.000	8.000	3.000	1.500	N/A*	N/A*	180.000	28.000	N/A*	28.000	N/A*	250.000	N/A*	N/A*

Strawberry Milk	2083 505	1.00 each	225	130.0 00	8.000	0.000	0.000	0.000	5.000	115.0 00	27.00 0	0.000	26.00 0	0.000	30.00 0	500.0 00	1.200
Ranch Dressing	2062 262	1.00 each	650	200.0 00	0.000	22.00 0	3.500	0.000	10.00 0	320.0 00	2.000	0.000	1.000	0.000	0.000	0.000	0.000
Weighted Daily Average				874.9 82	33.32 1	41.04 2	9.689 *	0.000 *	60.57 4*	1362. 934	95.99 9	8.455 *	44.65 9*	3.636 *	451.6 72*	1048. 327*	129.7 87*
% of Calories					15.23 %	42.22 %	9.97 %*	0.00 %*			43.89 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Fri - 09/22/2017																	
2017-2018 Banning High School Lunch																	
		Total	650														
Domino's Pizza, RFRS Pepperoni, 10 cut 2015	2138 035	1.00 slice	100	300.0 00	19.00 0	8.000	3.500	0.000	20.00 0	490.0 00	27.00 0	1.000	3.000	2.700	500.0 00	750.0 00	6.000
Spicy Chicken w/Chips	2138 389	1.00 each	75	421.4 29	20.33 3	17.95 2	3.500	0.000	55.00 0	723.3 33	44.28 6	5.429	3.429	3.017	58.09 5	500.0 00	0.000
Cheese Burger w/Chips	2138 393	1.00 each	100	419.0 00	19.70 0	16.30 0	5.200	0.000	38.00 0	529.0 00	48.10 0	5.700	6.000	2.860	120.0 00	200.0 00	0.000
Ham & Cheese Salad	2069 785	1.00 each	25	245.8 28	23.21 1	13.66 8	7.156	0.000	92.00 0	1077. 308	6.559	0.571	1.881	1.397	221.4 29	1478. 857	2.914
Hot Ham and Cheese Sandwich	2149 895	1.00 sandwich	100	414.9 99	18.49 9	14.50 0	5.000	0.016	42.49 9	894.9 99	51.00 0	6.000	6.500	2.160 *	20.00 0*	0.000 *	0.000 *
Fajita Bowl	2150 183	1.00 Bowl	100	443.0 00	23.20 0	20.40 0	7.000 *	0.000 *	76.40 0*	1154. 000	44.60 0	2.000	2.350	0.792 *	244.0 00*	20284 .000*	9.600 *
BBQ Rib Sandwich	2138 941	1.00 each	100	452.5 20	20.37 0	17.07 0	4.710	0.000	42.82 0	712.5 10	53.58 0	5.920	12.64 0	1.830	67.62 0	5.690	9.180
Green Burrito w/Chips	2138 399	1.00 each	50	433.7 00	18.28 0	15.13 0	3.550	0.340	18.87 0	533.9 30	57.49 0	10.92 0	3.270	3.960	80.00 0	400.0 00	4.800
BBQ Chicken Drumstick	2151 671	1.00 drumstick	50	280.0 00	17.00 0	7.500	2.000	0.000	70.00 0	545.0 00	37.00 0	1.000	11.00 0	2.160 *	20.00 0*	0.000 *	0.000 *
Side Salad	2149 287	1.00 each	225	6.571	0.286	0.000	0.000	0.000	0.000	4.000	1.143	0.571	0.571	0.257	11.42 9	1142. 857	2.914

Corn on the Cob	2138 019	2.00 cobbet tes	220	180.5 60	4.840	1.300	0.000	0.000	0.000	2.140	37.40 0	4.280	5.300	0.720	4.480	76.26 0	9.560
Vegetarian Beans, Cooked from Canned (1/2 cup)	1681 028	1/2 cup	220	0.508	0.026	0.002	0.000	0.000	0.000	1.854	0.114	0.022	0.043	0.006	0.184	0.584	0.000
Honeydew Chunks (1/2 cup)	16811 46	1/2 cup	325	68.03 9	1.021	0.265	0.072	0.000	0.000	34.01 9	17.18 0	1.512	15.34 7	0.321	11.34 0	94.49 8	34.01 9
