

Chicken Tenders	2059 770	3.00 piece	450	210.0 00	15.00 0	11.00 0	2.000	0.000	55.00 0	730.0 00	13.00 0	1.000	1.000	1.800	20.00 0	100.0 00	0.000
Jicama Sticks (1/2 cup)	1681 011	1/2 cup	450	29.47 1	0.641	0.000	0.000	0.000	0.000	3.203	7.047	3.844	1.281	0.461	6.407	32.03 3	15.37 6
Diced Peaches, Canned (1/2 cup)	16811 08	1/2 cup	450	52.99 6	0.504	0.134	0.000	0.000	0.000	5.998	13.39 4	1.298	N/A*	0.378	5.998	339.9 98	3.805
Nonfat Chocolate Milk	1730 128	8.00 Ounce	450	120.0 00	8.000	0.000	0.000	0.000	5.000	150.0 00	22.00 0	0.000	20.00 0	0.000	300.0 00	500.0 00	1.800
Weighted Daily Average				412.4 67	24.14 5	11.13 4	2.000	0.000	60.00 0	889.2 01	55.44 1	6.142	22.28 1*	2.639	332.4 05	972.0 31	20.98 1
% of Calories					23.42 %	24.29 %	4.36 %	0.00 %			53.77 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Wed - 09/06/2017																	
2017-18 Supper Menu																	
		Total	450														
Hot Ham and Cheese Sandwich	2146 215	1.00 sandwich	450	186.4 28	14.83 2	6.952	3.000	0.016	42.49 9	868.3 33	18.28 5	1.429	3.928	0.857 *	38.09 5*	0.000 *	0.000 *
Cherry Tomatoes (1/2 cup)	1680 999	1/2 cup	450	13.60 8	0.665	0.151	0.021	0.000	0.000	3.780	2.941	0.907	1.988	0.204	7.560	629.7 37	10.35 7
Banana	4261 63	1.00 each	450	89.89 0	1.101	0.333	0.113	0.000	0.000	1.010	23.06 8	2.626	12.35 2	0.263	5.050	64.64 0	8.787
1% White Milk	1730 129	8.00 ounce	450	120.0 00	10.00 0	2.500	1.500	0.000	10.00 0	150.0 00	14.00 0	0.000	14.00 0	0.000	350.0 00	500.0 00	2.400
Weighted Daily Average				409.9 26	26.59 8	9.936	4.634	0.016	52.49 9	1023. 123	58.29 4	4.962	32.26 8	1.324 *	400.7 05*	1194. 377*	21.54 4*
% of Calories					25.95 %	21.81 %	10.17 %	0.04 %			56.88 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
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Thu - 09/07/2017

2017-18 Supper Menu

		Total	450														
Cheeseburger Classic	2059 808	1.00 each	450	279.0 00	17.70 0	10.30 0	4.200	0.000	38.00 0	409.0 00	30.10 0	2.700	4.000	2.500	120.0 00	200.0 00	0.000
Broccoli Florets (1/2 cup)	1680 992	1/2 cup	450	1.074	0.089	0.012	0.001	0.000	0.000	1.043	0.210	0.082	0.054	0.023	1.485	19.68 5	2.818
Kiwi	2145 325	1.00 servin g	450	111.6 00	2.288	1.042	0.277	N/A*	N/A*	5.580	26.46 8	3.720	20.42 3	0.539	37.20 0	133.9 20	196.0 44
Nonfat Chocolate Milk	1730 128	8.00 Ounce	450	120.0 00	8.000	0.000	0.000	0.000	5.000	150.0 00	22.00 0	0.000	20.00 0	0.000	300.0 00	500.0 00	1.800
Weighted Daily Average				511.6 74	28.07 7	11.35 4	4.478	0.000 *	43.00 0*	565.6 23	78.77 8	6.502	44.47 7	3.062	458.6 85	853.6 05	200.6 62
% of Calories					21.95 %	19.97 %	7.88 %	0.00 %*			61.58 %						

