

Menu Compliance - Nutrient Detail Report



District: Banning Unified School District

School: Florida Discovery Center

Menu: 2017-2018 Florida St PK Snack

Date Range: September 01, 2017 - September 30, 2017

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Fri - 09/01/2017																	
2017-2018 Florida St PK Snack																	
		Total	50														
Wild Berry Juice	2083513	4.00 Ounce	50	60.000	0.000	0.000	0.000	0.000	0.000	15.000	15.000	0.000	15.000	0.000	0.000	0.000	30.000
Sun Chips Cheddar	2138639	1.00 each	50	140.000	2.000	6.000	1.000	0.000	0.000	210.000	18.000	2.000	2.000	0.360	0.000	0.000	0.000
Weighted Daily Average				200.000	2.000	6.000	1.000	0.000	0.000	225.000	33.000	2.000	17.000	0.360	0.000	0.000	30.000
% of Calories					4.00%	27.00%	4.50%	0.00%			66.00%						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Tue - 09/05/2017																	
2017-2018 Florida St PK Snack																	
		Total	50														
Kix Cereal	2151299	30.00 grams	50	109.146	1.984	0.992	0.000	0.000	0.000	178.602	24.806	2.977	2.977	8.037	148.835	496.116	5.953
1% White Milk	1730129	8.00 ounce	50	120.000	10.000	2.500	1.500	0.000	10.000	150.000	14.000	0.000	14.000	0.000	350.000	500.000	2.400

Weighted Daily Average	229.146	11.984	3.492	1.500	0.000	10.000	328.602	38.806	2.977	16.977	8.037	498.835	996.116	8.353
% of Calories		20.92%	13.72%	5.89%	0.00%			67.74%						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Wed - 09/06/2017																	
2017-2018 Florida St PK Snack																	
		Total	50														
Baby Carrots (1/2 cup)	1681002	1/2 cup	50	6.201	0.113	0.023	0.004	0.000	0.000	13.820	1.460	0.514	0.843	0.158	5.670	2443.373	0.461
Apple Juice	2083509	4.00 Ounce	50	55.000	0.000	0.000	0.000	0.000	0.000	15.000	15.000	0.000	15.000	0.000	0.000	0.000	30.000
Weighted Daily Average				61.201	0.113	0.023	0.004	0.000	0.000	28.820	16.460	0.514	15.843	0.158	5.670	2443.373	30.461
% of Calories					0.74%	0.34%	0.06%	0.00%			107.58%						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Thu - 09/07/2017																	
2017-2018 Florida St PK Snack																	
		Total	50														
Fruit Cup	2151697	1.00 cup	50	139.379	1.000	0.000	0.000	0.000	0.000	0.000	34.852	3.984	27.891	0.350	0.000	896.116	23.307
1% White Milk	1730129	8.00 ounce	50	120.000	10.000	2.500	1.500	0.000	10.000	150.000	14.000	0.000	14.000	0.000	350.000	500.000	2.400
Weighted Daily Average				259.379	11.000	2.500	1.500	0.000	10.000	150.000	48.852	3.984	41.891	0.350	350.000	1396.116	25.707