Cantaloupe Chunks, 18 count (1/2 cup)	16811 47	1/2 cup	325	9.714	0.240	0.054	0.015	0.000	0.000	4.571	2.331	0.257	2.246	0.060	2.571	966.2 86	10.48 6
1% White Milk	1730 129	8.00 ounce	225	120.0 00	10.00 0	2.500	1.500	0.000	10.00 0	150.0 00	14.00 0	0.000	14.00 0	0.000	350.0 00	500.0 00	2.400
low fat chocolate milk	2148 825	8.00 oz	200	160.0 00	8.000	3.000	1.500	N/A*	N/A*	180.0 00	28.00 0	N/A*	28.00 0	N/A*	250.0 00	N/A*	N/A*
Strawberry Milk	2083 505	1.00 each	225	130.0 00	8.000	0.000	0.000	0.000	5.000	115.0 00	27.00 0	0.000	26.00 0	0.000	30.00 0	500.0 00	1.200
Ranch Dressing	2062 262	1.00 each	210	200.0 00	0.000	22.00 0	3.500	0.000	10.00 0	320.0 00	2.000	0.000	1.000	0.000	0.000	0.000	0.000
Weighted Daily Average				728.0 35	32.52 4	25.56 8	7.170 *	0.029 *	58.94 7*	1062. 039	93.43 7	7.276 *	39.84 4	2.989 *	390.2 67*	4711. 144*	32.03 7*
% of Calories					17.87 %	31.61 %	8.86 %*	0.04 %*			51.34 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturate d Fat (g)	Trans Fat (g)	Choleste rol (mg)	Sodium (mg)	Carbohyd rates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Mon - 09/25/2017																	
2017-2018 Banning High School Lunch																	
		Total	650														
Grilled BRC Burrito	2146 095	1.00 Burrito	100	540.0 00	18.00 0	20.00 0	1.000 *	0.000 *	10.00 0	620.0 00	71.00 0	11.00 0	6.000	5.760	150.0 00	100.0 00	0.000 *
Domino's Pizza	2138 031	1.00 slice	100	259.7 16	18.97 9	7.991	3.496	0.000	19.97 8	459.4 97	26.97 0	0.999	2.997	1.798	499.4 53	749.1 80	4.795
Salad	2146 471	1.00 each	50	246.8 28	14.49 1	19.30 8	12.00 0	0.000	60.00 0	386.3 08	4.579	0.571	0.871	0.617	419.4 29	1710. 857	2.914
Cheese Sandwich	2138 943	1.00 each	50	325.9 99	12.27 9	15.85 9	6.579	0.000	27.00 0	701.9 94	34.45 1	5.000	3.000 *	1.491	215.9 96	271.9 96	0.000

Uncrustable Grape w/Chips	2138 403	1.00 each	50	770.0 00	21.00 0	39.00 0	8.000	0.000	0.000	750.0 00	82.00 0	9.000	30.00 0	2.160	0.000	0.000	0.000
Fruit and Yogurt Parfait	2150 575	1.00 parfait	50	695.7 95	23.06 4	12.96 4	2.821	0.000	22.50 0	309.4 28	123.4 80	6.288	62.94 9	3.944	112.1 61*	6.804	33.33 9*
Quesadilla w/Chips	2138 407	1.00 each	50	470.0 00	20.00 0	24.00 0	12.00 0	0.000	45.00 0	650.0 00	43.00 0	5.000	4.000	2.160	500.0 00	500.0 00	3.600
Vegetable Chow Mein	2150 577	5.50 oz	100	450.0 00	17.00 0*	4.500 *	1.000 *	0.000	18.00 0*	766.0 00*	73.00 0	12.00 0	6.000 *	1.440 *	60.00 0*	600.0 00*	7.200 *
Enchilada with Beans	2150 185	1.00 plate	100	326.0 30	14.52 0	16.08 0	5.600	0.000	20.98 0	665.4 60	33.85 0	6.030	1.140	1.180 *	201.4 40*	303.3 40*	0.000 *