Fri - 09/08/2017

2017-18 Supper Menu

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
		Total	450														
Chicken Tamale	2146 475	6.00 oz	450	320.0 00	19.00 0	17.00 0	2.000	N/A*	40.00 0	540.0 00	30.00 0	3.000	1.000	N/A*	N/A*	N/A*	N/A*
Cucumber Slices, with peel (1/2 cup)	1681 029	1/2 cup	450	10.97 4	0.476	0.080	0.027	0.000	0.000	1.463	2.656	0.366	1.222	0.205	11.70 6	76.81 8	2.048
Cantaloupe Chunks, 18 count (1/2 cup)	16811 47	1/2 cup	450	9.714	0.240	0.054	0.015	0.000	0.000	4.571	2.331	0.257	2.246	0.060	2.571	966.2 86	10.48 6
Nonfat Chocolate Milk	1730 128	8.00 Ounce	450	120.0 00	8.000	0.000	0.000	0.000	5.000	150.0 00	22.00 0	0.000	20.00 0	0.000	300.0 00	500.0 00	1.800
Weighted Daily Average				460.6 88	27.71 6	17.13 4	2.042	0.000 *	45.00 0	696.0 34	56.98 7	3.623	24.46 8	0.265 *	314.2 77*	1543. 104*	14.33 4*

% of Calories		24.06%	33.47%	3.99%	0.00%*			49.48%									
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Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Mon - 09/11/2017																	
2017-18 Supper Menu																	
		Total	450														
Cheese Pizza	2059852	1.00 each	450	320.000	15.000	11.000	3.500	0.000	10.000	610.000	40.000	5.000	5.000	2.700	250.000	300.000	0.000
Baby Carrots (1/2 cup)	1681002	1/2 cup	450	6.201	0.113	0.023	0.004	0.000	0.000	13.820	1.460	0.514	0.843	0.158	5.670	2443.373	0.461
Watermelon Chunks (1/2 cup)	1681148	1/2 cup	450	7.600	0.155	0.038	0.004	0.000	0.000	0.253	1.913	0.101	1.571	0.061	1.773	144.147	2.052
Nonfat Chocolate Milk	1730128	8.00 Ounce	450	120.000	8.000	0.000	0.000	0.000	5.000	150.000	22.000	0.000	20.000	0.000	300.000	500.000	1.800
Weighted Daily Average				453.801	23.268	11.061	3.508	0.000	15.000	774.073	65.373	5.615	27.414	2.919	557.443	3387.520	4.313
% of Calories					20.51%	21.94%	6.96%	0.00%			57.62%						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Tue - 09/12/2017																	
2017-18 Supper Menu																	
		Total	450														
Lasagna	2146201	1.00 tray	450	439.000	28.000	14.000	5.000	N/A*	69.600	76.000	50.000	5.800	6.600	4.220	278.000	N/A*	N/A*
Side Salad	2149287	1.00 each	450	6.571	0.286	0.000	0.000	0.000	0.000	4.000	1.143	0.571	0.571	0.257	11.429	1142.857	2.914
Fresh Apples, 100 count (1/2 cup)	1681121	1/2 cup	450	30.239	0.151	0.099	0.016	0.000	0.000	0.582	8.031	1.396	6.042	0.070	3.489	31.403	2.675