% of Calories		16.96%	8.67%	5.20%	0.00%			75.34%									
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Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Fri - 09/08/2017																	
2017-2018 Florida St PK Snack																	
		Total	50														
Orange Juice	2083512	4.00 Ounce	50	55.000	1.000	0.000	0.000	0.000	0.000	14.000	14.000	0.000	14.000	0.000	10.000	100.000	30.000
Goldfish Crackers	2066930	1.00 each	50	100.000	2.000	3.500	0.500	0.000	5.000	180.000	14.000	1.000	0.000	0.720	20.000	0.000	0.000
Weighted Daily Average				155.000	3.000	3.500	0.500	0.000	5.000	194.000	28.000	1.000	14.000	0.720	30.000	100.000	30.000
% of Calories					7.74%	20.32%	2.90%	0.00%			72.26%						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Mon - 09/11/2017																	
2017-2018 Florida St PK Snack																	
		Total	50														
1% White Milk	1730129	8.00 ounce	50	120.000	10.000	2.500	1.500	0.000	10.000	150.000	14.000	0.000	14.000	0.000	350.000	500.000	2.400
Education Crackers	2151737	1.00 bag	50	120.000	2.000	4.000	0.000	0.000	0.000	65.000	22.000	2.000	6.000	N/A*	N/A*	N/A*	N/A*
Weighted Daily Average				240.000	12.000	6.500	1.500	0.000	10.000	215.000	36.000	2.000	20.000	0.000*	350.000*	500.000*	2.400*
% of Calories					20.00%	24.38%	5.63%	0.00%			60.00%						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Tue - 09/12/2017																	
2017-2018 Florida St PK Snack																	
		Total	50														
Fruit Cup	2151697	1.00 cup	50	139.379	1.000	0.000	0.000	0.000	0.000	0.000	34.852	3.984	27.891	0.350	0.000	896.116	23.307
1% White Milk	1730129	8.00 ounce	50	120.000	10.000	2.500	1.500	0.000	10.000	150.000	14.000	0.000	14.000	0.000	350.000	500.000	2.400
Weighted Daily Average				259.379	11.000	2.500	1.500	0.000	10.000	150.000	48.852	3.984	41.891	0.350	350.000	1396.116	25.707
% of Calories					16.96%	8.67%	5.20%	0.00%			75.34%						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Wed - 09/13/2017																	
2017-2018 Florida St PK Snack																	
		Total	50														
Apple Juice	2083509	4.00 Ounce	25	55.000	0.000	0.000	0.000	0.000	0.000	15.000	15.000	0.000	15.000	0.000	0.000	0.000	30.000
Beef Stick	2151723	1.00 stick	50	30.000	4.000	1.000	0.000	0.000	10.000	190.000	1.000	N/A*	1.000	N/A*	N/A*	N/A*	N/A*
Weighted Daily Average				57.500	4.000	1.000	0.000	0.000	10.000	197.500	8.500	0.000*	8.500	0.000*	0.000*	0.000*	15.000*
% of Calories					27.83%	15.65%	0.00%	0.00%			59.13%						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
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Thu - 09/14/2017

2017-2018 Florida St PK Snack

		Total	50															
Wild Berry Juice	2083 513	4.00 Ounc e	50	60.00 0	0.000	0.000	0.000	0.000	0.000	0.000	15.00 0	15.00 0	0.000	15.00 0	0.000	0.000	0.000	30.00 0
Soft Pretzel	2151 703	1.00 pretz el	50	70.00 0	2.000	0.500	0.000	0.000	0.000	0.000	100.0 00	14.00 0	1.000	0.000	0.720	0.000	0.000	1.200
Weighted Daily Average				130.0 00	2.000	0.500	0.000	0.000	0.000	0.000	115.0 00	29.00 0	1.000	15.00 0	0.720	0.000	0.000	31.20 0
% of Calories					6.15 %	3.46 %	0.00 %	0.00 %				89.23 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Fri - 09/15/2017																	
2017-2018 Florida St PK Snack																	
		Total	50														
Apple Juice	2083 509	4.00 Ounc e	50	55.00 0	0.000	0.000	0.000	0.000	0.000	15.00 0	15.00 0	0.000	15.00 0	0.000	0.000	0.000	30.00 0
Sun Chips	2138 629	1.00 each	50	140.0 00	2.000	6.000	1.000	0.000	0.000	120.0 00	18.00 0	3.000	2.000	0.360	0.000	0.000	0.000
Weighted Daily Average				195.0 00	2.000	6.000	1.000	0.000	0.000	135.0 00	33.00 0	3.000	17.00 0	0.360	0.000	0.000	30.00 0
% of Calories					4.10 %	27.69 %	4.62 %	0.00 %				67.69 %					

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Mon - 09/18/2017																	

2017-2018 Florida St PK Snack																	
		Total	50														
Fruit Cup	2151 697	1.00 cup	50	139.3 79	1.000	0.000	0.000	0.000	0.000	0.000	34.85 2	3.984	27.89 1	0.350	0.000	896.1 16	23.30 7
1% White Milk	1730 129	8.00 ounce	50	120.0 00	10.00 0	2.500	1.500	0.000	10.00 0	150.0 00	14.00 0	0.000	14.00 0	0.000	350.0 00	500.0 00	2.400
Weighted Daily Average				259.3 79	11.00 0	2.500	1.500	0.000	10.00 0	150.0 00	48.85 2	3.984	41.89 1	0.350	350.0 00	1396. 116	25.70 7
% of Calories					16.96 %	8.67 %	5.20 %	0.00 %			75.34 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Tue - 09/19/2017																	
2017-2018 Florida St PK Snack																	
		Total	50														
1% White Milk	1730 129	8.00 ounce	50	120.0 00	10.00 0	2.500	1.500	0.000	10.00 0	150.0 00	14.00 0	0.000	14.00 0	0.000	350.0 00	500.0 00	2.400
All Sport Cracker	2066 922	1.00 each	50	110.0 00	2.000	3.000	1.000	0.000	0.000	91.00 0	19.00 0	1.000	6.000	2.000	12.00 0	275.0 00	3.000
Weighted Daily Average				230.0 00	12.00 0	5.500	2.500	0.000	10.00 0	241.0 00	33.00 0	1.000	20.00 0	2.000	362.0 00	775.0 00	5.400
% of Calories					20.87 %	21.52 %	9.78 %	0.00 %			57.39 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Wed - 09/20/2017																	
2017-2018 Florida St PK Snack																	