Side Salad	2149 287	1.00 each	325	6.571	0.286	0.000	0.000	0.000	0.000	4.000	1.143	0.571	0.571	0.257	11.42 9	1142. 857	2.914
Cherry Tomatoes (1/2 cup)	1680 999	1/2 cup	325	13.60 8	0.665	0.151	0.021	0.000	0.000	3.780	2.941	0.907	1.988	0.204	7.560	629.7 37	10.35 7
Fresh Oranges (1/2 cup)	16811 27	1/2 cup	325	125.4 05	2.508	0.320	0.040	0.000	0.000	0.000	31.35 1	6.404	24.94 8	0.267	106.7 28	600.3 42	141.9 48
Banana	4261 63	1.00 each	325	89.89 0	1.101	0.333	0.113	0.000	0.000	1.010	23.06 8	2.626	12.35 2	0.263	5.050	64.64 0	8.787
1% White Milk	1730 129	8.00 ounce	225	120.0 00	10.00 0	2.500	1.500	0.000	10.00 0	150.0 00	14.00 0	0.000	14.00 0	0.000	350.0 00	500.0 00	2.400
Strawberry Milk	2083 505	1.00 each	225	130.0 00	8.000	0.000	0.000	0.000	5.000	115.0 00	27.00 0	0.000	26.00 0	0.000	30.00 0	500.0 00	1.200
low fat chocolate milk	2148 825	8.00 oz	200	160.0 00	8.000	3.000	1.500	N/A*	N/A*	180.0 00	28.00 0	N/A*	28.00 0	N/A*	250.0 00	N/A*	N/A*
Ranch Dressing	2062 262	1.00 each	650	200.0 00	0.000	22.00 0	3.500	0.000	10.00 0	320.0 00	2.000	0.000	1.000	0.000	0.000	0.000	0.000
Weighted Daily Average				888.9 00	28.49 8*	40.21 1*	9.459 *	0.000 *	37.68 6*	1073. 021*	107.6 86	11.86 3*	53.62 9*	2.859 *	509.9 51*	2026. 072*	88.16 0*
% of Calories					12.82 %*	40.71 %*	9.58 %*	0.00 %*			48.46 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Tue - 09/26/2017																	
2017-2018 Banning High School Lunch																	

		Total	650														
Domino's Pizza, RFRS Pepperoni, 10 cut 2015	2138035	1.00 slice	100	300.000	19.000	8.000	3.500	0.000	20.000	490.000	27.000	1.000	3.000	2.700	500.000	750.000	6.000
Turkey & Cheese Sandwich	2138949	1.00 each	50	332.998	18.139	13.429	4.288	0.000	43.499	930.994	35.228	5.000	3.000*	2.188	137.998	135.998	0.000
Cheese Burger w/Chips	2138393	1.00 each	100	419.000	19.700	16.300	5.200	0.000	38.000	529.000	48.100	5.700	6.000	2.860	120.000	200.000	0.000
Taco Salad	2138047	1.00 scoop	50	492.882	19.287	31.542	9.810	0.000	65.437	640.874	35.397	3.591	1.261*	2.159	238.586	1430.607	2.914
Uncrustable Grape w/Chips	2138403	1.00 each	50	770.000	21.000	39.000	8.000	0.000	0.000	750.000	82.000	9.000	30.000	2.160	0.000	0.000	0.000
Chicken Tenders	2150565	3.00 piece	100	471.241	19.014	19.041	2.000	0.000	55.000	1071.586	56.193	2.000	4.000	2.885	40.000	100.000	6.033
Grilled BRC Burrito	2146095	1.00 Burrito	50	540.000	18.000	20.000	1.000*	0.000*	10.000	620.000	71.000	11.000	6.000	5.760	150.000	100.000	0.000*
Chicken Taquitos	2138009	2.00 TAQUITOS	100	560.000	23.000	20.000	4.000	0.000	40.000	1020.000	75.000	10.000	4.000	3.240	100.000	100.000	0.000
Chilidog w/Chips	2138409	1.00 each	50	482.510	18.010	23.290	6.940	0.000	49.840	1037.310	49.150	5.890	5.690	2.960	280.850	376.420	0.140