Meatball Hoagie	2152 453	1.00 hoagie	450	294.0 00	16.00 0	11.40 0	4.000	0.000	37.00 0	479.0 00	32.00 0	4.000	5.840	2.840	185.0 00	N/A*	N/A*
Cucumber Slices, with peel (1/2 cup)	1681 029	1/2 cup	450	10.97 4	0.476	0.080	0.027	0.000	0.000	1.463	2.656	0.366	1.222	0.205	11.70 6	76.81 8	2.048
Fresh Oranges (1/2 cup)	16811 27	1/2 cup	450	125.4 05	2.508	0.320	0.040	0.000	0.000	0.000	31.35 1	6.404	24.94 8	0.267	106.7 28	600.3 42	141.9 48
1% White Milk	1730 129	8.00 ounce	450	120.0 00	10.00 0	2.500	1.500	0.000	10.00 0	150.0 00	14.00 0	0.000	14.00 0	0.000	350.0 00	500.0 00	2.400
Weighted Daily Average				550.3 79	28.98 4	14.30 0	5.567	0.000	47.00 0	630.4 63	80.00 7	10.77 0	46.01 0	3.312	653.4 34	1177. 160*	146.3 96*
% of Calories					21.06 %	23.38 %	9.10 %	0.00 %			58.15 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Fri - 09/15/2017																	
2017-18 Supper Menu																	
		Total	450														
BBQ Rib Sandwich	2138 627	1.00 each	450	312.5 20	18.37 0	11.07 0	3.710	0.000	42.82 0	592.5 10	35.58 0	2.920	10.64 0	1.470	67.62 0	5.690	9.180
Cut Green Beans, Cooked from Canned (1/2 cup)	1681 040	1/2 cup	450	14.00 1	0.782	0.068	0.020	0.000	0.000	139.9 98	3.040	1.299	N/A*	0.612	18.00 0	293.9 98	3.203
Honeydew Chunks (1/2 cup)	16811 46	1/2 cup	450	68.03 9	1.021	0.265	0.072	0.000	0.000	34.01 9	17.18 0	1.512	15.34 7	0.321	11.34 0	94.49 8	34.01 9
Nonfat Chocolate Milk	1730 128	8.00 Ounce	450	120.0 00	8.000	0.000	0.000	0.000	5.000	150.0 00	22.00 0	0.000	20.00 0	0.000	300.0 00	500.0 00	1.800
Weighted Daily Average				514.5 60	28.17 3	11.40 3	3.802	0.000	47.82 0	916.5 27	77.80 0	5.731	45.98 7*	2.403	396.9 60	894.1 86	48.20 2
% of Calories					21.90 %	19.94 %	6.65 %	0.00 %			60.48 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
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Mon - 09/18/2017

2017-18 Supper Menu

		Total	450														
Grilled cheese	2137 635	1.00 each	450	217.8 75	14.09 0	8.100	4.420	0.000	22.71 0	453.7 21	24.12 9	2.340	4.190	1.260	342.8 03	416.8 31	0.000
Celery Sticks (1/2 cup)	1681 032	1/2 cup	450	1.371	0.059	0.015	0.004	0.000	0.000	6.857	0.255	0.137	0.115	0.017	3.429	38.48 6	0.266
Mango	2146 725	100.00 grams	450	80.00 0	0.000	0.000	0.000	0.000	0.000	0.000	19.00 0	2.000	14.00 0	0.000	0.000	500.0 00	12.00 0
Nonfat Chocolate Milk	1730 128	8.00 Ounce	450	120.0 00	8.000	0.000	0.000	0.000	5.000	150.0 00	22.00 0	0.000	20.00 0	0.000	300.0 00	500.0 00	1.800
Weighted Daily Average				419.2 46	22.14 9	8.115	4.424	0.000	27.71 0	610.5 78	65.38 4	4.477	38.30 5	1.277	646.2 32	1455. 317	14.06 6
% of Calories					21.13 %	17.42 %	9.50 %	0.00 %			62.38 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
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Tue - 09/19/2017