		Total	50														
Celery Sticks (1/2 cup)	1681 032	1/2 cup	50	1.371	0.059	0.015	0.004	0.000	0.000	6.857	0.255	0.137	0.115	0.017	3.429	38.48 6	0.266
Orange Juice	2083 512	4.00 Ounce	50	55.00 0	1.000	0.000	0.000	0.000	0.000	14.00 0	14.00 0	0.000	14.00 0	0.000	10.00 0	100.0 00	30.00 0
Weighted Daily Average				56.37 1	1.059	0.015	0.004	0.000	0.000	20.85 7	14.25 5	0.137	14.11 5	0.017	13.42 9	138.4 86	30.26 6
% of Calories					7.51 %	0.24 %	0.06 %	0.00 %									

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Thu - 09/21/2017																	
2017-2018 Florida St PK Snack																	
		Total	50														
Cheerios	2151 303	1.00 cup	50	100.0 00	3.000	2.000	0.500	0.000	0.000	140.0 00	20.00 0	3.000	1.000	N/A*	N/A*	N/A*	N/A*
1% White Milk	1730 129	8.00 ounce	50	120.0 00	10.00 0	2.500	1.500	0.000	10.00 0	150.0 00	14.00 0	0.000	14.00 0	0.000	350.0 00	500.0 00	2.400
Weighted Daily Average				220.0 00	13.00 0	4.500	2.000	0.000	10.00 0	290.0 00	34.00 0	3.000	15.00 0	0.000 *	350.0 00*	500.0 00*	2.400 *
% of Calories					23.64 %	18.41 %	8.18 %	0.00 %									

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Fri - 09/22/2017																	
2017-2018 Florida St PK Snack																	
		Total	50														

1% White Milk	1730 129	8.00 ounce	50	120.0 00	10.00 0	2.500	1.500	0.000	10.00 0	150.0 00	14.00 0	0.000	14.00 0	0.000	350.0 00	500.0 00	2.400
Goldfish Giant Graham Cracker	2066 931	1.00 each	50	120.0 00	1.000	4.000	1.000	0.000	0.000	110.0 00	19.00 0	1.000	6.000	0.720	100.0 00	0.000	0.000
Weighted Daily Average				240.0 00	11.00 0	6.500	2.500	0.000	10.00 0	260.0 00	33.00 0	1.000	20.00 0	0.720	450.0 00	500.0 00	2.400
% of Calories					18.33 %	24.38 %	9.38 %	0.00 %			55.00 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Mon - 09/25/2017																	
2017-2018 Florida St PK Snack																	
		Total	50														
Soft Pretzel	2151 703	1.00 pretzel	50	70.00 0	2.000	0.500	0.000	0.000	0.000	100.0 00	14.00 0	1.000	0.000	0.720	0.000	0.000	1.200
1% White Milk	1730 129	8.00 ounce	50	120.0 00	10.00 0	2.500	1.500	0.000	10.00 0	150.0 00	14.00 0	0.000	14.00 0	0.000	350.0 00	500.0 00	2.400
Weighted Daily Average				190.0 00	12.00 0	3.000	1.500	0.000	10.00 0	250.0 00	28.00 0	1.000	14.00 0	0.720	350.0 00	500.0 00	3.600
% of Calories					25.26 %	14.21 %	7.11%	0.00 %			58.95 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Tue - 09/26/2017																	
2017-2018 Florida St PK Snack																	
		Total	50														
Yogurt w/ Graham Crackers	2145 321	1.00 serving	50	200.0 00	6.000	3.000	0.000	0.000	5.000	195.0 00	38.00 0	2.000	19.00 0	0.720	270.0 00	600.0 00	0.000