Side Salad	2149287	1.00 each	225	6.571	0.286	0.000	0.000	0.000	0.000	4.000	1.143	0.571	0.571	0.257	11.429	1142.857	2.914
Jicama Sticks (1/2 cup)	1681011	1/2 cup	225	29.471	0.641	0.000	0.000	0.000	0.000	3.203	7.047	3.844	1.281	0.461	6.407	32.033	15.376
Cucumber Slices, with peel (1/2 cup)	1681029	1/2 cup	200	10.974	0.476	0.080	0.027	0.000	0.000	1.463	2.656	0.366	1.222	0.205	11.706	76.818	2.048
Watermelon Chunks (1/2 cup)	1681148	1/2 cup	325	7.600	0.155	0.038	0.004	0.000	0.000	0.253	1.913	0.101	1.571	0.061	1.773	144.147	2.052
Fresh Apples, 125-138 count (1/2 cup)	1681120	1/2 cup	325	31.874	0.159	0.104	0.017	0.000	0.000	0.613	8.465	1.471	6.369	0.074	3.678	33.100	2.820
1% White Milk	1730129	8.00 ounce	225	120.000	10.000	2.500	1.500	0.000	10.000	150.000	14.000	0.000	14.000	0.000	350.000	500.000	2.400
low fat chocolate milk	2148825	8.00 oz	200	160.000	8.000	3.000	1.500	N/A*	N/A*	180.000	28.000	N/A*	28.000	N/A*	250.000	N/A*	N/A*
Strawberry Milk	2083505	1.00 each	225	130.000	8.000	0.000	0.000	0.000	5.000	115.000	27.000	0.000	26.000	0.000	30.000	500.000	1.200

Ranch Dressing	2062 262	1.00 each	650	200.0 00	0.000	22.00 0	3.500	0.000	10.00 0	320.0 00	2.000	0.000	1.000	0.000	0.000	0.000	
Weighted Daily Average				842.0 41	28.99 9	43.41 8	9.072 *	0.000 *	51.71 4*	1255. 134	86.36 9	7.956 *	34.59 9*	3.348 *	399.9 96	1199. 185*	12.73 0*
% of Calories					13.78 %	46.41 %	9.70 %*	0.00 %*			41.03 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Wed - 09/27/2017																	
2017-2018 Banning High School Lunch																	
		Total	650														
Domino's Pizza, RFRS Pepperoni, 10 cut 2015	2138 035	1.00 slice	100	300.0 00	19.00 0	8.000	3.500	0.000	20.00 0	490.0 00	27.00 0	1.000	3.000	2.700	500.0 00	750.0 00	6.000
Spicy Chicken w/Chips	2138 389	1.00 each	50	421.4 29	20.33 3	17.95 2	3.500	0.000	55.00 0	723.3 33	44.28 6	5.429	3.429	3.017	58.09 5	500.0 00	0.000
Cheese Burger w/Chips	2138 393	1.00 each	50	419.0 00	19.70 0	16.30 0	5.200	0.000	38.00 0	529.0 00	48.10 0	5.700	6.000	2.860	120.0 00	200.0 00	0.000
Ham & Cheese Sandwich	2138 947	1.00 each	50	332.9 98	18.13 9	13.42 9	4.288	0.000	43.49 9	930.9 94	35.22 8	5.000	3.000 *	2.188	137.9 98	135.9 98	0.000
BBQ Teryaki Chicken	2150 567	2.60 Ounce	100	390.0 00	22.00 0	8.500	1.000	0.000	70.00 0	1204. 000	58.00 0	4.000	13.00 0	3.600	40.00 0	5000. 000	9.600
Nachos with Taco Meat	2069 780	1.00 each	150	646.0 84	26.51 7	29.44 7	4.965	0.038	33.67 0	1391. 066	71.49 9	11.82 6	3.825 *	5.387	298.8 66	138.4 30	1.904
Green Burrito w/Chips	2138 399	1.00 each	50	433.7 00	18.28 0	15.13 0	3.550	0.340	18.87 0	533.9 30	57.49 0	10.92 0	3.270	3.960	80.00 0	400.0 00	4.800