2017-18 Supper Menu

		Total	450														
Chicken Cheese and Rice Burrito	2152 457	1.00 burrito	450	338.0 00	22.00 0	9.500	3.000	0.000	55.00 0	478.0 00	37.00 0	5.000	0.000	N/A*	N/A*	N/A*	N/A*
Jicama Sticks (1/2 cup)	1681 011	1/2 cup	450	29.47 1	0.641	0.000	0.000	0.000	0.000	3.203	7.047	3.844	1.281	0.461	6.407	32.03 3	15.37 6
Fresh Apples, 100 count (1/2 cup)	16811 21	1/2 cup	450	30.23 9	0.151	0.099	0.016	0.000	0.000	0.582	8.031	1.396	6.042	0.070	3.489	31.40 3	2.675
Nonfat Chocolate Milk	1730 128	8.00 Ounce	450	120.0 00	8.000	0.000	0.000	0.000	5.000	150.0 00	22.00 0	0.000	20.00 0	0.000	300.0 00	500.0 00	1.800
Weighted Daily Average				517.7 10	30.79 2	9.599	3.016	0.000	60.00 0	631.7 85	74.07 8	10.24 0	27.32 3	0.531 *	309.8 96*	563.4 36*	19.85 1*

% of Calories		23.79%	16.69%	5.24%	0.00%			57.24%									
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Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Wed - 09/20/2017																	
2017-18 Supper Menu																	
		Total	450														
Fajita Bowl	2146279	1.00 Bowl	450	319.000	16.100	16.200	6.500*	0.000*	53.200*	727.000	30.300	1.500	1.750	0.486*	224.000*	10284.000*	4.800*
Corn on the Cob	2138019	2.00 cobbettes	450	180.560	4.840	1.300	0.000	0.000	0.000	2.140	37.400	4.280	5.300	0.720	4.480	76.260	9.560
Watermelon Chunks (1/2 cup)	1681148	1/2 cup	450	7.600	0.155	0.038	0.004	0.000	0.000	0.253	1.913	0.101	1.571	0.061	1.773	144.147	2.052
Nonfat Chocolate Milk	1730128	8.00 Ounce	450	120.000	8.000	0.000	0.000	0.000	5.000	150.000	22.000	0.000	20.000	0.000	300.000	500.000	1.800
Weighted Daily Average				627.160	29.095	17.538	6.504*	0.000*	58.200*	879.393	91.613	5.881	28.621	1.267*	530.253*	11004.407*	18.212*
% of Calories					18.56%	25.17%	9.33%*	0.00%*			58.43%						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Thu - 09/21/2017																	
2017-18 Supper Menu																	
		Total	450														
Superstix	2155539	1.00 stick	450	190.000	11.000	5.000	2.000	0.000	15.000	400.000	26.000	3.000	1.000	N/A*	N/A*	N/A*	N/A*
Baby Carrots (1/2 cup)	1681002	1/2 cup	450	6.201	0.113	0.023	0.004	0.000	0.000	13.820	1.460	0.514	0.843	0.158	5.670	2443.373	0.461

Fresh Oranges (1/2 cup)	16811 27	1/2 cup	450	125.4 05	2.508	0.320	0.040	0.000	0.000	0.000	31.35 1	6.404	24.94 8	0.267	106.7 28	600.3 42	141.9 48
1% White Milk	1730 129	8.00 ounce	450	120.0 00	10.00 0	2.500	1.500	0.000	10.00 0	150.0 00	14.00 0	0.000	14.00 0	0.000	350.0 00	500.0 00	2.400
Weighted Daily Average				441.6 06	23.62 1	7.843	3.544	0.000	25.00 0	563.8 20	72.81 1	9.918	40.79 1	0.425 *	462.3 98*	3543. 715*	144.8 09*
% of Calories					21.40 %	15.98 %	7.22 %	0.00 %			65.95 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Fri - 09/22/2017																	
2017-18 Supper Menu																	
		Total	450														
Pancake w/ Sausage Link	2145 191	1.00 servin g	450	220.0 00	10.00 0	7.000	2.000	0.000	32.00 0	660.0 00	31.00 0	4.000	5.000	1.800	60.00 0	100.0 00	0.000
Celery Sticks (1/2 cup)	1681 032	1/2 cup	450	1.371	0.059	0.015	0.004	0.000	0.000	6.857	0.255	0.137	0.115	0.017	3.429	38.48 6	0.266
Diced Peaches, Canned (1/2 cup)	16811 08	1/2 cup	450	52.99 6	0.504	0.134	0.000	0.000	0.000	5.998	13.39 4	1.298	N/A*	0.378	5.998	339.9 98	3.805
1% White Milk	1730 129	8.00 ounce	450	120.0 00	10.00 0	2.500	1.500	0.000	10.00 0	150.0 00	14.00 0	0.000	14.00 0	0.000	350.0 00	500.0 00	2.400
Weighted Daily Average				394.3 67	20.56 3	9.649	3.504	0.000	42.00 0	822.8 55	58.64 9	5.435	19.11 5*	2.195	419.4 27	978.4 84	6.471
% of Calories					20.86 %	22.02 %	8.00 %	0.00 %			59.49 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Mon - 09/25/2017																	
2017-18 Supper Menu																	