Wild Berry Juice	2083513	4.00 Ounce	50	60.000	0.000	0.000	0.000	0.000	0.000	0.000	15.000	15.000	0.000	15.000	0.000	0.000	0.000	30.000
Weighted Daily Average				260.000	6.000	3.000	0.000	0.000	5.000	210.000	53.000	2.000	34.000	0.720	270.000	600.000	30.000	
% of Calories					9.23%	10.38%	0.00%	0.00%			81.54%							

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Wed - 09/27/2017																	
2017-2018 Florida St PK Snack																	
		Total	50														
1% White Milk	1730129	8.00 ounce	50	120.000	10.000	2.500	1.500	0.000	10.000	150.000	14.000	0.000	14.000	0.000	350.000	500.000	2.400
Education Crackers	2151737	1.00 bag	50	120.000	2.000	4.000	0.000	0.000	0.000	65.000	22.000	2.000	6.000	N/A*	N/A*	N/A*	N/A*
Weighted Daily Average				240.000	12.000	6.500	1.500	0.000	10.000	215.000	36.000	2.000	20.000	0.000*	350.000*	500.000*	2.400*
% of Calories					20.00%	24.38%	5.63%	0.00%			60.00%						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Thu - 09/28/2017																	
2017-2018 Florida St PK Snack																	
		Total	50														
Fruit Cup	2151697	1.00 cup	50	139.379	1.000	0.000	0.000	0.000	0.000	0.000	34.852	3.984	27.891	0.350	0.000	896.116	23.307
1% White Milk	1730129	8.00 ounce	50	120.000	10.000	2.500	1.500	0.000	10.000	150.000	14.000	0.000	14.000	0.000	350.000	500.000	2.400

Weighted Daily Average	259.379	11.000	2.500	1.500	0.000	10.000	150.000	48.852	3.984	41.891	0.350	350.000	1396.116	25.707
% of Calories		16.96%	8.67%	5.20%	0.00%			75.34%						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Fri - 09/29/2017																	
2017-2018 Florida St PK Snack																	
		Total	50														
Maple Benefit Bar	2146859	1.00 bar	50	140.000	2.000	4.000	1.000	0.000	0.000	115.000	24.000	3.000	10.000	1.080	100.000	0.000	0.000
1% White Milk	1730129	8.00 ounce	50	120.000	10.000	2.500	1.500	0.000	10.000	150.000	14.000	0.000	14.000	0.000	350.000	500.000	2.400
Weighted Daily Average				260.000	12.000	6.500	2.500	0.000	10.000	265.000	38.000	3.000	24.000	1.080	450.000	500.000	2.400
% of Calories					18.46%	22.50%	8.65%	0.00%			58.46%						

Nutrient	Menu AVG	% of Cals	Target	Pass/Fail	Shortfall/Overage	Notes/Errors
Calories (kcal)	200.087					
Protein (g)	8.008	16.01%				
Total Fat (g)	3.627	16.31%				
Saturated Fat (g)	1.200	5.40%				
Trans Fat (g)	0.000					
Cholesterol (mg)	7.000					

Sodium (mg)	189.539					
Carbohydrates (g)	34.371	68.71%				
Fiber (g)	2.078*					
Sugars (g)	22.650					
Iron (mg)	0.851*					
Calcium (mg)	243.997*					
Vitamin A (IU)	681.872*					
Vitamin C (mg)	17.955*					

* = Indicates missing Nutrient Information.

WARNING: THE DATA CONTAINED WITHIN THIS REPORT CANNOT BE USED FOR AND DOES NOT PROVIDE MENU PLANNING OR MEDICAL TREATMENT FOR ANYONE WITH A MEDICAL CONDITION, DIETARY RESTRICTION OR FOOD ALLERGY. USE OF THE SERVICES TO PROVIDE MENU PLANNING OR MEDICAL TREATMENT FOR ANYONE WITH A MEDICAL CONDITION, DIETARY RESTRICTION OR FOOD ALLERGY IS A VIOLATION OF THE TERMS OF THIS SERVICE. ANY SUBSCRIBER PLANNING FOR OR TREATING MEDICAL CONDITIONS, DIETARY RESTRICTIONS OR A FOOD ALLERGY MUST CONSULT A MEDICAL PROFESSIONAL FOR ASSISTANCE. TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.