Uncrustables Strawberry w/Chips	2138 405	1.00 each	50	770.0 00	21.00 0	39.00 0	8.000	0.000	0.000	750.0 00	82.00 0	9.000	30.00 0	2.160	60.00 0	0.000	0.000
Turkey & Cheese Salad w/Croutons	2139 941	1.00 each	50	335.5 71	27.00 6	17.36 0	7.156	0.000	92.00 0	1335. 000	19.12 3	2.571	3.881	2.117	221.4 29	1478. 857	2.914
Side Salad	2149 287	1.00 each	225	6.571	0.286	0.000	0.000	0.000	0.000	4.000	1.143	0.571	0.571	0.257	11.42 9	1142. 857	2.914
Broccoli Florets (1/2 cup)	1680 992	1/2 cup	200	1.074	0.089	0.012	0.001	0.000	0.000	1.043	0.210	0.082	0.054	0.023	1.485	19.68 5	2.818

VEGETARIAN BEANS	2138013	4.00 ounce	225	120.000	7.000	0.000	0.000	0.000	0.000	480.000	23.000	6.000	4.000	1.800	60.000	100.000	0.000
Diced Peaches, Canned (1/2 cup)	1681108	1/2 cup	325	52.996	0.504	0.134	0.000	0.000	0.000	5.998	13.394	1.298	N/A*	0.378	5.998	339.998	3.805
Mango	2146725	100.00 grams	325	80.000	0.000	0.000	0.000	0.000	0.000	0.000	19.000	2.000	14.000	0.000	0.000	500.000	12.000
1% White Milk	1730129	8.00 ounce	225	120.000	10.000	2.500	1.500	0.000	10.000	150.000	14.000	0.000	14.000	0.000	350.000	500.000	2.400
low fat chocolate milk	2148825	8.00 oz	225	160.000	8.000	3.000	1.500	N/A*	N/A*	180.000	28.000	N/A*	28.000	N/A*	250.000	N/A*	N/A*
Strawberry Milk	2083505	1.00 each	200	130.000	8.000	0.000	0.000	0.000	5.000	115.000	27.000	0.000	26.000	0.000	30.000	500.000	1.200
Ranch Dressing	2062262	1.00 each	650	200.000	0.000	22.000	3.500	0.000	10.000	320.000	2.000	0.000	1.000	0.000	0.000	0.000	0.000
Weighted Daily Average				911.484	33.494	42.475	8.815	0.035*	55.645*	1591.509	101.059	10.418*	39.295*	4.375*	449.268	2308.595*	14.411*
% of Calories					14.70%	41.94%	8.70%	0.03%*			44.35%						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Thu - 09/28/2017																	
2017-2018 Banning High School Lunch																	
		Total	650														
Domino's Pizza, RFRS Pepperoni, 10 cut 2015	2138035	1.00 slice	100	300.000	19.000	8.000	3.500	0.000	20.000	490.000	27.000	1.000	3.000	2.700	500.000	750.000	6.000
Cheese Burger w/Chips	2138393	1.00 each	100	419.000	19.700	16.300	5.200	0.000	38.000	529.000	48.100	5.700	6.000	2.860	120.000	200.000	0.000
Jumbo Turkey Corn Dog	2138239	4.00 ounce	100	357.000	10.700	13.700	3.500	0.000	42.000	934.000	46.300	4.600	10.800	2.260	67.000	0.000	0.000
Grilled BRC Burrito	2146095	1.00 Burrito	50	540.000	18.000	20.000	1.000*	0.000*	10.000	620.000	71.000	11.000	6.000	5.760	150.000	100.000	0.000*
Hot Roast Beef Sandwich	2149891	1.00 sandwich	50	496.280	28.162	18.454	6.782	0.000*	44.320	1145.280	51.599	6.000*	5.157*	2.306*	311.680*	246.400*	0.000*