		Total	450														
Tamale Pocket	2155 543	1.00 pocket	450	330.0 00	13.00 0	14.00 0	6.000	0.000	25.00 0	390.0 00	38.00 0	3.000	1.000	N/A*	N/A*	N/A*	N/A*
Cucumber Slices, with peel (1/2 cup)	1681 029	1/2 cup	450	10.97 4	0.476	0.080	0.027	0.000	0.000	1.463	2.656	0.366	1.222	0.205	11.70 6	76.81 8	2.048
Watermelon Chunks (1/2 cup)	16811 48	1/2 cup	450	7.600	0.155	0.038	0.004	0.000	0.000	0.253	1.913	0.101	1.571	0.061	1.773	144.1 47	2.052
1% White Milk	1730 129	8.00 ounce	450	120.0 00	10.00 0	2.500	1.500	0.000	10.00 0	150.0 00	14.00 0	0.000	14.00 0	0.000	350.0 00	500.0 00	2.400
Weighted Daily Average				468.5 74	23.63 1	16.61 8	7.531	0.000	35.00 0	541.7 16	56.56 9	3.467	17.79 3	0.266 *	363.4 79*	720.9 65*	6.500 *
% of Calories					20.17 %	31.92 %	14.46 %	0.00 %			48.29 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Tue - 09/26/2017																	
2017-18 Supper Menu																	
		Total	450														
Texas Breakfast Toast	2155 547	1.00 toast	450	180.0 00	8.000	7.000	2.000	0.000	55.00 0	320.0 00	18.00 0	2.000	1.000	1.800	80.00 0	300.0 00	0.000
Cherry Tomatoes (1/2 cup)	1680 999	1/2 cup	450	13.60 8	0.665	0.151	0.021	0.000	0.000	3.780	2.941	0.907	1.988	0.204	7.560	629.7 37	10.35 7
Fresh Apples, 125-138 count (1/2 cup)	16811 20	1/2 cup	450	31.87 4	0.159	0.104	0.017	0.000	0.000	0.613	8.465	1.471	6.369	0.074	3.678	33.10 0	2.820
1% White Milk	1730 129	8.00 ounce	450	120.0 00	10.00 0	2.500	1.500	0.000	10.00 0	150.0 00	14.00 0	0.000	14.00 0	0.000	350.0 00	500.0 00	2.400
Weighted Daily Average				345.4 82	18.82 4	9.755	3.538	0.000	65.00 0	474.3 93	43.40 6	4.378	23.35 7	2.078	441.2 38	1462. 837	15.57 7
% of Calories					21.79 %	25.41 %	9.22 %	0.00 %			50.26 %						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
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Wed - 09/27/2017