Sausage Sub	2150 189	1.00 sandwich	100	573.4 10	32.59 0	31.22 9	10.88 3	0.000	85.00 0	1001. 907	40.72 5	5.021	6.427	2.066 *	103.9 69*	1564. 892*	92.30 6*
Penne Pasta with Meatballs	2146 543	1.00 Bowl	150	340.8 50	19.00 0*	14.05 0	3.000 *	0.000 *	55.00 0*	404.0 00	38.10 0	7.000 *	2.050 *	0.360 *	20.00 0*	N/A*	N/A*
Side Salad	2149 287	1.00 each	325	6.571	0.286	0.000	0.000	0.000	0.000	4.000	1.143	0.571	0.571	0.257	11.42 9	1142. 857	2.914
Zucchini Sticks (1/2 cup)	1681 036	1/2 cup	325	13.07 0	0.930	0.246	0.065	0.000	0.000	6.150	2.391	0.769	1.922	0.284	12.30 1	153.7 60	13.76 2
Fresh Oranges (1/2 cup)	16811 27	1/2 cup	325	125.4 05	2.508	0.320	0.040	0.000	0.000	0.000	31.35 1	6.404	24.94 8	0.267	106.7 28	600.3 42	141.9 48
Kiwi	2145 325	1.00 serving	325	111.6 00	2.288	1.042	0.277	N/A*	N/A*	5.580	26.46 8	3.720	20.42 3	0.539	37.20 0	133.9 20	196.0 44
1% White Milk	1730 129	8.00 ounce	225	120.0 00	10.00 0	2.500	1.500	0.000	10.00 0	150.0 00	14.00 0	0.000	14.00 0	0.000	350.0 00	500.0 00	2.400
low fat chocolate milk	2148 825	8.00 oz	200	160.0 00	8.000	3.000	1.500	N/A*	N/A*	180.0 00	28.00 0	N/A*	28.00 0	N/A*	250.0 00	N/A*	N/A*
Strawberry Milk	2083 505	1.00 each	225	130.0 00	8.000	0.000	0.000	0.000	5.000	115.0 00	27.00 0	0.000	26.00 0	0.000	30.00 0	500.0 00	1.200
Ranch Dressing	2062 262	1.00 each	650	200.0 00	0.000	22.00 0	3.500	0.000	10.00 0	320.0 00	2.000	0.000	1.000	0.000	0.000	0.000	0.000
Weighted Daily Average				876.2 19	32.24 8*	41.44 3	9.514 *	0.000 *	60.52 5*	1158. 603	98.65 0	11.16 6*	52.76 0*	2.898 *	454.1 07*	1775. 146*	193.7 04*
% of Calories					14.72 %*	42.57 %*	9.77 %*	0.00 %*			45.03 %*						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Fri - 09/29/2017																	
2017-2018 Banning High School Lunch																	
		Total	650														
Domino's Pizza, RFRS Pepperoni, 10 cut 2015	2138 035	1.00 slice	100	300.0 00	19.00 0	8.000	3.500	0.000	20.00 0	490.0 00	27.00 0	1.000	3.000	2.700	500.0 00	750.0 00	6.000
Spicy Chicken w/Chips	2138 389	1.00 each	75	421.4 29	20.33 3	17.95 2	3.500	0.000	55.00 0	723.3 33	44.28 6	5.429	3.429	3.017	58.09 5	500.0 00	0.000

Cheese Burger w/Chips	2138 393	1.00 each	100	419.0 00	19.70 0	16.30 0	5.200	0.000	38.00 0	529.0 00	48.10 0	5.700	6.000	2.860	120.0 00	200.0 00	0.000
Ham & Cheese Salad	2069 785	1.00 each	25	245.8 28	23.21 1	13.66 8	7.156	0.000	92.00 0	1077. 308	6.559	0.571	1.881	1.397	221.4 29	1478. 857	2.914
Hot Ham and Cheese Sandwich	2149 895	1.00 sandw hich	100	414.9 99	18.49 9	14.50 0	5.000	0.016	42.49 9	894.9 99	51.00 0	6.000	6.500	2.160 *	20.00 0*	0.000 *	0.000 *
Fajita Bowl	2150 183	1.00 Bowl	100	443.0 00	23.20 0	20.40 0	7.000 *	0.000 *	76.40 0*	1154. 000	44.60 0	2.000	2.350	0.792 *	244.0 00*	20284 .000*	9.600 *
BBQ Rib Sandwich	2138 941	1.00 each	100	452.5 20	20.37 0	17.07 0	4.710	0.000	42.82 0	712.5 10	53.58 0	5.920	12.64 0	1.830	67.62 0	5.690	9.180
Green Burrito w/Chips	2138 399	1.00 each	50	433.7 00	18.28 0	15.13 0	3.550	0.340	18.87 0	533.9 30	57.49 0	10.92 0	3.270	3.960	80.00 0	400.0 00	4.800
BBQ Chicken Drumstick	2151 671	1.00 drumst ick	50	280.0 00	17.00 0	7.500	2.000	0.000	70.00 0	545.0 00	37.00 0	1.000	11.00 0	2.160 *	20.00 0*	0.000 *	0.000 *
Side Salad	2149 287	1.00 each	225	6.571	0.286	0.000	0.000	0.000	0.000	4.000	1.143	0.571	0.571	0.257	11.42 9	1142. 857	2.914
Cauliflower Florets (1/2 cup)	1681 030	1/2 cup	200	1.366	0.105	0.015	0.007	0.000	0.000	1.639	0.272	0.109	0.104	0.023	1.202	0.000	2.634
Baby Carrots (1/2 cup)	2151 675	1/2 cup	225	12.40 3	0.227	0.046	0.008	0.000	0.000	27.64 1	2.920	1.028	1.687	0.315	11.34 0	4886. 745	0.921
Honeydew Chunks (1/2 cup)	16811 46	1/2 cup	325	68.03 9	1.021	0.265	0.072	0.000	0.000	34.01 9	17.18 0	1.512	15.34 7	0.321	11.34 0	94.49 8	34.01 9
Cantaloupe Chunks, 18 count (1/2 cup)	16811 47	1/2 cup	325	9.714	0.240	0.054	0.015	0.000	0.000	4.571	2.331	0.257	2.246	0.060	2.571	966.2 86	10.48 6
1% White Milk	1730 129	8.00 ounce	225	120.0 00	10.00 0	2.500	1.500	0.000	10.00 0	150.0 00	14.00 0	0.000	14.00 0	0.000	350.0 00	500.0 00	2.400
low fat chocolate milk	2148 825	8.00 oz	200	160.0 00	8.000	3.000	1.500	N/A*	N/A*	180.0 00	28.00 0	N/A*	28.00 0	N/A*	250.0 00	N/A*	N/A*
Strawberry Milk	2083 505	1.00 each	225	130.0 00	8.000	0.000	0.000	0.000	5.000	115.0 00	27.00 0	0.000	26.00 0	0.000	30.00 0	500.0 00	1.200
Ranch Dressing	2062 262	1.00 each	210	200.0 00	0.000	22.00 0	3.500	0.000	10.00 0	320.0 00	2.000	0.000	1.000	0.000	0.000	0.000	0.000
Weighted Daily Average				671.4 64	30.98 8	25.14 8	7.175 *	0.029 *	58.94 7*	1070. 760	81.83 5	6.209 *	38.65 1	2.859 *	392.9 84*	6376. 701*	29.93 0*
% of Calories					18.46 %	33.71 %	9.62 %*	0.04 %*			48.75 %						

Nutrient	Menu AVG	% of Cals	Target	Pass/Fail	Shortfall/Overage	Notes/Errors
Calories (kcal)	828.621		750/850	Pass		
Protein (g)	30.597*	14.77%*				
Total Fat (g)	38.476*	41.79%*				
Saturated Fat (g)	8.762*	9.52%*	<10	Pass		
Trans Fat (g)	0.014*					
Cholesterol (mg)	53.938*					
Sodium (mg)	1212.775*		<1420	Pass		
Carbohydrates (g)	92.985	44.89%				
Fiber (g)	8.613*					
Sugars (g)	41.607*					
Iron (mg)	3.232*					
Calcium (mg)	431.548*					
Vitamin A (IU)	2788.095*					
Vitamin C (mg)	55.222*					

* = Indicates missing Nutrient Information.

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