2017-18 Supper Menu

		Total	450														
Turkey & Cheese Sandwich	2069782	1.00 each	450	192.998	16.139	7.429	3.288	0.000	43.499	810.994	17.228	2.000	1.000*	1.828	137.998	135.998	0.000
Vegetarian Beans, Cooked from Canned (1/2 cup)	1681028	1/2 cup	450	0.508	0.026	0.002	0.000	0.000	0.000	1.854	0.114	0.022	0.043	0.006	0.184	0.584	0.000
Diced Peaches, Canned (1/2 cup)	1681108	1/2 cup	450	52.996	0.504	0.134	0.000	0.000	0.000	5.998	13.394	1.298	N/A*	0.378	5.998	339.998	3.805
1% White Milk	1730129	8.00 ounce	450	120.000	10.000	2.500	1.500	0.000	10.000	150.000	14.000	0.000	14.000	0.000	350.000	500.000	2.400
Weighted Daily Average				366.502	26.669	10.065	4.788	0.000	53.499	968.846	44.736	3.320	15.043*	2.212	494.180	976.580	6.205
% of Calories					29.11%	24.72%	11.76%	0.00%			48.82%						

Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Thu - 09/28/2017																	
2017-18 Supper Menu																	
		Total	450														
Chicken Tacos	2155545	3.00 tacos	450	260.000	15.000	11.000	4.500	0.000	50.000	460.000	27.000	5.000	1.000	2.700	150.000	750.000	2.400
Celery Sticks (1/2 cup)	1681032	1/2 cup	450	1.371	0.059	0.015	0.004	0.000	0.000	6.857	0.255	0.137	0.115	0.017	3.429	38.486	0.266
Fresh Oranges (1/2 cup)	1681127	1/2 cup	450	125.405	2.508	0.320	0.040	0.000	0.000	0.000	31.351	6.404	24.948	0.267	106.728	600.342	141.948
1% White Milk	1730129	8.00 ounce	450	120.000	10.000	2.500	1.500	0.000	10.000	150.000	14.000	0.000	14.000	0.000	350.000	500.000	2.400
Weighted Daily Average				506.776	27.567	13.835	6.044	0.000	60.000	616.857	72.606	11.541	40.063	2.984	610.157	1888.828	147.014

% of Calories		21.76%	24.57%	10.73%	0.00%			57.31%									
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Recipe Name	Recipe #	Portion Size	Plan Qty	Calories (kcal)	Protein (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Iron (mg)	Calcium (mg)	Vitamin A (IU)	Vitamin C (mg)
Fri - 09/29/2017																	
2017-18 Supper Menu																	
		Total	450														
Hawaiian Pizza	2146033	6.00 oz	450	320.183	23.013	11.006	5.003	0.000	35.020	420.240	33.019	4.002	9.005	N/A*	N/A*	N/A*	N/A*
Side Salad	2149287	1.00 each	450	6.571	0.286	0.000	0.000	0.000	0.000	4.000	1.143	0.571	0.571	0.257	11.429	1142.857	2.914
Banana	426163	1.00 each	450	89.890	1.101	0.333	0.113	0.000	0.000	1.010	23.068	2.626	12.352	0.263	5.050	64.640	8.787
1% White Milk	1730129	8.00 ounce	450	120.000	10.000	2.500	1.500	0.000	10.000	150.000	14.000	0.000	14.000	0.000	350.000	500.000	2.400
Weighted Daily Average				536.644	34.400	13.839	6.616	0.000	45.020	575.250	71.230	7.199	35.928	0.520*	366.479*	1707.497*	14.101*
% of Calories					25.64%	23.21%	11.10%	0.00%			53.09%						

Nutrient	Menu AVG	% of Cals	Target	Pass/Fail	Shortfall/Overage	Notes/Errors
Calories (kcal)	492.083					
Protein (g)	26.511	21.55%				
Total Fat (g)	13.739	25.13%				
Saturated Fat (g)	4.615*	8.44%*				
Trans Fat (g)	0.003*					

Cholesterol (mg)	46.009*					
Sodium (mg)	721.702					
Carbohydrates (g)	67.957	55.24%				
Fiber (g)	6.919					
Sugars (g)	31.553*					
Iron (mg)	2.031*					
Calcium (mg)	469.663*					
Vitamin A (IU)	1890.164*					
Vitamin C (mg)	54.338*					

* = Indicates missing Nutrient Information.

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